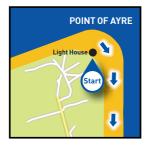


Point of Ayre - Ramsey

| | | - Sector |
|---|---|------------------|
| Start | Point of Ayre Lighthouse Grid Reference NGR NX 467049 | |
| Finish | Ramsey Harbour Grid Reference NGR SC 454945 | |
| Distance | 9 km / 5.5 miles | |
| Terrain | Beach walking on sand and shingle. Check tide timetable before setting off. | |
| Family Friendly Section | All | l e i |
| Highest point | 5 metres / 16 feet | s u |
| Public Transport links to/from Ramsey | No direct bus service – nearest point is Bride which is served infrequently by Services 17, 17K, 18, 18K & 20 to Ramsey | r e l y |



Before starting out, check that the tides allow safe passage for walking this stage on the beach.

The whole route is mainly on sand with some shingle, birds and the occasional seal as your companions. You will be walking near the foot of the impressive sand cliffs of Bride and Shellag Point, deposited thousands of years ago by



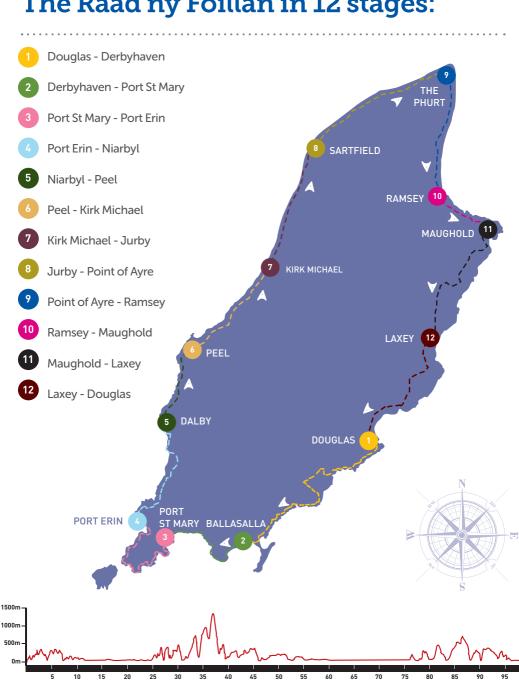
glaciers of the ice age. Don't go too close as they are actively eroding but enjoy the patterns in the sand and the underlying clay.



On the beach you will find water-worn lumps of granite, sandstone, limestone, small pieces of flint and other rocks carried here from Ireland, Scotland and England by the glaciers. Gradually Maughold Head, Ramsey and North Barrule come closer into view and you reach Ramsey and its North Promenade.

Take time to explore **Mooragh Park**, Ramsey Harbour and the townitself.

Please check tide timetable before setting off as access is restricted at high tide.



The Raad ny Foillan in 12 stages: