

Start

Finish

Distance

Terrain

Family Friendly Section

Highest poin

Public Transport links to/from Dalby

Port Erin Bay Grid Reference NGR SC190689

Niarbyl Visitor Centre Grid Reference NGR SC 212777

15 km/9 5 miles

Hard cliff and coastal walking through rough moorland. Multiple steep slopes, walking poles are recommended.

Bradda Head to Milner's Tower

Niarbyl and Traie Vane (White Beach)

437 metres / 1434 feet

- Bus Service 4 serving Douglas via Peel.
- Bus Services 4R and 8R serving Port Erin operating on Sunday's only between May and October



r e n u o u



This stage of the walk takes you along the west coast through some superb moorland walking. Spectacular in mid-late summer when the heather and gorse are in bloom, the route takes you up (and down!) a series of hills on coastal and cliff footpaths. Starting in Port Erin by the old Marine Biological Station follow the lovely horseshoe bay around to Bradda Glen and Bradda Head and the commemorative **Milner's Tower**. The remains of lead and copper mines are all around you and as you head on towards Bradda cairn. Catch your breath and look back for views south to the Calf of Man. A steep descent (through waves of bluebells in spring) leads you to the isolated bay at Fleshwick and across the stream at the bottom to begin a steady climb up the

footpath onto Lhiattee ny Beinnee. Turn and look back every so often to be rewarded with fine views over Bradda Head and then also over the Calf of Man. Soon the views northwards open up past Cronk ny Arrey Laa to **Niarbyl** and Peel Hill behind. To the north east is the highest peak in the south of the Island: South Barrule with an Iron Age hillfort on top. Drop down to the picnic tables at the Sloc for a

welcome rest! The next stretch takes you steadily uphill to the summit cairn on Cronk ny Arrey Laa with extensive views over the centre and north of the Island, then down a steep uneven path heading northwards. The marked route takes you right down to the coast path, but in bad weather take an inland route past Eary Cushlin. (For those with plenty of time, carefully take the path to the chapel site at **Lag ny Keeilley** and then back to the Raad ny Foillan). Both paths lead you towards the lovely bay at **Niarbyl** with spectacular views down the coast back to Bradda Head and the Calf of Man. Then follow the road from **Niarbyl** to Dalby past the mounds which once housed equipment for a radar station.

It is important to check weather forecast before setting off as visibility is poor in bad weather



The Raad ny Foillan in 12 stages:

