

# Silverdale Glen and Castletown Stroll

A glen and riverside walk taking you through some beautiful Manx Countryside. Allow yourself sufficient time to explore the historical Rushen Abbey and Castletown, the ancient capital of Mann.

<b>Grading:</b>	Leisurely
<b>Distance:</b>	2.6 miles (+ different return options)
<b>Start:</b>	Silverdale Glen Car Park
<b>Map Ref:</b>	275 712
<b>By Car:</b>	Take the A5 road from Douglas to Castletown. Park by Ballasalla Village Hall
<b>By Rail:</b>	Alight at Ballasalla Station, Rushen Abbey is signposted from the station
<b>By Bus:</b>	Services 1,1A,2,10, 11,11A,12 and 12A connect Douglas to Ballasalla. Services 8 and 8A connect Ballasalla with Port Erin, Foxdale and Peel (limited service)

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LEISURELY

## Route

1. After exploring the delights of Silverdale Glen head towards Castletown with the river on your left.
2. There are a number of footpaths to choose from, all of which lead to the Monks' Bridge at Ballasalla.
3. When you arrive at the Monks' Bridge, do not cross it but continue along the river to the ford and footbridge at Ballasalla.
4. When you arrive at the footbridge turn right, away from the river, and walk along a lane behind Rushen Abbey. (Should you wish to visit Rushen Abbey, continue to walk along the river; you will find the entrance on your right.)
5. After a few minutes you'll reach the main road. Cross the road and turn right. Take the footpath on your left immediately after the bend.
6. Turn left at the farm and right shortly afterwards at the old ruins.
7. You are now walking along the Silverburn River again. Continue along here to Castletown.
8. The footpath finishes at the road bridge. Cross the road and continue to follow the river as it enters Castletown harbour.
9. Continue to follow the river, crossing the road at the next road bridge. Castletown is immediately in front of you.
10. Return by walking back along the river or by catching a bus or by rail to Rushen Abbey, where you can walk back along the river to the car park at Silverdale Glen.

## Route map



## Points of interest

- Silverdale Glen - Children's Victorian Carousel
- Ballasalla - Monks' Bridge, Rushen Abbey
- Castletown - Castle Rushen, Old House of Keys, Nautical Museum, Old Grammar School

