

## **Brightlife Complex Accessibility Statement**

This access statement does not contain personal opinions as to our suitability for those with access needs, but aims to accurately describe the facilities and services that we offer all our guests/visitors.

### **Main House**

Brightlife's Ballalheaney House is an Edwardian property. We welcome people with disabilities and every effort will be made to accommodate the requirements of disabled people. However, the configuration of the property is unlikely to be suitable for most wheelchair users.

We have car parking located at the front and back of our main house which is on the level and additional parking to the side of our office & spa block which is accessed by a slight incline.

There is a step into the main house from the front door.

Our dining room, library and lounge are all on the ground floor but there is no bathroom at ground floor level.

Bedrooms 3 & 4 are on the first floor level, which is accessed by a standard flight of stairs with a single handrail, a further two or three stairs down lead to a bathroom and additional separate toilet on this landing.

Access to Bedrooms 1&2 on the upper first floor is via a further small flight of stairs, with a single handrail, there is level access to a shared bathroom between these rooms

We have a further eight bedrooms in the grounds, four of which are at ground level and two which are accessed via a small set of 3 descending steps. All eight rooms have a step at the threshold into the building.

All rooms with exception of room 6 have a bath with shower head over. Room 6 has a walk in shower and is used for any clients with impaired mobility.

All areas in our Main House have fitted carpets. We do have ramps available for assisting anyone with mobility issues into the building.

We are happy to supply information in larger print for visually impaired visitors.

We would advise prospective guests who wish to visit Brightlife to make us aware of any mobility issues at the time of enquiry so we may correctly advise you on the suitability of the accommodation.

### **The Studio**

Our studio is accessed through a small lobby which has one step into the building at the threshold and contains a WC which is not equipped for disabled access.

The studio has a set of 5 bi-fold doors which open fully, allowing access to the adjoining terraced area.

## **Spa Facilities & Treatment Rooms**

Spa facilities comprising of a sauna, steam room, and hydropool are at ground level. These can be accessed from the main entrance/reception area of the spa, which has ramped access into the building.

There is a designated disabled WC situated between the ladies and Gents changing areas.

There is a small Quiet Lounge which is on the level and opens onto a terraced area.

The spa area is accessed via a corridor which has a slight decline, there are no handrails.

In the spa area, the pool is accessed via 3 deep steps into the pool. There are rails either side of the steps to assist entry.

The sauna and steam room entrances have level entry and seating is provided.

All areas are well lit.

Flooring in the spa building common areas is a wooden strip flooring, except the pool, sauna, steam room and changing areas, which are tiled.

## **Treatment Rooms**

There are 5 treatment rooms situated on the level in the spa, and can be accessed from the main entrance/reception area via a corridor with a slight decline.

All treatment rooms have level entry.

Treatment beds can be lowered to assist access.

There is no natural light in these rooms. They are not usually brightly lit but levels are controlled by dimmer switches with overhead lighting so can be brightened to suit. Candles are also used in the rooms.

The flooring is slip resistant Amtico block flooring.

2 of the treatment rooms have WC's which are not suitable for wheelchair access.