The Official Isle of Man Guide Uncover more at visitisleofman.com
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2023/24

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EXTRAORDINARY STORY
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EXTRAORDINARY IS...

...A UNESCO Biosphere Nation nestled in the heart of the Irish Sea.

This handy guide contains an overview of everything you need to make your trip to the Isle of Man unforgettable - from the Island's fascinating culture and heritage to its extraordinary nature and exhilarating outdoor pursuits.

An Island that's close to home yet feels a world away, our ever-changing landscapes offer a unique getaway that caters to the year-round visitor. Whether it's a relaxing getaway with a loved one, a group of friends looking for a thrill-seeking adventure, a holiday to create cherished family memories or simply visiting a friend or relative, the Island is the perfect escape from life's daily distractions.

Extraordinary is...an Island like no other. Extraordinary is...the Isle of Man. THE LHEN

A BIOSPHERE NATION

Discover the extraordinary story of the first entire nation in the world to be recognised as a UNESCO Biosphere. A Biosphere is a special place, with a community committed to maintaining and improving it – a land with inter-connected ecosystems that support a diverse array of native flora and fauna, and Islanders who work on conservation while also thriving off their natural environment.

It is a place that reveals something unique and globally significant about the way it tells its story; and a place which provides a local solution to global challenges - connecting people to the world around them. It's an accolade that we are immensely proud of,

highlighting the story of an Island where people, nature and sustainable development coexist in harmony.

We're a land with a rich heritage and strong tradition which is inherent within the community, and shines through our fascinating history which honours the past and inspires the present.

We invite you to discover our extraordinary Biosphere for yourselves...



A WELCOME ESCAPE CLOSE TO HOME

A seabound kingdom that's right on your doorstep.

Located in the heart of the Irish Sea, the Island is a short flight or hassle-free sail away. Flights operate from airports across the UK and Ireland or if you prefer to sail, choose between a leisurely or fast craft crossing with the Isle of Man Steam Packet Company which offers sailings throughout the year from Heysham and Liverpool, and seasonal sailings from Belfast and Dublin.

Once you've arrived, our scenic roads are well worth a drive — you can bring your car, bike or motorhome via the ferry. A bus network serves the whole Island and our heritage railways will transport you in true Manx style — so there's no limit to your explorations.

The best way to make travel seamless and cost effective is to buy a Go Explore card which are available to purchase online at: www.iombusandrail.im or at the airport and ferry terminal welcome centres. The card entitles the holder to unlimited travel on scheduled bus, heritage rail (including Groudle Glen and Laxey Mines Railway) and Horse Tram services for 1, 3, 5 or 7 consecutive days. To make things even easier Isle of Man Transport and Manx National Heritage offer a 5-day Go Explore Heritage card which includes unlimited travel plus admission to all Manx National Heritage attractions.







Immerse yourself in the Island's museums and iconic landmarks. Follow your own path of discovery, or join a guided tour to truly get to the heart of Manx heritage and culture.

Hop on the Island's impressive network of Heritage Railways to visit some of the Island's key attractions or explore the local areas. Visitors can sit back, relax and enjoy a journey through the beautiful Manx countryside thanks to Victorian engineering that has well and truly stood the test of time.

You'll find stories of giants and fairies, and stories to satisfy even the most curious visitors!







MAKE MEMORIES, LEAVE ONLY FOOTPRINTS

Whether you're an ambler, a rambler or a serious hiker, get ready to conquer some of the most breath-taking trails in the British Isles.

Walking trails in the Isle of Man are as diverse as they are numerous, and with 40% of the Island uninhabited there are countless self-guided and guided walks, and those off the beaten track that allow visitors to discover their own Island story.

The iconic Raad ny Foillan coastal footpath, Manx Gaelic for 'The Way of the Gull', runs for 100 miles around the entire Island and offers intrepid sightseers the opportunity to explore the cliffs, wooded glens, open farmland and spectacular coastline that make up the Island's rural beauty, with castles, local wildlife and beaches to explore along the way. The footpath can be split into manageable sections to be enjoyed over a number of days or visitors can select the 'best of' to sample this outstanding route — these are highlighted in the directory at the back of this guide.

Visitors can scale the Island's 25 summits over 1,000ft from a selection of eight different walking routes. The Manx uplands offer remote walking and the chance to see some exceptional viewpoints, natural beauty and wildlife.

Experience the best of the Isle of Man with our Railway Rambles, all based around our impressive network of Heritage Railways. Ranging from 3.5 miles to 12.5 miles, these walks are a great way to explore the Island and experience key towns and villages and cultural experiences.

SULBY VALLEY 54° 17' 53" N -4° 29' 11" W



CONTINUE THE STORY & DISCOVER MORE ONLINE:

visitisleofman.com











Sandy shorelines boasting jaw-dropping sunsets and some of the best swimming spots in the Irish Sea are waiting to be discovered at every turn. For a unique perspective of the Island, you really can't beat kayaking and paddleboarding, and with 100 miles of coastline at your disposal, there's plenty to explore. Fancy scuba diving alongside friendly grey seals and basking sharks, or traversing the waters on a sailboat? Why not get your pulse racing with adrenaline-fuelled activities such as coasteering, gorge walking and abseiling? The Isle of Man has you covered.

For fast-paced adventures on land, try a trike, quad bike, electric bike or electric scooter tour. If you'd prefer something more leisurely, enjoy a spot of golf on one of the Island's eight courses.







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A land of relaxation and escapism, the Isle of Man is ready to welcome you for a refreshing getaway.

Amid the hustle and bustle of digital connectivity and everyday life, it's easy to forget the importance of switching off and recharging. Whether looking for the best spots for sea swimming, exploring glens and waterfalls or enjoying one of the Island's glamping sites, the Isle of Man is the perfect place for a wellness and adventure break, where visitors can truly reconnect with themselves and nature whilst immersed in the Island's extraordinary surroundings.

Home to over 24 beaches and 18 glens, the Island is ideally placed to enjoy the mental and physical benefits of cold water swimming and forest bathing. Prefer to keep your feet on dry land? Bask under a blanket of stars at one of our 26 extraordinary Dark Sky Discovery Sites. Or if you simply want to spend time with those you love, the Isle of Man is ready to give you what you need to feel yourself again.

Check out our Mindful Map on our website which showcases the best wellness and activity hotspots on the Island!



DRIVE INTO THE EXTRAORDINARY

The Island's landscapes are as diverse as they are scenic and our open roads encompass views across rolling countryside, expansive coastline, majestic summits and rugged moorland, with plenty of unique attractions and charming towns and villages to visit along the way.

Motoring clubs travel far and wide to sample our six outstanding driving routes. Covering all corners of the Island, our routes allow you the freedom to explore legendary landmarks amidst extraordinary scenery at your leisure.

Experience the wildness of the north with the Slieau Sloop, a moderate 19-mile drive that offers a mixture of short ascents and deep descents with nature reserves, glens and two vintage transport museums to explore along

the way. Or enjoy the wonders of the west coast with a picture perfect drive from the quaint fishing village of Peel, winding through breath-taking coastal and country vistas to the Island's most southern tip, The Sound.

Wherever you choose to drive or ride, the thrilling twists and turns of the Island's quiet roads will provide you with memories and experiences you will never forget.



CONTINUE THE STORY & DISCOVER MORE ONLINE:

visitisle of man.com

SNAEFELL MOUNTAIN ROAD 54° 17' 46" N





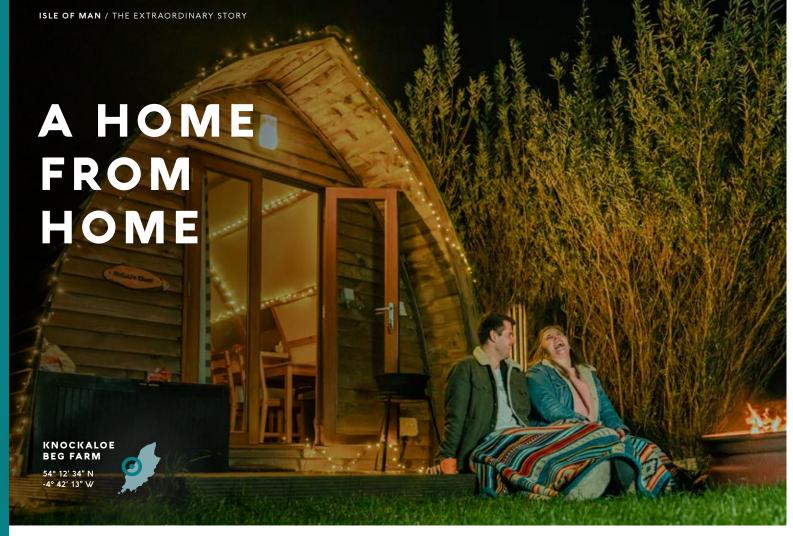
Expect to taste everything from freshly caught seafood, world famous kippers and flavoursome meat to award-winning cheeses and artisan pizzas, washed down with a swig of locally brewed cider or ale, distilled wine and craft spirits.

Home to fine dining restaurants, seaside cafes, bountiful bistros and more, our extraordinary eateries and drink establishments will be sure to fuel your visit.









Escape the everyday and wake up in sublime surroundings

For some, the Isle of Man conjures up happy memories of a childhood holiday, for others it's the unrivalled adventures and new experiences which make it so appealing. Whatever the reason for your visit, you'll be sure to find the perfect spot to rest and recharge at the end of your day.

The Island caters for couples, families and groups of all sizes - offering the flexibility to cater for all your requirements. An extensive range of self-catering accommodation, serviced apartments and boutique bed and breakfasts supports our hotel and guest house range and helps to deliver the warmest of Manx welcomes, character and charm.

If you like the great outdoors but crave a few household comforts, try glamping at the Island's eco-friendly campsites. Furnished with high quality features and fittings, these amazing spaces deliver a magical and romantic escape, in the heart of natural beauty.



















Throughout the year you can experience the rarest of Manx traditions, which celebrates the beauty of our Islanders in song and culture. In May we welcome the return of summer with our Oie Voaldyn Fire Festival, a day of remembering and retelling old Manx and Norse customs. In July we have our national day, Tynwald Day, a day to celebrate our Island, community and parliament. The Yn Chruinnaght Celtic Festival in July unites cultures from all over the Celtic world with dancing and singing. October sees the celebration of Hop tu Naa, the oldest continuously-existing tradition in the Isle of Man and the Manx equivalent of Halloween - a celebration with songs, dancing, turnip lanterns and curious customs.

Birthplace to athletes and Olympians, the Island hosts a variety of sporting challenges that test your body and mind. The Parish Walk offers participants the opportunity to walk 85 miles around the Island's parishes within 24-hours, whilst the Lighthouses Challenge encompasses 100 miles and over 2,000 metres of climbing for competitive cyclists.

See Manx heroes come to life in a battle for victory at the world-famous Isle of Man TT Races. Soak up an atmosphere unlike any other, where visitors join us from across the globe and celebrations live for days on end.

Filled with independence and strong community spirit, whatever time of year you choose to visit, there's plenty happening on the Island. Take a look at our What's On page to see what's happening during your stay:

www.visitisleofman.com/whats-on







ISLAND WIDE TOURS & ACTIVITIES

RAMSEY BEACH 54° 18' 49" N





From heritage tours and photography excursions to guided walks and water-based

adventures, no matter the location you'll never be short of activities to inspire your story.

TOURS & ACTIVITIES

Adventureology

Expeditions and skill courses in walking, climbing, canoeing and mountain biking with fully qualified and experienced coaches and leaders who are there to make sure that you get the most out of your adventure.

- All year round
- £ Check website for prices
- +44 (0) 7624 332544 adventureology.im

Adventurous Experiences

Explore stunning coastlines, view extraordinary wildlife and receive unforgettable experiences through sea kayaking, coasteering, rock climbing and gorge scrambling.

- All year round
- £ Check website for prices
- +44 (0) 1624 843034 adventurous experiences.com

Albany Tea & Tours

This specialist guided tour company caters to travellers who want an original, authentic and unforgettable experience in the Isle of Man.

- All year round
- £ From £45
- +44 (0) 7624 845623 albanytours.co.uk

Aquabikes

Jump aboard our easy to ride, high performance, pedal powered Chiliboats. Chiliboats are super fun bicycles with stable catamaran pontoons that float on the water so you can cycle on the sea.

- All year round weather dependent
- £ From £20
- +44 (0) 7624 266221 visitisleofman.com

Cathy Clucas Tour Guide

Cathy has been an Isle of Man Registered Tour Guide since 1991. With specialist knowledge of the Island's Gaelic and Celtic culture, Cathy is happy to create bespoke tours dependent on group interests.

- On request
- £ On request
- +44 (0) 7624 414331 visitisleofman.com

Dave's Waves Limited

Dave's Waves provide a mobile centre of excellence for windsurf instruction and coaching at various beaches and bays around the Island.

- O April Nov
- £ Check website for prices
- +44 (0) 7624 495824 daveswavesiom.com

Discover Diving

Offering snorkel safaris and beach ranger sessions, Discover Diving can also provide full equipment hire, guides and training. A weekend charter boat service is available and offers the chance to explore the Island's best diving sites.

- Saturday 9am-5pm & Sunday 9am-4pm
- £ From £35
- +44 (0) 1624 833008 discoverdiving.im

Ebb & Flo Watersports Co.

At Ebb & Flo Watersports, they host a wide range of water sport activities with equipment to

match across the Isle of Man for visitors wanting to explore the scenic Manx coastline.

- All year round weather dependent
- £ From £40
- +44 (0) 7624 233806 ebbandflowatersports.com

Go-Mann Adventures

Andrew has a great passion for the outdoors and leads guided walks, hikes and tours around the Island, picking the best places to explore and quietest routes to follow.

- On request
- £ Check website for prices
- +44 (0) 7624 480129 go-mannadventures.com

Guided Tours Of Mann

Jane is a qualified Blue Badge Guide operating as a driver guide on the Isle of Man. Jane specialises in historic and cultural tours, taking you on a voyage of discovery of the Island's fascinating heritage.

- All year round
- £ On request
- +44 (0) 7624 433957 guidedtoursofmann.com

Happy Explorer

Offering guided tours to help people explore and reconnect with nature. Outdoor adventures include wildlife watching, walking, exploring, kayaking, wild foraging, discovering secret places, forest relaxation and mindful breathing techniques.

- All year round
- £ Check website for prices
- +44 (0) 7624 481600 happyexplorer.co.uk

I DIVE IsleofMan

I Dive IsleofMan is an independent scuba instructor and dive guide based in Ramsey. They offer a huge range of PADI courses and train everyone from children and adults trying diving for the first time, to experienced divers looking to brush up their skills.

- All year round
- £ From £25

+44 (0) 7624 464602 idiveisleofman.com

Island Heritage Tours

Registered Blue Badge Guide and Historian, Chris offers bespoke tours on the Isle of Man, with a wealth of insight into the Island's colourful past. French spoken.

- On request
- £ On request
- +44 (0) 7624 435528 facebook.com/heritageIOM

Isle of Man Blue Badge **Tour Guides**

Manx Registered Blue Badge Tour Guides know all about the Isle of Man and can provide you with the perfect Manx tour whatever your interests.

- All year round £ On request
- +44 (0) 7624 342951

isleofmantourguides.org

Isle of Man Culture Tours

The people, history, heritage, culture, landscape and wildlife of the Island are very special and David hopes he can share your experience of them as he guides vou around.

- On request £ On request
- +44 (0) 7624 461005 facebook.com/ isleofmanculturetours

Isle of Man Cycle Tours

Escorted and fully supported short-break cycling holidays on the tranquil Isle of Man, with its quiet roads, beautiful scenery, intriguing folklore, historical attractions and delicious artisan food and drink.

- On request £ On request
- +44 (0) 1624 664460 iomcycletours.com

Isle of Man Ghost Tours

Walk the streets and lanes of the Island's towns and hear stories of our dark ghostly past. Tours are available in Douglas, Peel, Castletown and Ramsey.

- U July Nov, additional bookings available on request £ On request
- +44 (0) 7624 416824 visitisleofman.com

Isle of Man Guided Tours in English & German

Susan offers tours led in English or German and will show you the Isle of Man's hidden gems and all "must see" sites. Guided walks are available throughout Douglas, Peel, Castletown, Laxey and Ramsey.

- All year round £ On request
- +44 (0) 7624 357680 visitisleofman.com

Isle of Man Motorcycle Adventures

Isle of Man Motorcycle Adventures is a motorcycle hire company offering unique tailor-made and bespoke holiday packages. With a wide selection of late, low mileage modern motorcycles, they can provide the perfect bike for all riding styles.

- All year round
- £ From £160

+44 (0) 7624 202557 motorcycleadventures.im

Isle of Man Tourist Guide

Fiona is a step-on guide who is happy to join you in your transport. Guided walking tours are also offered, varying from easy to moderate, in the Island's countryside. villages or towns. Tours can be tailor-made to your interests.

- All year round
- £ Check website for prices
- +44 (0) 7624 471543 manxtourguide.org

Isle of Man Trike Tours

Offering you a safe and unique way to enjoy the Island whilst following in the tracks of TT heroes. In addition to their exhilarating TT Experience tour, they also offer tours that explore the hundreds of miles of quieter roads and places of historical interest.

- All vear round
- £ From £100

+44 (0) 7624 492444 iomtriketours.com

Manx Mountain Activities

Offering guided walks and guided mountain bike rides on the Isle of Man led by a qualified Mountain Leader and British Cycling Mountain Bike Leader who can offer many fascinating insights into the Island's offering.

- All year round
- £ From £15
- +44 (0) 1624 862226 mountainactivities.im

Manx Walks

Enjoy a relaxed day exploring the Isle of Man on foot, Decide which part of the Island you would like to explore, and they will adjust the tour to suit your specific times, interests, and ability.

- All year round
- £ From £25
- +44 (0) 7624 303273 manxwalks.im

Mark Boyd Photography

Whatever the weather, from blazing sunshine, to stormy seas, there are breath taking images to be captured. Mark will ensure you achieve your photography goals exploring and captivating our enchanting Island.

- All year round
- £ On request
- +44 (0) 7584 429684 visitisleofman.com

Pedal to Progression

Offering guided mountain bike rides for all, including fun filled family tours to all day epics with wonderful views of the great outdoors.

- All year round
- £ On request

+44 (0) 7624 434195 pedaltoprogression.com

Peter Beighton - Guided Tours

Isle of Man Guided Tours in French, German and English, Peter tells stories about the Island, past and present. He is also an expert on the famous Isle of Man TT Races.

- All year round
- £ From £100
- +44 (0) 7624 432066 visitisleofman.com

Port Erin Paddleboards

Stand up paddleboarding (SUP) is a fun, easy and great way to spend time with the family or simply to get a little exercise. They also offer Twilight Glo-Paddleboarding Sessions where each board is fitted with purpose made LED SUP lights which illuminate down into the water around you.

- All year round weather dependent
- £ From £20

+44 (0) 7624 302308 porterinpaddleboards.com

Powerwheels - Isle of Man **Tours & Excursions**

Explore the hidden delights and beauty of the Isle of Man. Whether it's coastal beauty spots or a lap of the world famous TT course, you'll get to see all the highlights with an experienced and friendly guide.

- All year round
- £ On request
- +44 (0) 7624 231223 powerwheels.im

Saltworks - SUP Stand Up Paddleboarding

SUP has many disciplines from yoga and fitness to surfing and racing. Their fantastic sessions last two hours and run all over the Island, from sheltered sandy bays to more adventurous paddling around our rocky coastline.

- All year round weather dependent
- £ From £25
- +44 (0) 7624 417325 saltworks-sup.co.uk

Sea Kayaking Isle of Man

Sea kavak tours offer something for everyone: fun times for family, excitement for experienced kayakers and adventures for others. With experienced and qualified instructors by your side on the water giving you lots of help and encouragement.

- All year round
- £ Check website for prices
- +44 (0) 7624 414498 seakayakingisleofman.com

Smartmann Tours

Tours are available all round the Island, with heritage and TT-focused tours available, all within an Executive Saloon with knowledgeable and friendly drivers.

- All year round
- £ On request
- +44 (0) 7624 498906 smartmann.im

Soul Adventures

Soul Adventures is an adventure and wellness company providing a range of soulful and exhilarating outdoor adventures on the Isle of Man. If you're looking to disconnect from the daily grind and reconnect with nature, their soul events are for you.

- All year round
- £ Check website for prices
- +44 (0) 7624 340539 souladventures.im

Tours Isle of Man

Offering a fully commentated guided coach tour of the Isle of Man for all group sizes, 13 seat minibuses and 31, 49 and 70 seat coaches available.

- Mon-Fri, 9am-5pm
- £ On request
- +44 (0) 7624 453681 tours.co.im

Ultimate Driving Experiences

Each driving experience is run over one day and allows you the opportunity to explore the Island's railways by driving one of our electric trams between Laxev and Ramsey or a steam train between Castletown and Port Erin.

- Check website for dates
- £ On request
- +44 (0) 1624 697419 rail.im

Visit Mann Tours

John is an enthusiastic and engaging driver tour guide. Whether you want an in-depth special interest tour, a scenic overview, a walking tour or a VIP experience, John can help.

- On request From £195
- +44 (0) 7624 481814 visitmanntours.com

Walking.im

Offering a variety of guided walks for independent walkers or larger groups, trekking on the Island's national long distance trails and scenic routes.

- All year round
- £ From £20

+44 (0) 7624 240430 walking.im

Walking Mann

Walking Mann hosts guided treks along the Island's less frequented footpaths and greenways. With a range of varying routes and scenery, they hope to cater for most levels of fitness and interests.

- All year round • On request
- +44 (0) 7624 401589 walkingmann.im

Wild Mann Tours

Explore the towns and villages of the Island or enjoy a guided walk through the Manx countryside. Rory can offer a bespoke tailored experience to help you explore the hidden places on the Isle of Man.

- All year round • From £110
- +44 (0) 7624 463462 wildmanntours.co.uk

Yellow Helicopters

Yellow Helicopters operate a 4-seater helicopter providing sightseeing tour flights around the Isle of Man. Sights will include stunning views of the coastline, Snaefell and the towns on the Island.

- All year round • From £295
- +44 (0) 1624 812144 yellowhelicopters.com

FOOD & DRINK EXPERIENCES

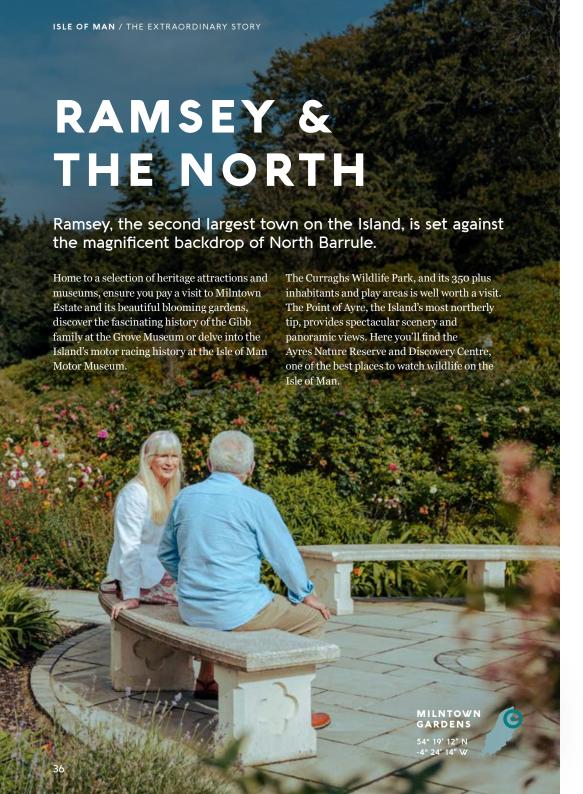
Versa Foraging Tours

From foraging basics to preservation methods used by chefs in Michelin restaurants, Pippa will show you the wild foods available at that moment in the season, but also share knowledge about using these ingredients.

- On request £ On request
- +44 (0) 7624 326349 restaurantversa.im







ATTRACTIONS & HISTORICAL SITES

Ayres National Nature Reserve and Discovery Centre

An important stretch of low-lying sand dune coastline, great for walking and birdwatching. Three marked trails wind through the marram grass and onto the expanse of heath. Run by Manx Wildlife Trust volunteers, the Centre tells visitors about the vulnerable area and provides information about its birds, habitats and rare plant communities.

- Centre open May Sep, check website for opening times
- f Fre

The Ayres, Ballaghennie Road, Bride, IM7 4BF +44 (0) 1624 844432 mwt.im

Cashtal yn Ard

Cashtal yn Ard (castle of the heights) is a well-preserved chambered tomb with views over the parish of Maughold and across the sea to the Lake District. Chambered tombs like this began to be built more than 4,000 years ago, as communities pooled their resources to create lasting monuments to their dead.

- All year round
- £ Free

Dhoon Quarry Road, Maughold visitisleofman.com

Curraghs Wildlife Park

The perfect place for a fun-filled family day out with over 350 types of animals to discover living in 40 acres of beautiful, natural scenery. Children and nature lovers will love learning about all the different animals, from penguins and meerkats, to wallabies and monkeys.

• All year round • From £8

Main Road, Ballaugh, IM7 5EA +44 (0) 1624 897323 curraghswildlifepark.im

Grove Museum

Step inside the cherished Victorian home of the Gibb family, a wealthy merchant family from Liverpool. The house provides a real insight into the lives of this family from Victorian times to the 20th Century. Inside their possessions reveal the story of the family.

- Check website for opening times
- £ From £3

Andreas Road, Ramsey, IM8 3UA +44 (0) 1624 812686 manxnationalheritage.im

Isle of Man Motor Museum

Explore the amazing stories behind the collection of 500 unique vehicles from around the world, including classic cars, motor vehicles and rarely seen private motorcycles. Delve into 110 years of TT and motoring history with the vast collection of bikes and memorabilia. It is a motor enthusiasts paradise with something for everyone to enjoy. Possible to accommodate large groups outside of seasonal opening hours.

- Mar Nov, check website for opening times
- £ Check website for prices

Jurby, IM7 3BD +44 (o) 1624 888333 isleofmanmotormuseum.com

Jurby Church

St Patrick's Church at Jurby has stood a bare 200 years and remained a landmark from sea, land and air. A Viking burial mound remains in Jurby Churchyard, as well as some simple early Christian Manx Crosses in the church porch. There are also Norse cross slabs from the 10th Century, including the beautiful Heimdall Cross.

- All year round
- £ Free

Church Road, Jurby West, IM7 3AY +44 (0) 1624 898003 visitisleofman.com

Jurby Transport Museum

The museum is set in a former RAF Aircraft Hanger, housing many vintage Manx buses, cars and wagons as well as rail vehicles which may be of particular interest if you enjoy using the Heritage Railways. Children can enjoy the miniature displays of toy cars and trains including a Hornby Dublo Train.

- April Oct, check website for opening times
- £ Free

Jurby Industrial Estate, Jurby, IM7 3BD jtmiom.im

Kirk Maughold Church

This church is one of the oldest on the Island and contains a large number of Celtic crosses from the 6th-13th century. The cross house in the churchyard contains almost a third of all pre-Norse cross slabs found on the Island, including the Pillar Cross which depicts the oldest stone-carved example of the three legs of Mann symbol on the Island.

• All year round

£ Free

Maughold Road, Maughold, IM7 1AS +44 (0) 1624 812275 visitisleofman.com

Milntown Gardens

There are 15 acres of gardens and woodlands in this historical setting for you to explore.
Throughout the gardens there are many excellent specimens of rhododendrons, magnolias, camellias and many other species too, all of which produce a dazzling display of blooms from early spring right through to summer.

• All year round • From £1.50

Lezayre Road, Ramsey, IM7 2AB +44 (0) 1624 812321 milntown.org

Milntown House Tours

Dating back to the 16th century, Milntown was once the seat of the powerful Christian family. The interior of the house was decorated and furnished by Lady Edwards but there are still many features dating from Deemster Christians 1830 refurbishments.

- Check website for tour times
- £ Check website for prices

Milntown, Lezayre, Ramsey, IM7 2AB +44 (0) 1624 812321 milntown.org

ACTIVITIES & TOURS

Country Pursuits

Country Pursuits offers a range of shooting experiences, from clay pigeon and laser clay pigeon shooting to 'zombie' shooting and other field sports.

- All year round
- £ From £33

Skyhill Shooting Centre, Millenium Way, Skyhill, Ramsey +44 (0) 7624 306256 countrypursuits.im

Energy FM Bowl

With 10 lanes for tenpin bowling, as well as pool tables, table tennis, air hockey and a soft play area for the little ones, it's the perfect way to spend some quality time with your family and friends.

• All year round • From £6

Queens Promenade, Ramsey, IM8 1ET

+44 (0) 1624 812444 energyfmbowl.co.uk

Isle of Man Goats

Visit High Tilt Farm and immerse yourself in all things goat. During kidding season, see the gorgeous Boer and Angora kids. The farm is also home to goat yoga where you can interact with the goat kids. All tours and goat yoga sessions must be pre booked.

- Check website for opening times
- £ Check website for prices

High Tilt Farm, Douglas Road, Kirk Michael, IM6 1AS +44 (0)7624 207555 visitisleofman.com

Jurby Karting

The circuit is a full racing kart circuit with over 1000 meters of

adrenaline based fun! With an outrageously quick straight and hair pin bends you are guaranteed the drive of your life.

• All year round

£ From £15

Jurby Airfield, Motordrome, Jurby, IM7 3BD +44 (0) 7624 481361 iomkra.com

Mooragh Park

Boasting excellent leisure facilities for all ages, the park has a 12 acre boating lake which hosts watersport activities throughout the year including canoeing, kayaking or sailing. You'll also find tennis courts, a bowling green, BMX track and a crazy golf course as well as a children's playground and special water play area.

• All year round

£ Check website for prices

Lake Road, Ramsey, IM8 3AR visitisleofman.com

Northern Swimming Pool

Offering a variety of sessions and activities for all ages and abilities from public sessions, adult only swims, fun sessions, ladies nights and parent and toddler sessions in a fun and friendly environment.

• All year round

£ From £2.50

Mooragh Promenade, Ramsey, IM8 3AB +44 (0) 1624 812852

northernswimmingpool.com

Outdoors Ramsey

Outdoors Ramsey offers a wide selection of adult bicycles available for hire. An Island wide collection and delivery service is available at a small additional cost. Children's cycle rear seats, lights and panniers are also available to hire.

• Mon - Fri 10am - 5:30pm & Sat 9am - 5:30pm

£ From £15

Albert Road, Christian Street, Ramsey, IM8 2EL +44 (0) 1624 819082 outdoorsramsey.co.uk

Ramsey Golf Course

Located at the foot of the beautiful Glen Auldyn, this course was first established in 1891 and designed by James Braid in 1929. It has spectacular greens and exceptional views of Manx hills.

• All year round

£ From £30

Brookfield, Ramsey, IM8 1AA +44 (0) 1624 812244 ramseygolfclub.im

Smeale Farm Tours

Discover how this cherished Manx family farm has produced high quality lambs, cereals and fruit for over 400 years. Set in a spectacular location, your guide will take you to explore the award-winning conservation area.

Check website for timings

£ Check website for prices

Andreas, IM7 3EB +44 (0) 1624 880888 manxfarmhols.com

The Venture Centre

Situated amongst the beautiful Manx countryside, the centre is the main provider of adventure activities on the Island, offering kayaking, sea kayaking, canoeing, sailing, abseiling, gorge walking, coasteering and much more.

• All year round

£ From £15

Lewaigue Farm, Jacks Lane, Port E Vullen, Maughold, IM7 1AW +44 (0) 1624 814240 venturecentre.im

SCENIC HIGHLIGHTS

Ballaglass Glen

A pretty glen which is a favourite for artists and photographers. Carpeted in bluebells in spring and sparkling streams which dance over rocks sculptured over millions of years ago. Look out for the wooden sculpture of a wise old man which is enchanting for visiting children.

All year round

£ Free

Off A15, Cornaa, Maughold visitisleofman.com

Ballaugh Beach

This sand and shale beach is located on the exposed North West of the Island. It is a great place to catch some waves windsurfing.

All year round

£ Free

Off the Bollyn Road, Ballaugh visitisleofman.com

Ballaugh Plantation

This 140 hectare plantation is home to Sitka Spruce and Japanese Larch. It has two large amenity ponds which were created in the lower part of the forest and are greatly appreciated by a large number of ducks and geese.

• All year round

£ Free

Ballaterson Fields, Ballaugh, IM7 5AN visitisleofman.com

Ballure Reservoir

This small reservoir offers a more intimate fishing experience.

Offering high quality stocked rainbow trout from 2lb upwards into double figures, along with the

occasional wild brown trout. Stocked between March and October on a regular basis, an IOM Government reservoir licence is required to fish here.

All year round

£ Free

Ramsey, IM7 1AB visitisleofman.com

Close Sartfield Nature Reserve

Noted for its excellent bird watching opportunities, this is one of the Island's best nature reserves. A panoramic view of the whole area may be obtained from the top of the specially constructed bird hide a few hundred metres from the entrance.

• All year round

£ Free

Windmill Lane, Ballaugh Curragh, IM7 5BL +44 (0) 1624 844432 manxwt.org.uk

Dhoon Glen

One of the steepest glens in the Isle of Man and known for its natural and rugged beauty, this glen leads to a beautiful, secluded pebbled cove. Home to the Island's highest waterfall, falling over 40 metres, it offers the perfect place for picturesque photos.

All year round

£ Free

Dhoon visitisleofman.com

Elfin Glen & Claughbane Woods

These glens are adjacent to the famous Hairpin Corner on the TT course overlooking Ramsey. They provide excellent walking amid scenic woodlands and offer spectacular views of the northern plain to the Point of Ayre.

All year round

£ Free

Ramsev visitisleofman.com

Ramsey Beach

This golden, sandy beach at Ramsey is bordered on one side by the Victorian Oueen's Pier and on the other side by two stone piers. It is here that the Island's largest river, the Sulby, flows into the sea having wound its way from its upper reaches at the base of Snaefell Mountain.

All year round £ Free

Ramsey visitisleofman.com

Sulby Reservoir

The Island's largest reservoir lies in the shadow of Snaefell and offers a great trout fishing adventure. Surrounded by wild and rugged uplands, you will be spoilt for choice when it comes to casting your line. Stocked between March and October on a regular basis, an IOM Government resevoir licence is required to fish here.

All year round £ Free

Tholt-v-Will, IM7 2BF

visitisleofman.com

Tholt-y-Will Glen

This steeply-sided glen is set in the upper reaches of Sulby Glen and descends alongside a mountain stream. The adjacent Tholt-y-Will plantation also provides walkers

with challenging but rewarding recreation.

• All year round £ Free

Sulby, IM7 2BF visitisleofman.com

WALKS

Best of the Raad ny Foillan

Section 10: Ramsey to Maughold

Taking you from a harbour town to the peaceful coastal cliffs of Maughold Brooghs which blooms with gorse and bluebells in spring. Arriving at the edge of Maughold Village, vou'll find the church and shelter which houses the largest collection of carved Norse and Celtic crosses.

Start: Ramsey Harbour Finish: Maughold Church Grading: Moderate Distance: 4.5 miles visitisleofman.com

Best of the Raad ny Foillan

Section 11: Maughold to Laxey

Around the coast to Port Mooar a track takes you inland to country roads which offer views over Maughold Head. The route descends through the Cornaa Valley to the beach before climbing to cross the Manx Electric Railway line and on to Laxey.

Start: Maughold Church Finish: Laxey Promenade **Grading:** Moderate Distance: 8.5 miles visitisleofman.com

Railway Ramble: Ballaglass Glen, Port Cornaa, Glen Mona

A short but beautiful walk taking

you through one of the most picturesque Victorian glens on the Island, to the hidden cove of Port Cornaa. The route links up with a small part of the Raad ny Foillan.

Start: Ballaglass Glen Halt Finish: Glen Mona Station Grading: Moderate Distance: 3 miles visitisleofman.com

Railway Ramble: Ballure Reservoir and Plantation, Albert Tower, Ramsev

A varied circular walk through a plantation and open countryside. Although steep in places and can be muddy, the views from Albert Tower make up for everything. Take time to explore Ramsey Town or venture to the nearby Grove Museum.

Start: Ramsev Station Finish: Ramsev Station Grading: Moderate Distance: 3.5 miles visitisleofman.com

Railway Ramble: Dhoon Glen, Ballaragh, King Orry's Grave, Agneash, Laxey

A walk through Dhoon Glen, one of the Island's most spectacular glens, is followed by some quiet lane walking to King Orry's Grave. The route then takes you through beautiful Manx countryside to the hamlet of Agneash, before descending to the Laxev Wheel.

Start: Dhoon Glen Halt Finish: Laxev Station **Grading:** Moderate Distance: 6 miles visitisleofman.com

Railway Ramble: Glen Mona, Maughold Village, **Brooghs Ramsey**

Some quiet lane walking, a Neolithic tomb, a Quaker burial ground and a coastal footpath with stunning views, all rolled

into one memorable walk. Please note coastal section is steep and rocky in places.

Start: Glen Mona Halt Finish: Ramsey Station Grading: Strenuous Distance: 7 miles visitisleofman.com

Railway Ramble: Glen Mona, Snaefell Mines, Laxey Valley, Agneash, Laxev Village

A steep but rewarding walk taking you across open moorland before descending to the disused Snaefell Mines. A pleasant track then takes you through the valley running parallel with the Snaefell Mountain Railway as you descend into the charming village of Laxey.

Start: Glen Mona Station Finish: Laxev Station Grading: Strenuous Distance: 6 miles

visitisleofman.com

Raad ny Foillan Section 8: Jurby to Point of Ayre

This section takes place almost entirely along a sand and shingle beach. If the soft sand proves too hard going, there are many paths running parallel to the beach through the lichen heath.

Start: Sartfield Beach Finish: Point of Avre Lighthouse Grading: Moderate Distance: 8.5 miles

visitisleofman.com

Raad ny Foillan Section 9: Point of Ayre to Ramsey

This leisurely walk offers some of the best coastal walks in the British Isles. Be accompanied by species of birds and the occasional seal, whilst on route, as well as taking in the spectacular views the Island has to offer.

Start: Point of Ayre Lighthouse Finish: Ramsey Harbour Grading: Moderate Distance: 5.5 miles

visitisleofman.com

Maughold's Coast, Coves and Viking Crosses

This outstanding coastal walk provides spectacular views and is an excellent area for observing marine and birdlife and wildflowers in the summer. Be sure to visit the Island's largest collection of carved Celtic and Viking Crosses in the grounds of St Maughold's Church.

Start & Finish: Port Lewaigue Car Park Grading: Moderate Distance: 4.5 miles visitisleofman.com

The Wizard of Mann

Enter into the magical glen and help the enchanting fairies and elves find the mysterious woodland wizard. The Wizard of Mann. Explore the hidden treasures of the glen, navigating the diverse terrain and taking in the picturesque scenery.

Start & Finish: Ballaglass Glen Grading: Leisurely Distance: 1.5 miles visitisleofman.com

Where's Wally the Wallaby?

Follow the grassy footpath as it winds through the Curraghs, discovering the wild land in which the furry animals are likely to be sighted. Make sure to bring your binoculars and wellies along so you can fully explore the Ballaugh Curraghs.

Start & Finish: Ballaugh Curraghs **Grading:** Leisurely Duration: 30-40 minutes

Ballaugh Curraghs, IM7 5EA visitisleofman.com

CYCLE ROUTES

Raad Daawheevl

A flat 40-mile road tour of the Northern Plains, starting and finishing at Ramsey's Victorian Iron Pier.

Start & Finish: Ramsey Queen Pier Grading: Moderate Distance: 40.5 miles visitisleofman.com

Ramsey Cycle Route

This relaxing ride can be enjoyed by cyclists of all abilities, particularly if the idea of rural tranquillity and quiet, level roads appeal to you.

Start & Finish: Ramsey Railway Station Grading: Green - Easy Distance: 16-20 miles visitisleofman.com

FOOD & DRINK EXPERIENCES

Ramsey Farmers Market

The markets are organised by Isle of Farmers' Markets who wish to promote the growing, making and selling of Manx food and products. These markets are not only an essential source of food for the local community, they're also a vital focal point for meeting and socialising.

Severy Saturday, 10am-4pm

2 Water St. Ramsey, Isle of Man. IM8₁JJ welshcobs.info

Red Mie

Have you ever wanted to grow chillies well? Red Mie give you the chance to do just that, whether you're a spice aficionado or just fancy growing something different! They'll cover everything you need to harvesting and preservation (including fermentation and making your own hot sauce).

On request
On request

Bollyn Road, Ballaugh +44 (0) 7624 260555 facebook.com/redmieiom

The Fynoderee Distillery

Fynoderee is dedicated to the production and enjoyment of premium spirits with genuine Manx roots and heritage. From cocktail classes, private group distillery tours and parties, there's some-fyn for all to enjoy at the Fyn Bar and Shop!

On request £ On request

Parsonage Road, Ramsey, IM8 2EE +44 (0) 1624 812756 fynoderee.com

SHOPPING

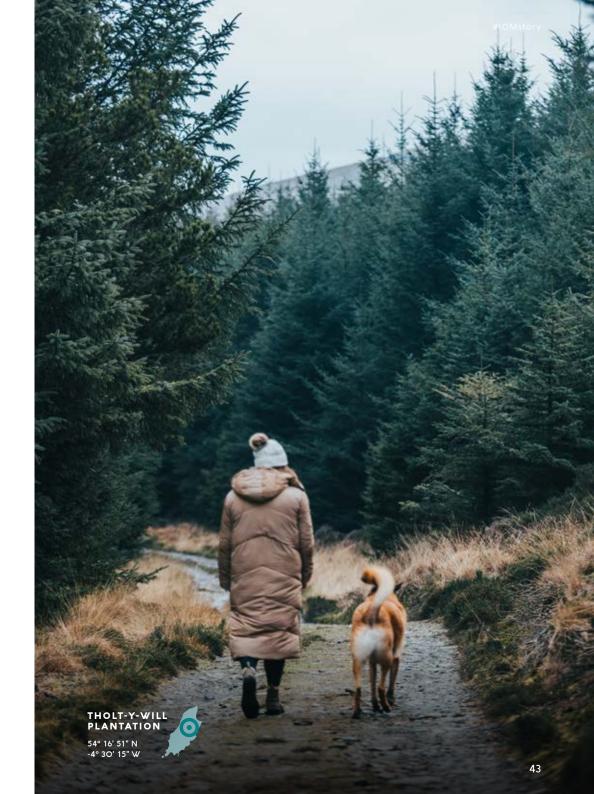
Ramsey High Street

Situated between the famed TT spectator spot at Parliament Square and the quaint St Paul's Square, Ramsey high street is known for its small independent boutiques and novelty gift shops.

 Shopping hours Mon - Sat, 9am - 5:30pm, closing early on Sundays

Parliament Street, Ramsey visitisleofman.com





CASTLETOWN, PORT ERIN, PORT ST MARY & THE SOUTH

MILNER'S TOWER

54° 5' 35" N -4° 46' 41" W

In the south lies Castletown where you'll find one of the best preserved medieval castles in the world, Castle Rushen.

Many heritage attractions can be discovered in this historic town, which was the Island's capital for a hundred years. Offering a glorious beach and excellent walking trails, no trip to the Island is complete without a visit to Port Erin. Popular with visitors since the Victorian era, Port Erin sits within a beautiful secluded bay, which is enjoyed by enthusiasts and families alike.

The harbour village of Port St Mary is home to the Island's only nine-hole golf course, and with its deep water harbour, is the best place to book fishing and wildlife-watching boat trips. Some of the most scenic and adventurous opportunities can be found in the south. From the hive of activity and mountain bike trails in South Barrule Forest, to the coastal walks and majestic scenery of the Sound and Calf of Man, a hotspot for seals sunbathing on the rocky islet.

ATTRACTIONS & HISTORICAL SITES

Balladoole Historic Monument Site

One of the Island's most impressive ancient monuments, excavation has revealed a number of significant finds including prehistoric flints, Bronze Age burials, Iron Age earthworks and early Christian lintel graves.

- All year round
- £ Free

Arbory, Castletown manxnationalheritage.im

Bradda Glen & Milner's Tower

Discover the tranquil beauty of Bradda Glen, offering spectacular views over the beautiful Port Erin Bay and the Calf of Man. Milner's Tower monument stands tall at the top of Bradda Head, dedicated to William Milner in grateful acknowledgement of his many charities to the poor of Port Erin and Manx fishermen.

- All year round
- £ Free

Bradda Head, Port Erin visitisleofman.com

Castle Rushen

Once home to the Kings and Lords of Mann and one of the best preserved medieval castles in Europe, explore its rooms and furnished chambers, hear stories from the past inhabitants and discover who shaped its future. A fully accessible ground floor with an immersive interactive 3D scan enables all visitors to virtually see the Castle at each level.

- Check website for opening times
- £ From £13

Castle Street, Castletown, IM9 1LD +44 (0) 1624 827413 manxnationalheritage.im

Cregneash

Cregneash Village is a living illustration of a farming and crofting community in the 19th and early 20th century. Step inside the Manx cottages to see how crofters lived through stories, skills and craft demonstrations. Take time to enjoy the changing seasons and natural history.

- Check website for opening times
- £ From £9

Howe Road, Cregneash, IM9 5PX +44 (0) 1624 834993 manxnationalheritage.im

Erin Arts Centre

The Centre is a non-profit making arts centre dedicated to presenting performing, vocal and visual art for the benefit of the Island community. Known for its ground-breaking music and opera programmes and its international competitions, the EAC is acknowledged to be one of the leading arts centres in the British Isles.

- All year round
- £ Check website for what's on listing and prices

Victoria Square, Port Erin, IM9 6LD +44 (0) 1624 835858 erinartscentre.com

Kirk Malew Church

In this tranquil church you will find beautiful stained glass windows, early religious artefacts and various pieces of art by local artists. Outside, Kirk Malew Church has one of the largest church yards in the Island which include the ancient Malew Celtic crosses, extensive family histories, and many memorials to famous Manx families.

All year round

£ Free

Crossag Road, Ballasalla, IM9 3EF +44 (0) 1624 822469 visitisleofman.com

Manx Aviation & Military Museum

Discover the amazing story of civil and military aviation in the Isle of Man and its people, both at home and in the armed forces in wartime. Packed full of exhibits ranging from a single button to a full-size aeroplane, the museum has something of interest for everybody.

- Daily during summer, weekends only during spring, autumn & winter
- £ Free

Ronaldsway Airport, Ballasalla, IM9 2AT +44 (0) 1624 829294 visitisleofman.com

MeavII Circle & MeavII Hill

The Meayll Circle is an unusual passage grave located on the side of Meayll Hill, from where most of the south of the Island can be seen. Passage graves are a type of chambered tomb built more than 4,000 years ago. Elsewhere on Meayll Hill are the remains of a radar station used during World War II.

• All year round

£ Free

Near Cregneash Village, Howe Road, Cregneash, IM9 5PX manxnationalheritage.im

Murray's Motorcycle Museum

Murray's Motorcycle Museum represents years of motoracing history with collections covering machines from the late 1800's through to modern times. A small but packed museum of treasured machines and memorabilia. A must visit pit stop for TT and classic motorcycle enthusiasts.

Mon - Sun, 9am - 5pm £ From £5

Santon Villa, New Castletown Road, Santon, IM4 1EN +44 (0) 7624 478162 murraysmotorcycles.weebly.com

Nautical Museum

Uncover the story of the inventive George Ouavle and his most significant surviving creation The Peggy, the earliest known example of a British armed vacht. Hear about the work the Nautical Museum are doing to conserve The Peggy to ensure she survives her third century.

- Check website for tour times £ From £9

Bridge Street, Castletown, IM9 1AX +44 (0) 1624 824186

manxnationalheritage.im

Old Grammar School

Built around 1200AD as the first church for the settlement that grew up around Castle Rushen. It later became a school for boys and is still depicted as this to this day. It is the oldest roofed structure still standing on the Isle of Man today.

- Check website for tour times
- £ From £5

Castletown, IM9 1LE +44 (0) 1624 648000 manxnationalheritage.im

The Old House of Keys

In the ancient capital of Mann, you will find the former home of the Manx Parliament (Tynwald). Be greeted by the secretary of the former home, take your seat in the finely restored debating chamber for a theatrical debate on setting the Island laws and see how democracy developed early.

• Check website for tour times

£ From £8

Parliament Square, Castletown, IM9 1LA +44 (0) 1624 822306 manxnationalheritage.im

Port Erin Railway Museum

Located on the platform of the most southerly stop on the Steam Railway. The museum is home to a fine collection of locomotives, rolling stock, memorabilia, posters and interpretive displays. You'll also find the royal carriages which carried The Queen and Queen Mother in 1963 and Queen Elizabeth II in 1972.

- 9.30am 5pm when Steam Railway operates
- £ From £1

Station Road, Port Erin, IM9 6AE visitisleofman.com

Rushen Abbev

Almost 900 years ago, King Olaf I gave land for an abbey and so became the wonder that is Rushen Abbey. The medieval ruins and gardens have the power to enchant - for a more active visit, follow the family friendly 'Monky Business'.

- Check website for opening times
- £ From £4

Mill Road, Ballasalla, IM9 3DB +44 (0) 1624 823048 manxnationalheritage.im

Rushen Heritage Centre

An information and visitor centre with a rolling programme of exhibitions that focus and celebrate the heritage of the area. They also promote the history and attractions of the Island's 'beautiful south', and sells books and gifts.

- Check website for opening times
- £ Free

1 Bridson St. Port Erin IM9 6LN +44 (0) 7624 464634 rushenheritage.org

Scarlett Nature Discovery Centre & Nature Trail

Displaying maps, diagrams and data, the Centre introduces the complex geology and fossil remains of the Scarlett Peninsula. A short film shows off the area's rich coastal flora and bird life. A trail around the coastline explores these features on the ground, specifically the limestone pavements and volcanic rocks such as the Stack.

- Visitor centre open May Sep, check website for opening times
- f Free

Scarlett Point, Castletown, IM9 1TB +44 (0) 1624 844432 mwt.im

St Marks Country Park

There is something to see for people of all ages at St Marks Country Park. They have the largest selection of rare breed sheep and hens on the Island. along with Manx cats, Loaghtan sheep and much more.

- Check website for opening times
- £ From £4

Cordeman Farm, St Marks, IM9 3AJ +44 (0) 7624 250742 stmarkscountrypark.co.uk

ACTIVITIES & TOURS

7th Wave

Whether you want to discover sailing, learn powerboating, understand navigation or just enjoy a paddle around the bay, 7th Wave are here to help you discover our amazing emerald waters.

- Check website for opening times
- £ From £15

Strand Road, Port Erin, IM9 6HF +44 (0) 1624 836366 7th-wave-iom.com

Castletown Golf Links

Entirely surrounded by the sea on all three sides with vistas as far as the eve can see from every hole. and set within the beautiful Langness Peninsula, Castletown Golf Links provides a championship seaside links golf experience that will refresh the senses in a way that few other locations can.

- All year round check website for opening times
- £ Check website for prices

Fort Island Road, Derbyhaven, Castletown, IM9 1UA +44 (0) 1624 822211 castletowngolflinks.com

Craftworks Studio

Craftworks is a paint-vour-own pottery studio. With an extensive range of bisque to choose from, all of the equipment and expert advice is supplied to make your painting experience a happy one.

- All year round
- £ Check website for prices

Qualtrough's Yard, Hope Street, Castletown, IM9 1AN +44 (0) 1624 823244 craftworks-studio.co.uk

Erin Bike Hut

A friendly, independent cycle hire shop in Port Erin, on the south coast of the beautiful Isle of Man. When it comes to cycling in their neighbourhood they know what's what.

- Mon Sat: 9am 5pm
- £ Check website for prices

The Showroom, Station Road, Port Erin, IM9 6AE +44 (0) 1624 835484 erinbikehut.im

Gemini Charter

A 35 foot catamaran which makes it an excellent platform for fishing and wildlife trips. In their 20 years of taking wildlife trips, the experienced team have seen basking sharks, dolphins, minke whales and birds.

- All year round weather dependent
- € From £20

Port St Mary Breakwater +44 (0) 1624 832761/7624 483328 geminicharter.co.uk

Grenaby Estates Equestrian Centre

Catering for all levels of ability including novice, intermediate, disabled and experienced, the team at Grenaby are passionate about horses and riding and will work with you to ensure you get the most out of your time with them.

- All year round
- £ Check website for prices

Grenaby Mooar, Castletown, IM93BD +44 (0)1624 829565

Port St Mary Boat **Excursions**

grenabyestates.com

With over 40 years' experience and trips running all year round, Port St Mary Boat Excursions provides the perfect opportunity to see the Island from a new perspective.

- All year round weather dependent
- £ From £20

1 High Street, Port St Mary, IM9 5DP +44 (0) 7624 490615 visitisleofman.com

Port St Mary Golf Course

Designed by Open Champion George Duncan, this 9-hole course offers spectacular panoramic views over Perwick Bay, Port St Mary and Bay Ny Carrickey.

- All year round
- £ Check website for prices

Kallow Point Road, Port St Mary, IM9 5EJ +44 (0) 7624 462635 visitisleofman.com

Pulsom Park

This large enclosed play area is suitable for both toddlers and older children. A skate park features ramps, grind rails and a track made from earth. A small zip wire sits adjacent on the river side, and is accessible for children of all ages.

- All year round
- £ Free

Off Victoria Road, Castletown visitisleofman.com

Rowany Golf Course

This course offers both relaxed and challenging pars with exceptional views of the countryside and coastline of Port Erin, A relatively gentle opening couple of holes allows you to accustom yourself to the course and to enjoy the fabulous views. Then the test begins as the terrain begins to bite, and the holes start to get more challenging!

• All year round • From £20

Rowany Drive, Port Erin, IM9 6LN +44 (0) 1624 834108 rowanygolfclub.im

Shona Boat Trips

These trips offer the ability to see the Calf of Man, mine workings and lighthouses as well as birds, seals and possibly basking sharks, dolphins and porpoises.

• May - Oct, weather dependent • From £10

Raglan Pier, Old Breakwater Road, Port Erin, IM9 6JA +44 (0) 7624 322765 shonaboattrips.wixsite.com

Soaral

Create your very own Manx candle under expert guidance. Your skills will be put to the test whilst the team at Soaral share hints and tips on how to find and create your perfect fragrance. Your bespoke scented soy wax candle is then yours to take home with you!

● Mon – Sat, 10am – 5:30pm € Check website for prices

36 Church Road, Port Erin IM9 6AQ +44 (0) 1624 838175

+44 (0) 1624 838175 soaral.im

The Matrix Arena

Looking for something indoors that's original, cutting edge, unique, fun, as physical as you like, and definitely a little different? Come and experience a depth of immersion like never before in our 100-square meter, totally free roam virtual reality gaming arena.

- Check website for opening timesCheck website for prices
- Linit a Doutson Balthana

Unit 3, Portway, Balthane Industrial Estate, Ballasalla +44 (0) 7624 334676 facebook.com/thematrixarenaiom

Triskelion Polo Club

No riding experience required! Triskelion Polo Club welcomes everyone. The ponies are experienced professionals and will help educate novice riders. They are equipped to provide lessons for those who have never ridden before and coach them through to becoming confident players.

• All year round • From £55

Grenaby Mooar, Malew, IM9 3BD +44 (0) 7624 272547 triskelionpolo.club

SCENIC HIGHLIGHTS

Castletown Beach

The horseshoe-shaped bay of Castletown offers sandy stretches and pebbly coves. The beach is a favourite among watersport fanatics, offering perfect windsurfing conditions. It is also a great spot for walking, adored by locals and visitors alike.

• All year round

£ Free

Shore Road, Castletown visitisleofman.com

Colby Glen

A narrow and wild glen with plenty of beauty to enjoy, including waterfalls. Note the paths are narrow dirt tracks and not very easy to walk along in places. There is a grassy area at one end of the glen for picnics and games.

• All year round

£ Free

Colby visitisleofman.com

Cringle Reservoir

This reservoir offers fly and spin fishing with high quality stocked rainbow trout from 2lb upwards into double figures, along with the occasional wild brown trout. It is stocked between March and October on a regular basis and an Isle of Man Government Reservoir Licence is required to fish here.

• All year round • Free

Corlea Road, Ballasalla, IM9 3BA visitisleofman.com

Derbyhaven Beach

This cove is protected by a breakwater and is highly favoured by windsurfers, kayakers, paddleboarders, scuba divers and leisure sailors. Dolphins and porpoises can occasionally be seen around the bay.

• All year round

£ Free

Derbyhaven visitisleofman.com

Gansev Beach

This sandy beach is an excellent low water location for windsurfing, best in East, SE, South and SW winds. The beach is also popular with surfers, kayakers and paddleboarders. Two hours before/after high tide gives the best break.

• All year round

£ Free

Bay ny Carrickey, Port St Mary visitisleofman.com

Garey ny Cloie Gardens

Garey ny Cloie is a beautiful woodland garden with a huge variety of exotic tree species. In springtime, the shrub borders of Azalea, Dwarf Rhododendron and Camellia add colour to the collection of Japanese flowering cherries. • All year round

£ Free

Croit-E-Caley, Colby, IM9 4AP visitisleofman.com

Marine Scenes

One of six viewing sites the Manx Wildlife Trust has around the Island's coastline, providing a great opportunity to see and learn more about our coastal and marine life. Detailed information panels show images of species you are likely to see, such as seals, dolphins, basking sharks and birds.

• All year round

£ Free

Kallow Point Road, Port St Mary, IM9 5EJ mwt.im

Marine Scenes

One of six viewing sites the Manx Wildlife Trust has around the Island's coastline, providing a great opportunity to see and learn more about our coastal and marine life. Detailed information panels show images of species you are likely to see, such as seals, dolphins, basking sharks and birds.

• All year round

£ Free

Old Grammar School, Castletown, IM9 1LE mwt.im

Port Erin Beach

This soft, golden sand beach is a firm family favourite. It sits in a sheltered bay bordered by the tall cliffs of Bradda Head and offers stunning sunsets and views to the Irish coast. It's also a great base for walks: north to Bradda Head and Fleshwick Bay or south to the Calf of Man.

All year round

£ Free

Port Erin visitisleofman.com

Port St Mary (Chapel) Beach

A sandy, sheltered beach that has a small, but busy yacht harbour with fishing and sailing boats regularly coming and going.
The beach is a popular venue for open-water swimming. From here, you can take a stroll over the 'cat-walk' which leads to the inner and outer harbours.

All year round

£ Free

Port St Mary Village visitisleofman.com

Silverdale Glen

An extremely popular rendezvous for all the family with a children's playground, including a unique Victorian water-powered roundabout, boating lake and cafe. Near the glen is the 14th century Monk's Bridge and historic site of Rushen Abbey.

• All year round

£ Free

Silverdale Road, Ballasalla, IM9 3DT visitisleofman.com

The Sound & Calf of Man

At the Island's very southern tip is one of the most scenic places in the British Isles. Abundant with wildlife and natural wonders, this area is a hotspot for sunbathing seals. The area is also frequented by dolphins and basking sharks and the swirling tidal races are popular with adventurous kayakers.

• All year round

£ Free

Sound Road, The Sound, IM9 5PZ manxnationalheritage.im

WALKS

Section 2: Derbyhaven to Port St Mary

The coastal path follows the sea's edge from the airport, passing areas of historic battles, sandy bays and Fort Island. Continue on the path to Langness until you arrive in the heart of the Island's ancient capital. Continue along the exposed coast to arrive in the sheltered harbour of Port St Mary.

Start: Ronaldsway Flying Club Finish: Port St Mary Alfred Pier

Grading: Leisurely Distance: 12 miles

Section 3: Port St Mary to Port Erin

With cinematic views, pass sheer cliffs, historic villages and wonderful wildlife. This hike around the Island's southern coast is a favourite amongst walkers and possibly one of the best coastal walks in the British Isles.

Start: Alfred Pier Finish: Port Erin Bay Grading: Moderate Distance: 7 miles

Section 4: Port Erin to Niarbyl

This section of the Raad ny Foillan is particularly spectacular in the mid to late summer when the surrounding heather and gorse are in full bloom. Finish the walk at one of the Island's most stunning beaches, Niarbyl.

Start: Port Erin Bay Finish: Niarbyl Bay Café Grading: Strenuous Distance: 9.5 miles

Railway Ramble: Ballasalla, Castletown, Derbyhaven, Port Grenaugh

A spectacular walk through towns, along rivers, coastline and beaches, with castles and museums on the way. Make a day of it, take a picnic and just enjoy the beauty that surrounds you.

Start: Ballasalla Station Finish: Castletown Harbour Grading: Moderate Distance: 10 miles

visitisleofman.com

Railway Ramble: Ballasalla, Rushen Abbey, Silverdale Glen, Grenaby

Ramble through Silverdale Glen beside the river, through quiet lanes whilst taking in the history of Rushen Abbey and the beauty of the open farmland.

Start & Finish: Ballasalla Station Grading: Leisurely Distance: 7 miles

visitisleofman.com

Railway Ramble: Castletown, Derbyhaven, Langness, St. Michael's Isle

A stunning coastal walk to Langness Peninsular, with a historic fort and keeill thrown in for interest. A paradise for marine and bird enthusiasts.

Start & Finish: Castletown Station Grading: Leisurely Distance: 7.2 miles

visitisleofman.com

Railway Ramble: Castletown, Scarlett, Pooil Vaaish

Through Castletown and along the coastline, see the geology of Scarlett and the Black Marble Quarry then back through open farmland. On your walk you'll

pass the Scarlett Visitor Centre, a volcanic plug (The Stack) and a Viking ship burial at Balladoole.

Start & Finish: Castletown Station Grading: Leisurely Distance: 6 miles

visitisleofman.com

Railway Ramble: Colby Station, Colby Glen, Cronke-Dhooney, Colby Halt

Colby Glen offers the perfect opportunity to discover and explore the wild beauty of the Island. The walk leads you onto one of the many footpaths present within the glen, offering pleasant stream side walks, as well as footpaths through the countryside.

Start: Colby Station Finish: Colby Halt Grading: Leisurely Distance: 3.5 miles

visitisleofman.com

Railway Ramble: Port St Mary, The Sound, Port Erin

Take a steam train ride to Port St Mary to join the spectacular section of the Raad ny Foillan to Port Erin. This outstanding coastline boasts a varied selection of marine and bird life. Don't forget your binoculars.

Start: Port St Mary Station Finish: Port Erin Station Grading: Moderate Distance: 7.5 miles

visitisleofman.com

Railway Ramble: Port Erin, Bradda Glen, Bradda Head, Fleshwick Bay

Incorporating a section of the Raad ny Follian, the stunning views from Milner's Tower along the coastline are worth the climb. The path zig-zags steeply to the remote and pebbly Fleshwick Bay.

Start & Finish: Port Erin Station

Grading: Moderate Distance: 4.6 miles visitisleofman.com

Railway Ramble: Port Erin, Bradda Glen, Bradda Head, The Sloc

Providing spectacular scenery, this challenging coastal walk is well worth the effort. Following the Raad ny Follian from Port Erin Bay you'll be rewarded with views as the footpath climbs up to Bradda Head and Milner's Tower.

Start & Finish: Port Erin Station Grading: Strenuous Distance: 8.7 miles

visitisleofman.com

Silverdale Glen & Castletown Stroll

A short and leisurely riverside walk for all ages, ideal for children to discover the joys of walking with play stops and family friendly attractions along the way. Sample the delights of Silverdale Glen with its water-powered Victorian Carousel, playground and boating lake.

Start & Finish: Silverdale Glen Car Park

Grading: Leisurely Distance: 2.6 miles

visitisleofman.com

The Viking of Balladoole

Set off on your adventure and become a real explorer, discovering the eruptive past of Scarlett Point and the intriguing Viking Burial at Balladoole. Follow the child-friendly trail map to discover fascinating facts and enjoy a handful of interactive activities.

Start: Scarlett Visitor Centre Finish: Balladoole Historic Monument Site Grading: Leisurely

visitisleofman.com

See page 10/11 for guided walks and tours

FOOD & DRINK EXPERIENCES

Angelica Belle

Enjoy Chef Andrea's cookery demonstrations and experiences from her gorgeous Fisherman's Cottage Kitchen in Port St. Mary. There are different courses to choose from or they can make it bespoke for you.

All year round

£ Check website for prices

Cliftonville Cottage, Fistard Road, Port St Mary, IM9 5PQ +44 (0) 7775 7880467 angelicabelle.co.uk

Colby Farmers Market

The markets are organised by Isle of Farmers' Markets who wish to promote the growing, making and selling of Manx food and products. These markets are not only an essential source of food for the local community, they are also a vital focal point for meeting and socialising.

• 3rd Sunday each month, 11am - 2pm

Colby Football Club, Station Fields, Main Road, Colby Glen Rd, Colby, IM9 4LR welshcobs.info

Foraging Vintners

Using home-grown produce and eco-friendly methods to make their own sparkling wines, Foraging Vintners is a craft winery offering wine tours and tastings for groups of between 4 and 25 people. Learn how Rhunessa, the winery's popular rhubarb wine, is made and pick up a bottle to take home with you.

On request
On request

The Old Coal Shed, The Breakwater, Port Erin, IM9 6JA

+44 (0) 7624 234769 foragingvintners.com

CYCLE ROUTES

Castletown Cycle Route

This relaxing ride covers some of the gentler slopes of the Island's south and is suitable for all age groups and levels of fitness.

Start: Castletown Station Finish: Castletown Market Square Grading: Green - Easy Distance: 13 - 21 miles

visitisleofman.com

Port Erin Cycle Route

This route introduces you to the magnificent coastal scenery of the Island's south-west, culminating in an optional ride down to The Sound, with its views over to the Calf of Man.

Start & Finish: Port Erin Railway Station Grading: Blue - Moderate Distance: 14 - 21 miles

visitisleofman.com

Southern Comfort

This mountain biking loop provides an exhilarating taste of the Island's southern landscape. The route starts and finishes in the quiet village of Colby between the Spar and the Colby Glen Hotel.

Start & Finish: Colby Glen Hotel Grading: Red - Difficult Distance: 15 miles

visitisleofman.com

SHOPPING

Grenaby Studios

In the south of the beautiful Isle of Man, Grenaby Studios form a creative hub for several artists producing unique artwork and bespoke handmade items.

• Check website for opening times

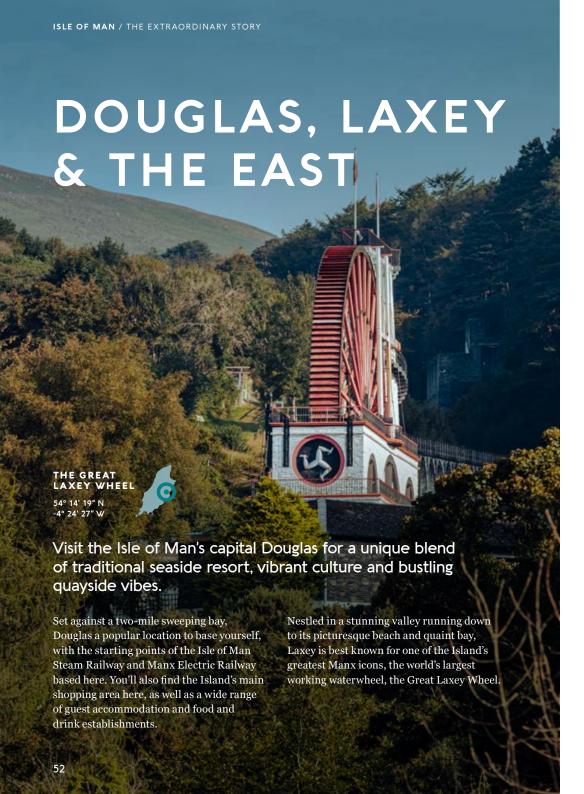
Grenaby Rd, Ballabeg, IM9 4HD grenabystudios.wordpress.com

Port Erin High Street

The main shopping area in Port Erin begins opposite the Steam Railway Station and runs around the loop of Station Road and Church Road. The area contains mostly local shops, cafes and beauty outlets.

 Shopping hours Mon - Sat, 9am - 5:30pm, closing early on Sundays

Station Road, Port Erin visitisleofman.com



ATTRACTIONS & HISTORICAL SITES

Douglas Bay Horse Tramway

This is one of the last surviving horse tramways in the world and has been in existence on the Island since 1876. They were first introduced to take advantage of the booming tourist trade and to this day still carry tourists, and locals, along the promenade in the summer.

- Check website for prices
- £ Check website prices

Strathallan Crescent, Douglas, IM1 4NR +44 (0) 1624 662525 rail.im

Douglas Bay Horse Tram Stables

A small exhibition and gift shop can be found on the site of the stables in what is known as the 'little stable'. This room houses five original wooden stalls with its cobbled stable floor and wooded hay racks really embracing the history of the building and what it was like some years ago.

- Email hireme@gov.im for opening times
- £ Free

Strathallan Crescent, Douglas, IM1 4NR +44 (0) 1624 662525 rail.im

Gaiety Theatre Guided Tours

Steeped in history and tradition, the Gaiety Theatre is one of the finest remaining examples of work from the legendary architect, Frank Matcham. The tour gives a unique opportunity to see the theatre's working attributes, decor and machinery in all its glory.

- O Apr Sep
- £ From £5

Harris Promenade, Douglas, IM1 2HH +44 (0) 1624 694500 villagaiety.com

Great Laxey Mine Railway

Passengers travel in a tiny carriage, hauled by a replica of one of the original steam engines, through the Island's only railway tunnel and along the line which once carried wagons loaded with metal ores.

- Mar Sep, check website for opening times
- £ Check website for prices

Laxey Valley Gardens, Laxey, IM4 7NH +44 (0) 1624 862007 laxeyminerailway.im

Great Laxey Wheel

This feat of Victorian engineering and ingenuity is the largest surviving waterwheel of its kind in the world. The Lady Isabella, as she is also known, served the mine for 70 years. Beyond the wheel, explore the mine and the trail to the mine ruins to learn more about the lives of the Laxey miners.

- Check website for opening times
- £ From £13

Wheel Hill, Laxey, IM4 7NL +44 (0) 1624 861136 manxnationalheritage.im

Great Union Camera Obscura

This Victorian curiosity has entertained visitors for hundreds of years – offering a unique way to see the surrounding area and an opportunity to spy on fellow tourists. The masterpiece works by using a series of mirrors and lenses which are located around the roof line above a darkened room.

- May Sep, check website for opening times
- £ From £2

Douglas Head, Douglas, IM1 5BY +44 (0) 1624 621733 visitisleofman.com

Groudle Glen Railway

A Victorian tourist attraction restored and run entirely by volunteers, the short line runs through the pretty glen and out around Groudle headland to the Sea Lion Rocks Tearooms and Visitor Centre. Step outside to see remains of the cliff top zoo where back in Victorian times visitors flocked to see Sea Lions and Polar Bears.

- Apr Sep, check website for opening times
- £ From £1.50

Groudle Glen, Onchan, IM3 4EA +44 (0) 1624 670453 ggr.org.uk

Hodgson Loom Art Gallery

Situated in the old Loomery, this lovely space was provided by the current owner of the mill as an arena in which Manx artists, of all genres, could showcase their talents.

- Mon Sat, 10am 5pm
- $\mathbf{\pounds}$ Free

Laxey Woollen Mills, Glen Road, Laxey, IM4 7AR +44 (0) 1624 861395 laxeywoollenmills.com

Home of Rest for Old Horses

Set in 90 acres of countryside, the home is a tranquil sanctuary for elderly horses, including retired trammers from the Douglas Horse Trams, as well as over 60 ponies and donkeys. They will come right up to the fence so you can easily stroke and feed them.

- Check website for opening times
- £ Free donations welcome

Richmond Hill, Douglas, IM4 1JH +44 (0) 1624 674594 iomhorseshome.im

Inside Tynwald

The Island's parliament, Tynwald, is the oldest continuous parliament in the world and continues to debate and pass the Island's laws today. Tours of the buildings take you behind the scenes and shows you how the Manx Government operates.

- Scheduled tours, check website for details
- £ Free

Legislative Buildings, Finch Road, Douglas, IM1 3PW +44 1624 685520 tynwald.org.im

Isle of Man Steam Railway

Dating back to 1873, this three foot narrow gauge railway still uses its original locomotive and carriages and runs through the Island's charming countryside between the capital, Douglas and a range of destinations in the south.

- Check website for opening times
- £ Check website for prices

Banks Circus, Douglas, IM1 5PT +44 (0) 1624 662525 rail.im

King Orry's Grave

King Orry's Grave is actually two 4,000-year-old communal burial monuments separated by a modern road – follow the signs to reach the one behind the cottage. Folklore has connected this and several other sites around the Island with 'King Orry', a mythical figure based on several Viking Age kings who lived around 1,000 years ago named Godred.

• All year round **£** Free

Ballaragh Road, Laxey, IM4 7PE visitisleofman.com

Manx Electric Railway

This unique Victorian enterprise is the only electric mountain railway in the British Isles. Start your journey on the Manx Electric Railway from Douglas or Ramsey to the pretty village of Laxey on the east coast - then board the Mountain Railway winding its way to Snaefell's summit where breathtaking views await.

- Check website for opening times
- £ Check website for prices

Derby Castle, Douglas, IM2 4NR +44 (0) 1624 662525 rail.im

Manx Electric Railway Museum

A dedicated museum has been created where you can learn more about the history of this pioneering railway. Home to a collection of railway artefacts and memorabilia. Items of rolling stock are displayed in the yard, providing excellent photo opportunities.

- Check website for opening times
- £ Check website for prices

Derby Castle, Douglas, IM2 4NR +44 (0) 1624 662525 rail.im

Manx Museum

The museum is bursting with artefacts and treasures unique to the Isle of Man and the National Art Gallery. From the wonders of our natural world to road racing legends, there is something for everyone as you begin your journey through the Island's vibrant history and its unique collections. The gallery houses works by a number of significant Manx artists, including Archibald Knox, William Hoggatt and John Miller Nicholson.

• All year round

£ Free

Kingswood Grove, Douglas, IM1 3LY +44 (0) 1624 648000 manxnationalheritage.im

Snaefell Mountain Railway

The Snaefell Mountain Railway takes you on a journey winding high up into the Manx hills to the Island's highest summit, Snaefell. Along the journey, unrivalled views of Laxey Valley and the Great Laxey Wheel can be seen from the railway.

- Check website for opening times
- £ Check website for prices

Laxey Station, Laxey, IM4 7NY +44 (0) 1624 662525 visitisleofman.com

St Thomas' Church

Inside the church are the outstanding artistic murals painted by the renowned local artist John Miller Nicholson - they are well worth a visit to be truly appreciated. Other notable features are the war memorial designed by Archibald Knox,

several beautiful stained glass windows, the bell and clock tower.

- Check websites for opening times
- £ Free

Finch Road, Douglas, IM1 2PL +44 (0) 1624 677711 stthomaschurch.im

Tower of Refuge

Known as St. Mary's Isle, the tower is a small structure erected upon a partially submerged reef, originally for the purpose of offering shelter to shipwreck victims until help could arrive. It came into being after RNLI founder William Hillary petitioned for a sanctuary to be built on St Mary's Isle.

Douglas Bay

Villa Marina & Gaiety Theatre

Featuring the breathtaking Gaiety
Theatre which offers regular
tours, the Arcade, an intimate
concert hall with the Mighty
Wurlitzer which is host to summer
concert seasons and the Villa
Marina. The Villa consists of a
cinema, children's area and public
gardens. The centrepiece of the
Villa Marina is the spectacular
Royal Hall which hosts some of
the biggest names in music
and comedy.

- All year round
- £ Check website for full price list for shows

Harris Promenade, Douglas, IM1 2HH +44 (0) 1624 600555 villagaiety.com

ACTIVITIES & TOURS

Broadway Cinema

The 154-seater cinema offers a lively mix of the latest blockbusters, family viewing, lower-key releases and old classics across matinee and evening screenings seven days a week.

- All year round
- £ Check website for prices

Villa Marina, Harris Promenade, Douglas, IM1 2HH +44 (0) 1624 600555 villagaiety.com

Comis at Mount Murray Golf Course

This course skilfully incorporates the natural features of the Manx countryside with streams and lakes to provide an enjoyable round for golfers of all standards. Measuring 6,356 yards off the Championship tees, the course is made up of six par 3s, seven par 4s and five par 5s.

- All year round
- £ Check website for prices

Mount Murray Road, Santon, IM4 2HT +44 (o) 1624 695330 mountmurraygolfclub.com

Douglas Golf Club

Situated a short drive from Douglas Town Centre, this course offers tranquillity and stunning views to enjoy a perfect game of golf. Designed by Dr Alexander Alistair Mackenzie, it's a superbly varied course, offering some challenging greens.

- Check website for opening times
- £ From £11.50

Pulrose Road, Douglas, IM2 1AE +44 (0) 1624 616865 douglasgolfclub.im

Dragon's Castle

Offering a perfect place for your young explorers to have fun in a safe and friendly environment. There is plenty for the kids to enjoy, including slides, tunnels, ball pools, wall puzzles, soft play, obstacles, swinging ropes and bridges.

- All year round
- £ From £3

Villa Marina, Harris Promenade, Douglas, IM1 2HH +44 (0) 1624 600555 villagaiety.com

Exit Strategy

A live interactive game which gives you the opportunity to enjoy a memorable experience with your friends. You will find yourselves locked into a themed room for 60 minutes. To escape you must solve a series of clues and puzzles before the time runs out.

- All year round
- £ From £22

Peel Road, Douglas, IM1 5EW +44 (0) 7624 323043 exitstrategy.im

Hot Rocks Climbing Wall

Complete beginners, seasoned outdoor climbers, bouldering geniuses or anything in between, visit Hot Rocks Climbing Wall - the ultimate venue for climbing fun and development. With over 2,000 square feet of climbing wall, routes are regularly changed to keep you occupied whatever your level.

- All year round
- £ From £7.50

4B Middle River Industrial Estate, Douglas, IM2 1AL +44 (0) 1624 627728 hotrocksclimbing.co.uk

55

iGolf

The iGolf indoor golf centre features a Protee golf simulator with access to some of the world's finest golf courses. The Protee simulator enables you to play any course or any combination of holes.

• All year round

£ From £15

Unit 2A, Riverside Trading estate, Pulrose Bridge, Douglas, IM2 1AB +44 (0)7624 292926 igolf.im

King Edward Bay Golf Course

A round of golf at King Edward Bay will be a memorable one. First designed by Tom Morris in 1893, the course is superbly maintained and affords some of the best views on the Island.

• All year round • From £15

Groudle Road, Onchan, IM3 2JR +44 (0) 1624 672709 kingedwardbay.co.uk

Mad Jack's Axe Throwing

The team at Mad Jack's is made up of axe throwing coaches who will teach you everything you need to know. They will demonstrate multiple techniques before you begin to throw like a Norse God yourself. They also have some great arcade machines and retro games consoles to entertain you around the venue.

• All year round • From £27.50

South Quay, Douglas, IM1 5AT +44 (0) 7624 327003 mad-jacks.im

Manx Fun Farm

A multi-use premise equipped with all you need for a family day out. Choose from a soft play area, laserblast, bowling and a roller-skating rink. Mon - Sat, check website for opening times

£ From £5

Whitebridge Road, Onchan, IM2 6DA +44 (0) 1624 679399 manxfunfarm.com

National Sports Centre

The NSC offers an eight lane competition short course swimming pool and a leisure pool with flumes and water features. In addition, the sports centre offers two large sports halls, a Fitness Zone including gym and spa and outdoor athletics facility.

• All year round • Check website for prices

Groves Road, Douglas, IM2 1RB +44 (0) 1624 688588 msr.gov.im

Noble's Park

Noble's Park is a beautiful, well maintained park with plenty of activities and facilities to keep everyone entertained, from sports courts to a bowling green, splash zone, children's playground for tots and juniors plus a BMX track and skate park.

• All year round • Free

St Ninian's Road, Douglas, IM2 4BE visitisleofman.com

Onchan Pleasure Park

A popular leisure attraction for visitors and residents alike, this park has its own boating lake, crazy golf course and large play area. Youngsters will love the battery-operated kiddi-cars whilst the older kids will enjoy bumper boats or the go-karts.

- Check website for opening times
- £ Check website for prices

Onchan, IM3 1HU onchan.org.im

Palace Cinema

Enjoy watching the latest movies in the comfort of the Palace Cinema auditorium with state of the art digital projection and 3D facilities.

• All year round

£ From 7.50

Central Promenade, Douglas, IM2 4NA +44 (0) 1624 682773 palace-cinema.com

Stock Car Racing

Onchan Raceway is the home of stock car racing on the Isle of Man and now they offer go-kart racing running in the summer months.

Check website for opening times

£ Check website for prices

Onchan Raceway, Onchan Park, Onchan, IM3 1HU +44 (0) 7624 432232 onchanraceway.com

The Brewery Paintball Company

Suitable for a minimum of 12, teams are divided into two groups and will play against their opponents to gain points by eliminating the other team's players and grabbing their flags.

• Weekends, 9am - 4pm • From £30

New Castletown Road, Braddan +44 (0) 7624 495875 isleofmanpaintball.com

The Shred House Skatepark

The Island's only indoor skatepark. For beginners through to experienced riders, The Shred House caters for all. Scooters. skateboards, BMX, inline skates and roller skates. 1:1 coaching and regular coaching classes throughout the year are available.

 Tues - Sun, check website for opening times

£ From £5

Unit 3, Carrs Lane, Tromode, Douglas +44 (0) 1624 608526 theshredhouse.co.uk

SCENIC HIGHLIGHTS

Axnfell Forest

Axnfell is on the steep north facing slopes of Glen Roy. The car park at its entrance has an excellent picnic site overlooking Glen Roy and Baldhoon, and views stretch right up to Windy Corner on the TT course. It is also a registered Dark Skies Site.

• All year round

£ Free

Baldhoon, Laxey visitisleofman.com

Ballannette Country Park

This reserve includes a series of lakes and offers excellent views across to Laxey and Garwick Beach. It is also a registered Dark Skies Site with an interpretation board to ensure that visitors can enjoy the stunning stargazing opportunities on offer.

• All year round • Free

allamenagh Roa

Ballamenagh Road, Baldrine, IM4 6AJ visitisleofman.com

Clypse & Kerrowdhoo Reservoirs

Both reservoirs are traditional fly-fishing only waters and offer high quality stocked rainbow trout from 2lb onwards, along with the occasional wild brown trout. The reservoir is stocked between March and October on a regular basis and an IOM Government reservoir licence is required to fish here.

• All year round • Free

IM4 5BG visitisleofman.com

Conrhenny Community Woodland

Conrhenny is a great place for recreation with a good network of paths, a pond and far reaching views over Douglas. It features a number of way-marked mountain bike trails and its flat terrain is also popular amongst runners and horse riders.

All year round

£ Free

Begoade Road, Onchan, IM4 6AX visitisleofman.com

Garwick Beach

Derived from the Celtic for 'pleasant bay', this beach certainly lives up to its name. Complete with clear waters and green trees overhanging the beach, this secluded cove has a distinctly tropical feel and is the perfect place to enjoy some solitude as you admire the perfect views.

• All year round • Free

Baldrine visitisleofman.com

Groudle Glen

This glen is of a deep, and in places, rocky nature, with a lively bubbling stream running through its length. Excellent specimens of beech grow in the upper section whilst lower down pines and larch are more abundant. A small water wheel is situated in the lower glen.

All year round

£ Free

Onchan, IM3 4EA visitisleofman.com

Laxey Beach

Laxey Beach is a pebble and sand beach, which gets progressively sandier the closer you go to the low-water mark. The beach sits in the picturesque Laxey Bay and is bordered by cliffs to the south and by the harbour breakwater to the north

All year round

£ Free

Laxey, IM4 7DF visitisleofman.com

Laxey Glen

A favourite among tourists and locals alike, it is a popular spot for families of all ages with its playground and grassed paddocks. The glens appearance, rich in mature exotic trees and natural woodland, differs significantly from the 1800 when a planting programme initially began.

All year round

£ Free

Laxey visitisleofman.com

Laxey River

The source of the Laxey River is located on Snaefell, the Island's highest peak. It rushes down the side of the mountain, eventually spilling into Laxey Harbour. Each season during the autumn months, salmon make their way up the river.

• All year round

£ Free

Laxey, IM4 7BE

Marine Scenes

See the Island's stunning coastline and learn about extraordinary wildlife. The viewing point includes detailed information showing images of the different species you may encounter. Binoculars are also available which will provide you with the opportunity to have a better view.

• All year round • Free

Marine Drive, Douglas Head, Douglas mwt.im

Port Grenaugh Beach

The beach is a secluded little cove with a mixture of sand, shingle and rocks, and the cove is flanked on either side by cliffs backed with grassland, shrubs and gentle rolling hills

• All year round • Free

Port Grenaugh visitisleofman.com

Port Soderick Glen

Port Soderick is situated four miles south of Douglas in rolling countryside close to the Old Castletown Road. Whilst not as rugged as some other glens, it is very sheltered and incorporates a flowering meadow at its centre.

• All year round • Free

Douglas visitisleofman.com

Snaefell Mountain

Snaefell is the highest mountain on the Isle of Man at 2,036 feet above sea level. On a clear day seven kingdoms can be seen from the top of Snaefell: Isle of Man, England, Ireland, Scotland, Wales, the Sea and Heaven. The Snaefell Mountain Railway operates to the summit from Laxey during the summer months.

• All year round • Free

visitisleofman.com

Summerhill Glen

This is a popular beauty spot filled with streams and footpaths to explore and a vast array of flora and fauna. The glen also now features a new seasonal dramatic lighting display.

• All year round • Free

Summerhill Road/Victoria Road, Douglas douglas.gov.im

WALKS

Laxey, Agneash and King Orry's Grave

Magnificent views of Snaefell and surrounding hills, the historic Great Laxey Wheel, the Viking King Orry's grave and the charming village of Laxey are all combined into one circular heautiful walk

Start & Finish: Laxey Station Grading: Moderate Distance: 4 miles

visitisleofman.com

Raad ny Foillan Section 1: Douglas to Derbyhaven

As you head south along the Island's picturesque coastline, you will be met with breathtaking scenery. You will pass many historical sites on your way towards the picturesque Derbyhaven Bay

Start: Douglas Millennium Bridge

Finish: Derbyhaven Grading: Moderate Distance: 12.5 miles visitisleofman.com

Railway Ramble: Baldrine, Axnfell, Glen Roy, Laxey

A varied walk incorporating quiet lane walking through the serene Manx countryside ending in the village of Laxey, home of the Great Laxey Wheel.

Start: Baldrine Halt Finish: Laxey Station Grading: Moderate Distance: 3.2 miles

visitisleofman.com

Railway Ramble: Glen Mona, Snaefell Mines, Laxey Valley, Agneash, Laxey Village

A steep but rewarding walk taking you across open moorland before descending to the disused Snaefell Mines. A pleasant track then takes you through the vallet running parallel with the Snaefell Mountain Railway as you descend into the charming village of Laxey.

Start: Strenuous Finish: Laxey Station Grading: Moderate Distance: 5.8 miles

visitisleofman.com

Railway Ramble: Laxey, Agneash, Snaefell, Sky Hill, Ramsey

This walk takes you to the highest point on the Island, Snaefell, across open moors via the Millennium Way to the north of the Island with spectacular views throughout.

Start: Laxey Station Finish: Ramsey Station Grading: Strenuous Distance: 12.5 miles

visitisleofman.com

Railway Ramble: Port Soderick Station, Port Soderick Glen, Marine Drive, Douglas Head

Discover some of the best coastal views the Island has to offer. Walk along the beach to the quiet pathway that hugs the clifftop. Take a glimpse into the Island's Victorian past by visiting the Great Union Camera Obscura en route.

Start: Port Soderick Station Finish: Douglas Harbour Grading: Leisurely Distance: 4.6 miles

visitisleofman.com

Section 12: Laxey to Douglas

Leaving Laxey Promenade take the steep climb to discover the isolated cove of Garwick Bay and the crosses at Lonan Church. Finish the day's walk taking in views of Douglas from Onchan Head and the intriguing history of Douglas - the end of the journey.

Start: Laxey Promenade Finish: Douglas Millennium Bridge Grading: Moderate Distance: 9.5 miles

Railway Ramble: Santon Station, Glen Grenaugh, Port Grenaugh, Santon Head

Hop off the Steam Train at Santon Station to take in the sights of a sandy hidden cove leading to a section of the Raad ny Foillan and a little hidden glen which blooms in spring.

Start & Finish: Santon Station Grading: Leisurely Distance: 6.8 miles

visitisleofman.com

CYCLE ROUTES

Conrhenny Community Woodland

Conrhenny is also a great place for recreation with a good network of paths, a pond and far reaching views over Douglas. Consisting of 58 hectares with a selection of various ability bike trails to follow.

Start & Finish: Conrhenny Grading: Dependant on trail

visitisleofman.com

Douglas Cycle Route

This demanding but rewarding route takes you out of the Island's capital and into the tranquil surrounding countryside. It's an ideal way to explore the idyllic glens and the coastal road of Marine Drive.

Start: Derby Castle Finish: South Quay Grading: Red - Difficult Distance: 27 miles

visitisleofman.com

Heritage Trail (Old Railway Line)

The old steam railway line from Douglas to Peel is a flat and easy walking or cycling route suitable for families and cyclists of all abilities.

• All year round • Free

New Castletown Road, Douglas, IM2 1HE

visitisleofman.com

Laxey Cycle Route

One of the shortest road cycle trails and also one of great scenic beauty, but the initial climb is not for the faint-hearted! The route has several steep ascents and descents into pretty river valleys.

Start & Finish: Laxey Railway Station

Grading: Red - Difficult Distance: 6 miles

visitisleofman.com

1. Raad Daawheeyl

This demanding but rewarding route takes you out of the Island's capital and into the tranquil surrounding countryside.

Start & Finish: Old Market Hall, Douglas Grade: Difficult/Strenuous

Distance: 91.3 miles

visitisleofman.com

2. Raad Daawheeyl

A ride along the scenic Marine Drive will reward you with breathtaking views as you make your way south towards the Island's former capital, Castletown.

Start & Finish: Old Market Hall, Douglas Grade: Difficult

Distance: 52.7 miles visitisleofman.com

3. Raad Daawheeyl

This route takes you out of the Island's capital and into Laxey and its beautiful surroundings.

Start & Finish: Old Market Hall, Douglas Grading: Moderate Distance: 30.3 miles

visitisleofman.com

FOOD & DRINK EXPERIENCES

Brambles Cookery School

A cookery school in beautiful Laxey offering a wide range of courses for all levels. If you're looking for a unique experience that will get your taste buds tingling, they have something for every palate.

- All year round
- £ Check website for courses

The Salmon Centre, Wheel Hill, Laxev, IM74NL +44 (0) 7624 479462 bramblescookeryschool.com

Dining Car Experiences

Pullman style fine dining while travelling though the beautiful Manx countryside - the perfect dining experience. Built in 1905 and lovingly restored to service in 2013, the dining car is one of only a handful of narrow gauge dining cars in the world. Offering a mouth-watering menu using the best of local Manx produce.

- Check website for experience dates
- £ From £32

Douglas Station, Bank Circus, Douglas, IM15PT +44 (0) 1624 697457 rail.im

Douglas Farmers Market

The markets are organised by Isle of Farmers' Markets who wish to promote the growing, making and selling of Manx food and products. These markets are not only an essential source of food for the local community, they are also a vital focal point for meeting and socialising.

O Apr - Nov, second Sat of each month, 10am - 4pm

Regent Street, Douglas, IM1 2EA visitisleofman.com

Douglas Guided Pub Walk

Discover the origins of some of the most popular pubs in Douglas and see how a modern working cellar operates. Discover the history of beer and find out what makes a quality pint and have a taste.

Apr - Sep, Tuesday only

£ £25

Alexander Drive, Douglas, IM23QF +44 (0) 1624 699493 visitisleofman.com

Douglas Quayside Pub Walk

Stroll along The Barbary Coast and visit some of the most popular pubs in Douglas. Get an insight into the origins of the pubs and their unique points of interest. Discover the history of beer and how the public house has evolved.

O Apr - Sep, Saturday only £ £25

Banks Circus, North Quay, Douglas, IM15AB +44 (0) 1624 699493 visitisleofman.com

Kiki Lounge

Kiki's, a tiki bar and tropical hideaway, serve cocktails, rum and good old fashioned fun. Get hands on behind the bar and master the tricks of the trade with an extra fancy cocktail masterclass experience. Hosted by your very own bartender, their two hour cocktail masterclasses are designed for the absolute novice.

- On request
- £ On request

42 Loch Promenade, Douglas, IM1 2LY +44 (0) 7624 324774 kikis.im

Okell's Brewery

This award-winning brewery has been producing fine ales, draughts and bottled beers for over 150 years. On a fun, informative tour around the brewery you will discover the many complex processes which go into the creation of their delicious beers.

- Wed evening, on request
- £ £10

Old Castletown Road, Kewaigue, IM2 10G +44 (0) 1624 699400 okells.co.uk

Onchan Farmers Market

The markets are organised by Isle of Farmers' Markets who wish to promote the growing, making and selling of Manx food and products. These markets are not only an essential source of food for the local community, they are also a vital focal point for meeting and socialising.

• All year round - first & third Fridays of the month. 11am - 4pm

Village Walk Shopping Precinct, Onchan welshcobs.info

Seven Kingdoms

Seven Kingdoms are a small distillery which specialises in ultra-smooth, delicate and balanced spirits. Gin tours and tastings in the distillery can be arranged by appointment.

- On request
- £ On request

Banks Circus, Douglas, IM15AF +44 (0) 7624 410981 7kd.im

The Wine Cellar

Join the welcoming team at the Wine Cellar for their informal wine tasting evenings where you will have the chance to sample wines from around the world.

- Check website for events
- £ Check website for prices

The Milestone, Peel Road, Douglas, IM1 5ED +44 (0) 1624 611793 thewinecellarim

SHOPPING

Bikestyle Ltd

Bikestyle strongly believe in having the opportunity to experience products first hand, at competitive prices, and endeavour to remain the established and trusted hub for cycling in the Isle of Man.

Mon-Sat, 9am - 5pm

Peveril Buildings, Peveril Square, Douglas bikestyle.im

Douglas High Street

Throughout the main shopping area in Douglas, which runs parallel to the Promenade, vou'll find many high street retailers alongside lots of smaller. independent shops. With a selection of excellent coffee shops, you'll find plenty of places to relax after a few hours of shopping.

 Mon - Sat: 9am - 5:30pm, closing early on Sundays

Strand Street, Douglas, IM1 2EN visitisleofman.com

Genesis Gallery

An exciting contemporary art gallery offering beautifully framed and signed limited edition and original artwork by collectable and

award winning artists such as Fabian Perez and Doug Hyde.

• Tues - Fri: 10am - 5pm, Sat: 12am - 4pm

39 Victoria Street, Douglas, IM12LF genesisgallery.im

Laxev and Lonan Heritage Visitor Information Centre and Gift Shop

Visitors to the shop will find a wealth of information including guidebooks, maps and leaflets which will help you make the most of your time on the Island. Friendly staff are on hand to help answer any questions you may have.

All year round

Mines Road, Laxey, IM4 7NH

Laxey Woollen Mills

Laxey Woollen Mills weave Laxey Manx Tartan and Manx Hunting Tartan travel rugs, which are unique to the Island, as are the Manx Loaghtan plaids . They ship all over the world, so if you can't fit it in your suitcase, they can post it to you.

U Tues - Sat: 10am - 5pm

Glen Road, Laxey, IM4 7AR +44 (0) 1624 861395 laxeywoollenmills.com

MostlyManx

At the MostlyManx shop in Douglas, customers can enjoy a refreshing return to 'traditional' shopping, with the emphasis on quality and a warm. personal service.

• Mon - Fri: 10am - 5pm Sun: 10am-4pm

25 Nelson Street, Douglas, IM12AN presenceofmann.com

The Manx Tartan Shop

The Manx Tartan Shop is dedicated to the two tartans associated with the Isle of Man. Most of their products are made using the tartan that has been woven at Laxey Woollen Mills.

Mon - Sat, 10am - 4:30pm

Laxev Woollen Mills, Glen Road, Laxev, IM4 7AR presenceofmann.com



Close to Peel you'll find the pretty village

of St John's which is home to a boutique

shopping centre and the iconic Tynwald Hill.

PEEL & THE WEST **FENELLA** BEACH 54° 13' 33" N -4° 41' 56" W Nicknamed 'Sunset City', Peel is famous for its stunning sunsets, sandy beach and its magnificent castle (and not to mention its ice cream parlour...) Peel is also home to the Island's only A popular tourist destination, the four-tiered Cathedral, several museums and restaurants hill is an important and fascinating landmark that specialise in some of the freshest local in Manx history. Further on the west coast produce on the Isle of Man. you'll find Niarbyl Bay, a stunning secluded area of coastland which is one of the Island's

most important geological sites.

ATTRACTIONS & HISTORICAL SITES

Artreach Studios

Artreach Studios offers a hands-on, art enrichment program for children and adults offering specialised art workshops, camps, online experiences and art retreats.

• All year round

£ Check website for prices

Unit 1, The Old Gasworks, Mill Road, Peel, IM5 1AX +44 (0)7624 415797 artreachiom.com

Cathedral Isle of Man

From the last three pieces of silver that Archibald Knox commissioned to unique murals by John Nicholson made from Caen stone, there are many intriguing treasures to discover at the Cathedral. Newly designed, the gardens follow the story of Christianity in Mann from the early 5th century to present day.

• All year round

£ Free

Derby Road, Peel, IM5 1HH +44 (0) 1624 844830 cathedral.im

Centre for WW1 Internment at Knockaloe

The centre tells the story of the Knockaloe Internment Camp, its guards and staff and over 23,000 German, Austro-Hungarian and Turkish civilian men who were held as internees behind its barbed wire between 1914 and 1919. The area was the site of the largest ever WW1 Internment Camp and was central to the British Government's Enemy Alien Policy.

 May - Sep, check website for opening times

£ Free

Patrick Old School Rooms, Patrick Corner, Patrick Village, IM5 3AL +44 (0) 1624 648477 knockaloe.im

Cooil Y Ree Gardens

The inspiration for this park was taken from the history of the Isle of Man, starting with the earliest cultures of the Celts and Vikings, then moving forward and looking to the future.

• All year round

£ Free

Glen Mooar Road, St John's, IM4 3BP

Corrin's Folly

Overlooking Peel stands a stone tower known as Corrin's Folly. This monument was built around 1806 by Thomas Corrin, who owned the hill. Next to the tower in a small outlined graveyard he laid to rest his wife and two children. Their graves are marked out with pillars of stone.

All year round

£ Free

Peel Hill, Peel visitisleofman.com

Culture Vannin Tynwald & Cultural Exhibition Centre

This exhibition centre is a great way for all ages to find out about just what makes the Isle of Man Manx. In the centre, you can look at old photos of St John's, find out about calendar customs, see how Tynwald works, and check out the lego model of Tynwald Day.

Check website for opening times

£ Free - donations welcome

Fairfield House, Main Road, St John's, IM4 3NA +44 (0) 1624 676169 culturevannin.im

Garey Ny Cloie Gardens

This narrow woodland garden follows the course of the Foxdale River with an assortment of broadleaved deciduous vegetation.

• All year round

£ Free

Foxdale Road, St Johns, IM4 3AS

House of Manannan

The legendary sea god Manannan will guide you through the Island's rich Celtic, Viking and maritime past, from its origins as the centre of the Kingdom of Mann and the Isles, through to the busy fishing ports of the 19th century and the beginnings of the Island's Steam Packet Company.

• All year round

£ From £13

Mill Road, Peel, IM5 1TA +44 (0) 1624 648090 manxnationalheritage.im

Knockaloe Beg Farm

Open to the public for specific events during the year. Lambing Live is during the two weeks of the Isle of Man school easter holidays - book early to avoid missing out.

On request

£ From £5

Patrick Road, Patrick, IM5 3AQ +44 (0) 7624 475330 knockaloebegfarm.com

Leece Museum

Founded in 1984, the museum displays a wonderful collection of objects, photographs and documents from Peel in days gone by, A permanent exhibition of TT and MGP winning racing machines, vintage, and off-road bikes are all housed in the Black Hole Prison Cell where wrongdoers were once incarcerated.

Open during school hours £ Free

The Old Courthouse, East Quay, Peel, IM5 1AR +44 (0) 1624 845366 visitisleofman.com

ManxSPCA

This dedicated animal charity works to promote animal welfare across the Island as well as rescuing and caring for domestic and wild animals whether they are injured, stray or simply unwanted. The charity rehomes more than 600 dogs, cats, rabbits and other pets every year.

- Check website for opening times
- £ Free donations welcome

Ard Jekyll, East Foxdale, IM4 3HL +44 (0) 1624 851672 manxspca.com

Manx Transport Heritage Museum

Visit this museum to see the original P50 micro car, designed and made in 1964 in Peel by Peel Engineering at a small factory just 300 yards away from the museum.

- Mar Sep, check website for opening times
- £ Free

Brickworks office, Mill Road, Peel, IM5 1TB +44 (0) 1624 842448 visitisleofman.com

Manx Whale & Dolphin Watch Visitor Centre

Discover the species of whale, dolphin and other large marine animals found in Manx waters. You can explore the young scientists area, with a collection of marine mammal skulls and educational activities. Find out about recent sightings, spotting tips and how to get involved.

Check website for opening times

£ Free

31 Michael Street, Peel, IM5 1HD +44 (0) 1624 610131 mwdw.net

Peel Centenary Centre

This volunteer-run centre excels as a community space and an entertainment venue. The main auditorium has seen a huge variety of acclaimed bands and musicians, particularly in the folk, jazz and country genres. The centre is also home to local movie club, Films in Peel.

- All year round
- £ Check website for full price list for shows

Athol Street, Peel, IM5 1HO +44 (0) 1624 845146 centenarycentre.com

Peel Castle

Standing on the rugged mass of St Patrick's Isle, Peel Castle is one of the Island's foremost historic sites. Constructed by the Vikings in the 11th century, you will find layer upon layer of Manx history to pique your interest within these ancient walls

- Check website for opening times
- £ From £9

West Quay, Peel, IM5 1TB +44 (0) 1624 648090 manxnationalheritage.im

St Luke's Church & Old Tynwald

Built on the site of an old keeil. St Luke's Church sits in the centre of the Manx countryside in the Baldwin Valley and is possibly the most isolated church on the Island. It is always open to those seeking refuge or a quiet space for contemplation.

All vear round

£ Free

Brandywell, Baldwin, IM4 5EZ visitisleofman.com

Tynwald Hill

Tynwald Hill is one of the Island's most distinctive landmarks and a signal of its independence as a self-governing crown dependency. Tynwald Hill plays host to an open air ceremony, established by Norse Viking settlers over a thousand years ago, of the Island's parliament, Tynwald, once a year.

All year round

£ Free

Main Road, St John's, IM4 3NA visitisleofman.com

Tynwald National Park & Arboretum

A perfect place to enjoy a picnic on a hot summers day or to get some fresh air and feed the ducks! Situated adjacent to Tynwald Hill, the 25-acre park is set in picturesque countryside where you'll find a wide range of ornamental and native tree species.

All year round

£ Free

Main Road, St John's visitisleofman.com

ACTIVITIES & TOURS

Ape Mann Adventure Park

Find your way through rope courses, crawl through sky barrels, take on the leap of faith, and whiz down long zip-lines. The park is suitable for both children and adults with plenty to do and includes one of Britain's highest monkey trees.

• All year round

£ From £12.50

South Barrule Plantation. Foxdale, IM4 3ES +44 07624 494252 apemann.info

Axe Throwing Isle of Man

Test out your skills with axe throwing deep within the beautiful South Barrule Plantation. In no time at all you will be throwing axes like a true Viking.

O Daily, 9am - 5pm

£ From £15

Watertrough Park, South Barrule Plantation, Foxdale +44 (0) 7624 234555 visitisleofman.com

Ballahimmin Riding & Pony Trekking Centre

Experience breathtaking views over land and sea from areas inaccessible by car as you take to the saddle of a wide selection of well schooled horses and ponies. All abilities are welcome and all treks are supervised by experienced guides.

All year round

£ From £40

Little London, Cronk Y Voddy, Kirk Michael, IM6 1BB +44 (0) 7624 482990 welshcobs.info/Ballahimmin

Casey J Fishing Trips

Fishing charter trips and coastal trips out of Peel that can take up to 12 passengers.

O Apr - Sep

£ From £30

Peel Breakwater +44 (0) 7624 300750 facebook.com/caseyjfishingtrips

Fishing

There are a good variety of angling opportunities around Peel Bay. If fishing from the beach itself, concentrate on the northern part.

Peel Bay visitisleofman.com

Gravity IOM

Operating from South Barrule plantation, these guided off-road electric scooter trails are great fun, providing an exhilarating and unique experience. Handling like a mountain bike, but ridden like a scooter, the electric scooters bring an effortless way to explore the plantations.

All year round

£ From £25

Barrule Road, Foxdale, IM43ES +44 (0) 7624 250450 gravity-iom.com

Laser Mayhem

Kitted out in full camouflaged combat clothing, face paint and with a state of the art military grade laser gun, you and your teammates are given a full mission brief and let loose to commence in a battle of wits. cunning and courage.

- Sat & Sun: 9:30am 4pm and all school holidays
- £ From £20

Watertrough Park, South Barrule Plantation, Foxdale

+44 (0) 7624 234555 laser-mayhem.com

Peel Golf Course

Offering a complete range of natural hazards from streams and turf banks, this course is extremely varied, with many holes having been cut through pine tree plantations. Peel Golf Club takes such pride in providing a friendly and enjoyable experience from the moment you arrive until you finish your scorecard.

All year round

£ From £18

Rheast Lane, Peel, IM5 1BG +44 (0) 1624 843456 peelgolfclub.com

Quad Bike Mania

This off road tour is a fantastic way for individuals, families and groups to enjoy some freedom and exhilarating adventure while experiencing the beauty of the Island.

• All year round

£ £58

Watertrough Park, South Barrule Plantation, Foxdale +44 (0) 7624 234555 visitisleofman.com

SCENIC **HIGHLIGHTS**

Archallagan Plantation

Archallagan, also known as the Forest of a Thousand Trails, has a good network of paths leading to picnic areas, viewpoints and ponds. The forest is popular among mountain bikers, walkers and horse riders and boasts a number of way-marked mountain bike trails.

All year round

£ Free

Foxdale Road, Foxdale, IM9 3ET visitisleofman.com

Bishopscourt Glen

Enriched in history, the picturesque glen was formerly part of the garden belonging to the Bishops of Sodor and Man. Enjoy its scenic features, many developed by previous Bishops and their families, such as the small cave with a carved stone seat – a favourite among children and families.

All year round

£ Free

Kirk Michael visitisleofman.com

Fenella Beach

Overlooked by the ancient fortress of Peel Castle, lies Fenella Beach, a small sheltered cove. Popular with locals and tourists alike, the beautifully sandy bay offers picturesque views with the ancient fortress acting as a dramatic backdrop.

• All year round

£ Free

West Quay, Peel, IM5 1TB visitisleofman.com

Glen Helen

This area of wooded valley is known for the sweeping left-bend and uphill exit towards Creg Willey's Hill on the Snaefell TT Mountain Course. Featuring gardens with rustic bridges, waterfalls through foliage and the Rhenass Fall stream.

All year round

£ Free

St John's visitisleofman.com

Glen Maye

A spectacular bridged gorge and waterfall dominate this glen, which is located three miles south of Peel. Covering 11 and a half acres, its beautiful sheltered, fern-filled woodland includes some relics of the ancient forests that once covered Mann.

• All year round • Free

Patrick visitisleofman.com

Glen Mooar & Spooyt Vane Waterfall

Spooyt Vane is one of the Island's highest waterfalls, hidden away in Glen Mooar Valley. Due to its location, the waterfall is found in a secret, tranquil hollow that allows you to enjoy the waterfall in peace and quiet before continuing through the glen.

• All year round

£ Free

Glen Mooar, Kirk Michael visitisleofman.com

Glen Wyllin

The stream that follows the course of the glen to the sea has in former times driven a water mill, hence the name, Wyllin being Manx Gaelic for Mill. The glen has a children's playground and a busy campsite open in summer months,

• All year round • Free

Kirk Michael visitisleofman.com

Injebreck Reservoir

Located on the site of an old village, this reservoir offers high quality stocked rainbow trout from 2lb upwards into double figures. It is stocked between March and October on a regular basis and an IOM Government reservoir licence is required to fish here.

• All year round

£ Free

West Baldwin, IM4 5EU visitisleofman.com

Kirk Michael Beach

This long stretch of sandy beach is a favourite among locals for watersports and dog walking and is accessible by ramp. Offering stunning views of the coast and nearby rugged cliffs, it's the perfect place to blow off the cobwebs and take in the Island's unique charm.

• All year round • Free

Kirk Michael visitisleofman.com

Marine Scenes

One of six viewing sites the Manx Wildlife Trust has around the Island's coastline, providing a great opportunity to see and learn more about our coastal and marine life. Detailed information panels show images of species you are likely to see, such as seals, dolphins, basking sharks and birds.

• All year round

£ Free

Niarbyl Bay mwt.im

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• All year round • Free

Peel Breakwater, IM5 1TB mwt.im

Niarbyl Bay

Discover the peaceful bay with its rolling hills, thatched cottages and dramatic coastal paths leading to White Beach, Sunsets are remarkable in this scenic location and on clear nights exceptional for stargazing. It is also an important geological site, showing evidence of the fusion of continents 140 million years ago.

• All year round

£ Free

Niarbyl Road, Dalby, IM5 2BS +44 (0) 1624 843300 manxnationalheritage.im

Peel Beach

A golden, gently sloping, sandy beach set in a beautiful bay, bounded by Peel Castle and the Peel Harbour on one side and red sandstone cliffs on the other. It's popular with both visitors and locals alike.

• All year round

£ Free

Peel visitisleofman.com

South Barrule Forest

Consisting of 128 hectares, this plantation is one of the Island's most popular woodlands for outdoor adventure and leisure activities. Popular with walkers, horse riders and families, the forest also features a number of purpose built mountain bike trails and a skills area.

• All year round

£ Free

Foxdale, IM4 3ES visitisleofman.com

White Strand beach

This small sand and shingle beach set between rocky outcrops lies on the west coast of the Isle of Man, just under two miles north of Peel.

• All year round

£ Free

Ramsey Road, Peel

WALKS

Best of the Raad Ny Foillan

Section 5: Niarbyl to Peel

This section of the Raad ny Foillan begins in Niarbyl before the footpath brings you towards the magical Glen Maye. Explore the picturesque glen which is home to stunning waterfalls. Follow the winding clifftop footpaths to Peel Hill and its monment, Corrin's Tower, before descending down the hill towards breath-taking views of Peel.

Start: Niarbyl Bay Finish: Fenella Beach Grading: Moderate Distance: 6 miles

Raad ny Foillan Section 6: Peel to Kirk Michael

This fascinating section will take you past chapels, churches and even past a fine collection of Norse crosses, a perfect stop for a bite to eat and some time to explore.

Start: Fenella Beach Finish: Glen Wyllin Campsite Grading: Moderate Distance: 7 miles

visitisleofman.com

Raad ny Foillan Section 7: Kirk Michael to Jurby

Start your journey at Glen Wyllin Campsite before heading north along the old railway line to Glen Trunk and the sea. From here, follow the blue signs along the coastline, while taking care of your footing and watching out for any coastal erosion.

Start: Glen Wyllin Campsite Finish: Jurby Grading: Moderate Distance: 7 miles

visitisleofman.com

CYCLE ROUTES

Archallagan Forest

The forest is popular among mountain bikers, walkers and horse riders and boasts a number of way-marked mountain bike trails, with routes for beginner and experienced riders.

Grading: Easy - Difficult trails

Foxdale Road, Foxdale, IM9 3ET visitisleofman.com

Hell's 8

A tough but rewarding route takes you high up into the hills overlooking the north-west of the Island.

Start & Finish: St John's Grading: Red - Difficult Distance: 15.5 miles

visitisleofman.com

Peel Cycle Route

Giving you an introduction to this historic port and its impressive castle, the trail takes you through the picturesque villages of St John's and an optional longer ride through Glen Maye.

Start & Finish: House of Manannan Grading: Blue - Moderate

Distance: 6 - 10 miles visitisleofman.com

South Barrule Mountain Bike Trails

Consisting of 128 hectares, this plantation is a great location for first time visitors, beginners, experienced mountain bikers and children.

Grading: Easy - Difficult trails

South Barrule Plantation, Foxdale, IM4 3ES visitisleofman.com

The Camel's Back

Gradual climbs, open moorland and flowing fire track make this the choice for intermediate mountain bikers with basic off road skills and a reasonable level of fitness.

Start & Finish: Raven Hotel, Ballaugh Grading: Moderate Distance: 16 miles

visitisleofman.com

Witches Barrel

This is a grueling figure-of-eight route to test even the most

seasoned riders with over 2,800 ft of climbing. But don't be put off. The descent from the top of Slieau Whallian is a well earned reward for all you efforts!

Start & Finish: St John's Grading: Red - Difficult Distance: 12.5 miles

visitisleofman.com

FOOD & DRINK EXPERIENCES

St John's Farmers Market

The markets are organised by Isle of Farmers' Markets who wish to promote the growing, making and selling of Manx food and products. These markets are not only an essential source of food for the local community, they are also a vital focal point for meeting and socialising.

• All year round, every Thu, 11am - 3pm

St John's Church Halls, IM4 3AD visitisleofman.com

SHOPPING

Peel Shops & Antiques Trail

To find the best selection of antique stores on the Island, venture to the west coast and find the 'sunset city' of Peel.

• All year round - check website for opening times

Crown Street, Peel, IM5 1AJ peelonline.net

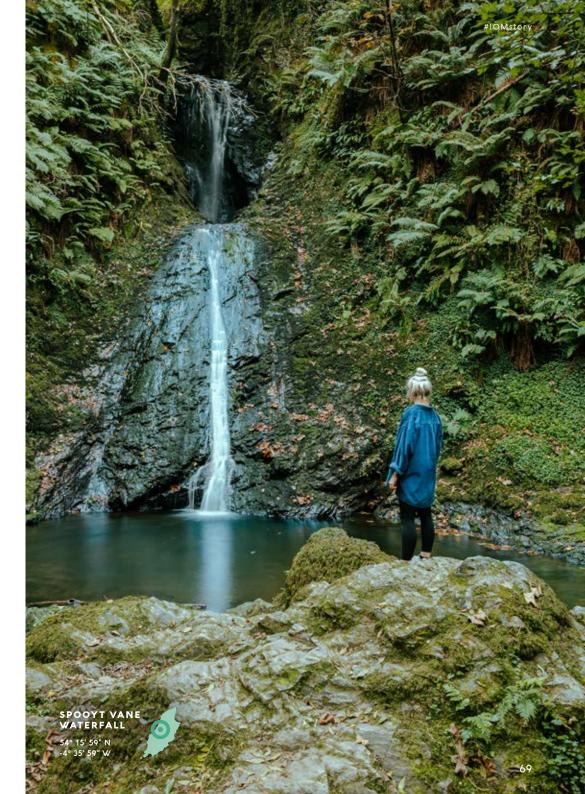
Tynwald Mills Craft Centre

Established for over 30 years, Tynwald Mills is the only department store on the Island. Incorporating a historical mill, and bringing many brands together under one roof, they are renowned for their ability to evolve and provide a great shopping experience.

• All year round - check website for opening times

Tynwald Mills, St John's, IM4 3AD +44 (0) 1624 801213 tynwaldmills.com





USEFUL TIPS& INFORMATION

MONEY MATTERS

Banks and Bank Holidays

Most high street banks have premises on the Isle of Man. The opening hours are generally 9.30am to 4.30pm. Bank Holidays are the same as those in the UK with two additional holidays - TT Bank Holiday (TT Races) and Tynwald Day (the Manx National Day).

Currency Information

The Isle of Man has its own currency with the same denominations as the UK. UK currency is legal tender in the Isle of Man but Manx currency is not accepted in the UK, although notes can be exchanged at UK banks.

Cash Machines

Automated cash machines are available in all the major towns around the Isle of Man. Manx bank notes are dispensed from all cash machines apart from those situated at the Sea Terminal and the Airport, where English notes are issued.

HEALTH

Chemists

Dispensing chemists are open from 9.00am to 5.30pm Mondays to Saturdays. Outside of these times there are limited opening hours and a duty chemist rota is in operation. This list can be obtained from the Department of Health and Social Care prior to travel. It is also available online and your accommodation provider should be able to provide you with details. Duty rota hours are from 5.30pm to 6.30pm Monday to Friday (excluding Bank Holidays). As well as Sundays and Bank Holidays from 12 noon to 1.00pm.

Doctors and Hospitals

The Manx Emergency Doctor Service (MEDS) operate an 'Out of Hours' emergency service when

doctors' surgeries are closed. This service is contactable ONLY out of hours - 6.00pm to 8.00am Monday to Friday or 24-hours over weekends and Bank Holidays. In the case of an emergency please attend Accident and Emergency (telephone +44 (0) 1624 650040 for A&E enquiries), or for life threatening emergencies please call emergency services on 999. Noble's Hospital is situated outside of Douglas at The Strang, Braddan. Should you need to contact the hospital the telephone number is +44 (0) 1624 650000. Ramsey Cottage Hospital in the North of the Island can be contacted on +44 (0) 1624 811811.

Reciprocal Health Agreement

UK residents visiting the Isle of Man will receive free NHS treatment if they become ill whilst here. Statutory charges are applicable for both residents and visitors e.g. prescription charges. Anyone visiting the Island should ensure they have adequate insurance in place in the event of repatriation (return travel to someone's home country) being required. The information regarding the Agreement is correct at the time of publication but visitors are recommended to check the position prior to their visit.

WHILE YOU'RE HERE

Moblie Providers

There are two mobile phone networks operating on the Isle of Man - Manx Telecom and Sure. Each mobile network has commercial agreements with mobile phone networks in the UK, Europe and the rest of the world. It is advisable to check with your own mobile network to determine the level and charges of the roaming services with the Isle of Man providers. Please note the Isle of Man is outside the EU jurisdiction and as such does not benefit from the tariff caps operating within the European Union.

Postal Services

The Isle of Man Post Office has, since its formation in 1973, issued distinctive Manx stamps by the Philatelic Bureau. You will need to purchase Manx stamps, from any of the 26 branches Island wide, to post any mail from the Isle of Man.

Police

The Isle of Man Police are easily recognisable by their white helmets, and are very approachable should you need any assistance. The Police Headquarters is located on Glencrutchery Road, Douglas and the telephone number is +44 (0) 1624 631212. In an emergency please dial 999.

Parking

The Isle of Man operates a policy of disc parking zones in the Island's towns and villages. Non-residents wishing to park in these areas must display a parking disc in their vehicle showing the time of arrival in the parking place. This may limit car parking to 30 minutes, one hour or two hours depending on the street or zone parked - please check signposts on the kerbside for details. Discs are usually available from vehicle hire firms, the Sea Terminal, Douglas, Police Stations, Post Offices and local Commissioners' Offices throughout the Island.

LANGUAGE

We are largely an English speaking nation but many people speak a little or a lot of our native Gaelic language, Manx. You may hear it when you are greeted or see translations on signage. You may see Ellan Vannin (Isle of Man) and hear phrases such as Failt Erriu (Welcome) and Traa dy Looar (time enough).

ACCESSIBILITY

Isle of Man Transport and Manx National Heritage strive to ensure their buses, transport, and heritage sites are as accessible as possible. Please see their respective websites for information on accessibility.

If you require accessibility aids whilst visiting the Isle of Man, including wheelchairs and commodes, please contact the British Red Cross, Circa or Disability Networks, who will be able to assist you to ensure your requirements are met.

Courtesy of the Disability Network De-Bug all terrain wheelchairs are available to hire at Ramsey Beach and Port Erin Beach.

Visit Isle of Man request that all attractions and activity suppliers listed on www.visitisleofman.com and within this guide provide full access statements and accessibility details for their online listings. Where no statement or facilities are detailed, these have not been supplied by the provider and we would encourage you to get in touch with the provider directly to discuss any specific needs ahead of your visit.

TRAVEL

Identification and Passports

Please note you may require ID upon arrival. We advise you to check with your individual travel carrier's current protocol on identification when traveling to the Isle of Man. We advise having some form of approved identification on you to ensure ease of entry. European and global travellers generally have to clear customs and passport control on arrival in the UK or Ireland before travelling on to the Isle of Man. If you are planning a night at the Palace Casino you will require some form of photographic identification and if you are hiring a car your full driving licence will be required.

Group Travel and Travel Trade

The Isle of Man remains a popular destination for group travel and provides support for travel trade industry representatives. For more information on travel trade and group travel to the Isle of Man please visit; www.visitisleofman.com/traveltrade.

TRACING YOUR FAMILY ROOTS

Many sources for the study of Manx genealogy can be found at the Manx National Library and Archives located at the Manx Museum. An informative guide of 'Family History Sources' and a link to the online research portal 'iMuseum' can also be found at:

www.manxnationalheritage.im

COVID

For up-to-date information on Covid please visit: www.covid19.gov.im



Uncover more at visitisleofman.com

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