

8 AYRES NATURE RESERVE WALKS

Cassan Kemmyrk Nadoor ny Hayrey



ROUTE

- The three footpath routes have been marked out at the Ayres. They all begin at the Visitor Centre – follow the coloured stobs in the ground which correspond to the walk you want to do.
- Red route: surfaced, wooden steps, grass.
- Blue Route: mixed terrain of grass and sand.
- Black Route: mixed terrain of grass, sand and shingle.

ACTIVITIES

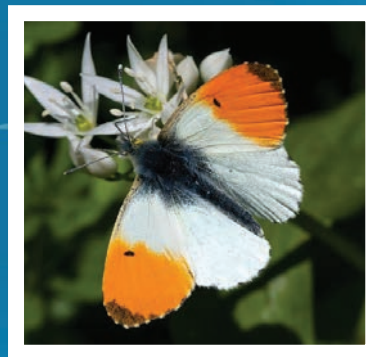
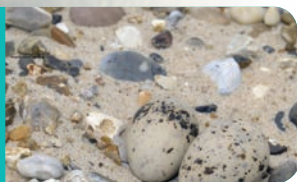
- Look out for orange tip butterflies in March, how many can you see.
- In the Lichen heath you can sometimes see Common lizards – can you spot any?
- Take time to call in to the visitor centre and learn more about this Area of Special Scientific Interest

DID YOU KNOW?

- The word 'ayre' comes from a Norse word meaning gravel bank.

QUICK FACT

3 birds lay their eggs near the shingle beach, Little Terns, Ringed Plovers and Oystercatchers - all of their eggs are camouflaged to look like pebbles.



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| Parking: | Yes |
| Transport links: | No |
| Facilities: | Visitor Centre |
| Distance: | 500m/ 3miles |
| Terrain: | Mixed terrain of grass, sand and shingle. |