Ramble through Silverdale Glen beside the river, through quiet lanes whilst taking in the history of Rushen Abbey and the beauty of the open farmland.

**Distance:** 7.32 miles

**Start & Finish:** Ballasalla Station *(Outdoor Leisure Map Ref: 281 699)*

**By Steam Railway:** Take the steam train starting from Douglas or Port Erin, alight at Ballasalla Station.

**By Bus:** Services 1, 1A, 2, 10, 10A, 11, 11A, 12, 12A connect Douglas or Port Erin with Ballasalla. Services 8 & 8A connect Ballasalla with Foxdale and Peel.

**Route**

1. Turn right out of Ballasalla Station, cross the road and walk up to the roundabout. Take the first exit, walk past the public house and the Commissioner’s office. Take the second exit at the next roundabout which leads to a ford and footbridge.

2. Cross the river using the footbridge and turn right to walk alongside the river signposted the *Bayr ny Skeddan* (The Herring Trail).

3. After a few minutes you reach the Monks’ Bridge, do not cross it, but keep straight on entering Silverdale Glen. After a few minutes the path divides, but both come together again a little further on.

4. Cross the Silverdale Road and continue through the glen until you reach the main road (A3).

5. Turn right and continue for 0.5 miles. Take the track on the left continuing to follow the *Bayr ny Skeddan* sign.

6. Continue along here for 1.5 miles. Shortly after passing Glenmoar Farm turn left onto the B39.

7. After 200 yards turn left. You are now leaving the *Bayr ny Skeddan*. After 0.4 miles you will reach the Kerrookeill Methodist Chapel on the B41.

8. Continue along this quiet road for just under a mile. After the hamlet of Grenaby, cross the road bridge, taking the lane on the left which is still the B41.

9. After 0.6 miles turn left onto another lane which takes you back onto the A3.

10. Turn right and after 100 yards take the track on the left back to Silverdale Glen.

11. Continue along the river back to the Silverburn ford and back to Ballasalla Station.

**Facilities (subject to opening hours)**

| Ballasalla | Public toilets, public house, restaurant, general stores |
| Silverdale Glen | Café |

**Points of Interest**

- **Ballasalla:** Rushen Abbey
- **Silverdale Glen:** Water-driven children’s carousel

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Ballasalla Station - Rushen Abbey Ramble

START / FINISH POINT
Ballasalla Railway Station

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