

# Southern Comfort

A cross country route with all the ups on tarmac & gravel. The hardest part will be trying not to get distracted by some of the Island's most spectacular views as you hurtle down its finest singletrack descents!

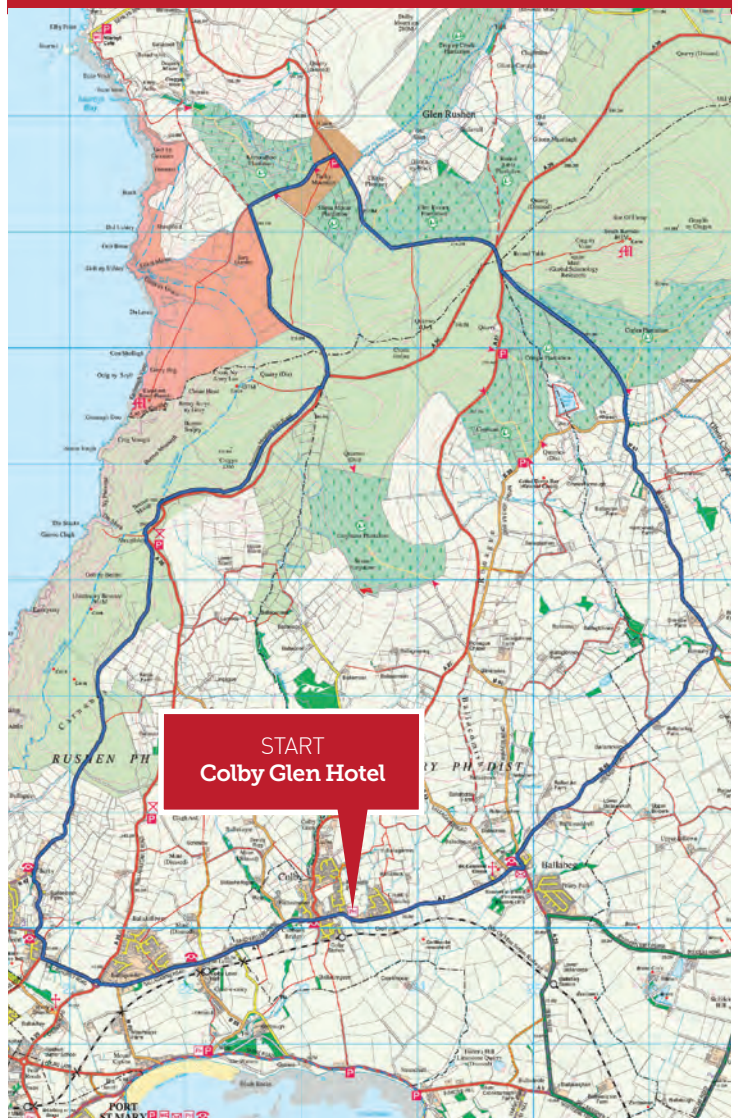
<b>Grading:</b>	Difficult
<b>Distance:</b>	1,180 feet
<b>Start:</b>	Colby Glen Hotel
<b>Estimated time</b>	2 - 3 hours

3
DIFFICULT

## Route

1. Starting at the Colby Glen hotel head east towards Ballabeg.
2. Look out for Ballabeg church and then take the second left followed by the first right after the estate.
3. This road taking you through Grenaby affords great views over Castletown in the south before dropping down and starting the climb up the tarmac that leads to the rough road which is the infamous old smugglers route, the Whisky Run with forests on both sides. Look closely and you will see the mountain bike trails in Cringle that are well worth investigating with both cross country and enduro trails.
4. Turn right at the top onto the tarmac which will take you to the top of the Glen Rushen single track and you are on the End to End Route.
5. This will take you out to Eary Cushlin and a worthwhile diversion is out to Lag Ny Keeilley, an old keeil (challenging on a bike).
6. Head up the gravel track with views South along the coast down to the Calf of Man, still along the End to End Route past some great bilberry bushes (if you are in the right season) to the top of the Sloc.
7. Here you have one of the great 10M descents on single track and boardwalk eventually dropping onto the steep tarmac road into Surby.
8. Once down to the bottom just head east to return to Colby for a well-earned drink at the Colby Glen Hotel. Alternatively take a diversion here into Port Erin or Port St Mary for a coffee and cake reward.

## Route map



## Best bits

- Cringle Mountainbike trails
- Glen Rushen singletrack
- Singletrack and boardwalk descent from the top of the Sloc