

## Silverdale Glen and Castletown Stroll

A glen and riverside walk taking you through some beautiful Manx Countryside. Allow yourself sufficient time to explore the historical Rushen Abbey and Castletown, the ancient capital of Mann.

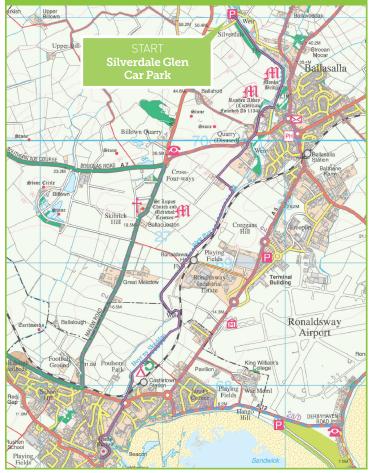
Grading:	Leisurely
Distance:	2.6 miles (+ different return options)
Start:	Silverdale Glen Car Park
Map Ref:	275 712
By Car:	Take the A5 road from Douglas to Castletown. Park by Ballasalla Village Hall
By Rail:	Alight at Ballasalla Station, Rushen Abbey is signposted from the station
By Bus:	Services 1,1A,2,10, 11,11A,12 and 12A connect Douglas to Ballasalla. Services 8 and 8A connect Ballasalla with Port Erin, Foxdale and Peel (limited service)

## Route

- **1.** After exploring the delights of Silverdale Glen head towards Castletown with the river on your left.
- 2. There are a number of footpaths to choose from, all of which lead to the Monks' Bridge at Ballasalla.
- When you arrive at the Monks' Bridge, do not cross it but continue along the river to the ford and footbridge at Ballasalla.
- 4. When you arrive at the footbridge turn right, away from the river, and walk along a lane behind Rushen Abbey. (Should you wish to visit Rushen Abbey, continue to walk along the river; you will find the entrance on your right.)
- **5.** After a few minutes you'll reach the main road. Cross the road and turn right. Take the footpath on your left immediately after the bend.
- **6.** Turn left at the farm and right shortly afterwards at the old ruins.
- 7. You are now walking along the Silverburn River again. Continue along here to Castletown.
- **8.** The footpath finishes at the road bridge. Cross the road and continue to follow the river as it enters Castletown harbour.
- **9.** Continue to follow the river, crossing the road at the next road bridge. Castletown is immediately in front of you.
- **10.** Return by walking back along the river or by catching a bus or by rail to Rushen Abbey, where you can walk back along the river to the car park at Silverdale Glen.



## **Route map**



## **Points of interest**

- Silverdale Glen Children's Victorian Carousel
- Ballasalla Monks' Bridge, Rushen Abbey
- Castletown Castle Rushen, Old House of Keys, Nautical Museum, Old Grammar School