



Douglas - Derbyhaven

Start

Douglas Millennium Bridge
Grid Reference NGR SC 383 752

Finish

Ronaldsway Flying Club
Grid Reference NGR SC 290683

Distance

20.5 km / 12.5 miles

Terrain

A combination of coastal and cliff walking on footpaths and roads. Undulating path with steep rock slopes beside some stretches with heavy undergrowth.

Note: One stretch of the route on main road.

Family Friendly Section

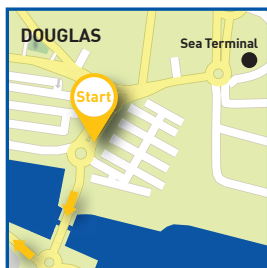
Douglas to Port Soderick

Highest point

110 metres / 361 feet

Public Transport links to/from Ballasalla

- Bus Services 1, 1H, 2, 2A, 11, 12 & 12A serving Douglas and Port Erin (via Castletown and Port St Mary)
- Isle of Man Steam Railway serving Douglas, Castletown, Port St Mary and Port Erin



From the harbour area of Douglas, the route takes you up onto Douglas Head with panoramic views across Douglas Bay to Onchan Head. Following the old coast road (now closed to traffic for part of its length), have a look at the folding and twisting beds of rock on Marine Drive and at Keristal which provide great views down the cliffs and onto the shoreline.

Leaving the coast at Port Soderick, explore the shade of **Port Soderick Glen** before heading along the main road past Crogga and then back to the coast. The path has uneven stretches here as you head south – but the views up and down the coast, as you weave in and out of the bays at Port Grenaugh and Port Soldrick,

alongside fields and round the headlands, are a real reward as every part of the coast gives different views. At the side of the coastal path take time to explore Iron Age and Norse promontory forts at **Cronk ny Merriu** and at **Cass ny Hawin**; and an early Christian keill or chapel site at **Ballwoods** in the Santon Gorge.

Take care on the path on both sides of the Santon Gorge as it can be very muddy and slippery! The chapel and fort on **St Michael's Isle / Fort Island** across Derbyhaven get closer and closer on the other side of Derbyhaven Bay as you arrive on the edge of Ronaldsway airport: one of the richest archaeological landscapes on the Isle of Man, first settled on over 10,000 years ago.



Douglas Head

The Raad ny Foillan in 12 stages:

- 1 Douglas - Derbyhaven
- 2 Derbyhaven - Port St Mary
- 3 Port St Mary - Port Erin
- 4 Port Erin - Niarbyl
- 5 Niarbyl - Peel
- 6 Peel - Kirk Michael
- 7 Kirk Michael - Jurby
- 8 Jurby - Point of Ayre
- 9 Point of Ayre - Ramsey
- 10 Ramsey - Maughold
- 11 Maughold - Laxey
- 12 Laxey - Douglas

