

Friday 28th April

FR1 Castletown, The Ancient Capital of Mann

Grading Moderate
Distance 10miles/16km
Starts Ballasalla bus stop
Finishes Castletown

A delightful riverside walk to Silverdale Glen which then doubles back on itself past Rushen Abbey to Castletown harbour. A little quiet road walking then takes you to Langness and Derbyhaven, an area of Special Scientific Interest noted for its wading and migratory birds, before returning back to Castletown.

FR2 The Albert Tower

Grading Fairly Strenuous
Distance 10miles/16km
Starts Ramsey bus station
Finishes Ramsey

This circular walk gives you the opportunity to explore the beautiful countryside surrounding Ramsey. Ballure Glen is very picturesque in the spring and the views from the Albert Tower make the hill climb worth every step of the way.

FR3 Western Coast Wonder

Grading Fairly Strenuous
Distance 6.6miles/10.6km
Starts Niarbyl Café bus stop
Finishes Peel

After a short walk on a quiet road, this section of The Raad Ny Foillan (The Way of the Gull) drops down to the atmospheric Glen Maye. The footpath then follows the coast to Peel Hill before descending to the City and harbour of Peel.

FR4 Glens and Coast

Grading Strenuous
Distance 7.2miles/11.5km
Starts The Corrany bus stop
Finishes Ramsey

A quiet lane takes you to the magical Ballaglass Glen. The route then takes you to the coast discovering hidden and tiny coves before climbing up to Maughold Head. Stunning views surround you as you descend into Ramsey.

FR5 The Port Erin Loop

Grading Strenuous
Distance 4.6miles/7.4km
Starts Port Erin bus station
Finishes Port Erin

Leaving Port Erin the route soon climbs up to Milner's Tower and Bradda Head with its magnificent views. The descent into Fleshwick Bay is very steep. Typical Manx countryside walking then returns you to Port Erin.

Saturday 29th April

SA1 Manx Wallabies

Grading Moderate
Distance 9.5miles/15.2km
Starts Bishops court Glen bus stop
Finishes The Curragh Wildlife Park

Yes, there really are wild wallabies living on the Isle of Man and this walk gives you some of the best opportunities to see them. After strolling through Bishops court Glen the route takes you along the remote and sandy beaches of the west coast. You then turn inland heading towards The Curragh, an Area of Special Scientific Interest, home to the winter roost site of Hen Harriers and home of the wallabies.

SA2 Valleys and Hills

Grading Fairly strenuous
Distance 5.9miles/9.5km
Starts St John's (Tynwald Hill) bus stop
Finishes Peel

From St John's the route is a steady climb through a plantation and then skirts Slieau Whallian offering stunning views. The path then descends to the River Neb and the Heritage Trail which you follow to the harbour and City of Peel.

SA3 Eastern Coast

Grading Fairly strenuous
Distance 13.7miles/22km
Starts Ramsey bus station
Finishes Laxey

This beautiful section of The Raad Ny Foillan (The Way Of The Gull) takes you along cliffs, through glens and down to hidden coves. Some sections of the footpath are narrow and rocky whilst other sections are along very quiet lanes which abound with wild flowers in the spring. The route takes you through Maughold Church with its collection of Celtic and Manx Crosses.

SA4 The Walk That Has It All

Grading Strenuous
Distance 7.2miles/11.5km
Starts Niarbyl bus stop
Finishes Niarbyl Café and bus stop

A stunning circular walk which encompasses most of the Island's walking terrain. The coast, glens, woodlands and rivers surrounded by amazing views. Peace and solitude rolled into one walk.

SA5 Southern Coast Splendour

Grading Strenuous
Distance 7.8miles/12.5km
Starts Port St Mary harbour bus stop
Finishes Port Erin

Arguably, Port St Mary to Port Erin is one of the best coastal walks in the British Isles. In places the footpath is steep and narrow but there are also many sections on springy down-land turf. Wildlife abounds, there is a feeling of remoteness and everywhere you look the views are breathtaking.

Sunday 30th April

SU1 Time to Relax

Grading Leisurely
Distance 3.6miles/5.8km
Starts St John's bus stop (Tynwald Hill)
Finishes Peel

An ideal Sunday stroll giving you plenty of time for a leisurely breakfast and an opportunity to find out some information about Tynwald (the oldest continuous parliament in the world). After a gentle walk along the Heritage Trail alongside the River Neb you'll be able to explore Peel with its castle, harbour and numerous eateries.

SU2 Greeting the Little People

Grading Moderate
Distance 8miles/12.8km
Starts Sea Terminal Douglas
Finishes Douglas

No visit to the Isle of Man is complete without greeting The Little People at the original Fairy Bridge. Some very pleasant tracks take you to The Fairy Bridge. After saying hello and making a wish, quiet lanes take you to the historical bay of Port Soderick. Stunning views accompany you as you return to Douglas along the geological wonder of Marine Drive. Before descending into Douglas there will be an opportunity to take in the views from the unique Victorian Camera Obscura.

SU3 Glens and Coasts

Grading Strenuous
Distance 7.2miles/11.5km
Starts The Corrans bus stop
Finishes Ramsey

A quiet lane takes you to the magical Ballaglass Glen. The route then takes you to the coast discovering hidden and tiny coves before climbing up to Maughold Head. Stunning views surround you as you descend into Ramsey.

SU4 Manx Heritage

Grading Strenuous
Distance 7.6miles/12.2km
Starts Laxey village bus stop
Finishes Laxey

Starting with a very steep lane walk to Agneash with plenty of view stops to admire the Great Laxey Wheel, this walk then follows a track on the flanks of the Slieau Lhean. With views to Snaefell and the Laxey River the route continues to climb as you walk past a number of tholtans and miners' cottages. The walk then takes you to the beautiful and remote hill tops before descending to farmland and King Orry's Grave before returning to Laxey.

SU5 Kipper Canter

Grading Strenuous
Distance 14miles/22.5km
Starts House of Manannan Peel
Finishes Castletown

A variation of The Herring Way once used by fishermen to walk from Peel to Castletown, this is a spectacular walk. After a coastal section following the Raad Ny Foillan, the route takes you through glens, forests and open moorland before a gentle few miles as you walk along the river into Castletown, the ancient capital of Mann.

Monday 1st May

MO1 A Glimpse Into The Past

Grading	Moderate
Distance	8.3 miles/13.3km
Starts	Ballasalla bus stop
Finishes	Castletown

The walk follows the gentle Silverburn River from Ballasalla to Castletown harbour passing through typical farmland. The route then takes you along the coast to Scarlett Point and Poyllvaaish with its many interesting geological features and opportunities to spot a great variety of seabirds. Turning inland you will have the opportunity to explore a Viking Ship Burial site and Keeill Vael before returning to Castletown.

MO2 Spring Delights

Grading	Moderate
Distance	9.1miles/14.6km
Starts	Baldrine bus stop
Finishes	Douglas

Wild flowers abound during the Spring in the Isle of Man and this walk is an excellent opportunity to view them in glens, on sod banks and along the lanes. A delightfully quiet and interesting walk on the outskirts of Douglas.

MO3 May Day Celebrations

Grading	Fairly strenuous
Distance	6.8miles/10.9km
Start	Port Erin bus station
Finish	Port Erin

After admiring the sweeping bay of Port Erin, you join the coastal footpath (Raad Ny Foillan) to Spanish Head. Magnificent views abound as you then explore Meayll peninsular. There will be an opportunity to see the Manx May Day Celebrations in Cregneash, the Manx Folk Village before returning to Port Erin.

MO4 Eastern Coast

Grading	Fairly Strenuous
Distance	13.7miles/22km
Starts	Ramsey bus station
Finishes	Laxey

This beautiful section of The Raad Ny Foillan (The Way Of The Gull) takes you along cliffs, through glens and down to hidden coves. Some sections of the footpath are narrow and rocky whilst other sections are along very quiet lanes which are abound with wild flowers in the spring. The route takes you through Maughold Church with its collection of Celtic and Manx Crosses.

MO5 Southern Coast Splendour

Grading	Strenuous
Distance	7.8miles/12.5km
Starts	Port St Mary harbour bus stop
Finishes	Port Erin

Arguably, Port St Mary to Port Erin is one of the best coastal walks in the British Isles. In places the footpath is steep and narrow but there are also many sections on springy turf. Wildlife abounds, there is a feeling of remoteness and everywhere you look the views are breathtaking. Time permitting, there may also be an opportunity to visit Cregneash to see the Manx May Day Celebrations.