If you have a little more time to spend during your visit these attractions are all close by and well worth a visit:



• 15. Golf at Douglas (Pulrose)

Approx 30 mins walk. Allow up to 4 hours.

Douglas Golf Course is one of only a select number of golf courses designed by Dr Alexander MacKenzie, architect of some of the world's most challenging courses. Golf clubs are available for hire upon request.



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..... 16. Golf at King Edward Bay

Approx 10 mins drive. Allow up to 4 hours.

King Edward Bay Golf Course is superbly maintained, and thanks to its elevated position in Onchan, it also affords some of the best views of the Island's east coast. Golf clubs are available for hire upon request.

17. Groudle Glen Railway

Approx 10 mins drive from Douglas Sea Terminal, or take the Manx Electric Railway from Strathallan Crescent. Allow 1 hour to visit.

Built in 1896 and now operated by volunteers, Groudle Railway is set within an area of beautiful glens and coastal walks. Take time to explore the glen and visit the Sea Lion Tearooms. Groudle is a stop on the Manx Electric Railway. Open Sundays May-September 11am-4:30pm and Wednesdays end of June - Aug 7-9pm.



Shops, cafes and pubs

The main shopping area in Douglas is Strand Street, located just a 5 minute walk from the Sea Terminal. Here you will find high street names as well as a range of local shops. There are also plenty of cafes, restaurants and public houses throughout Douglas many of which are 'Taste' Accredited. Pick up your free 'Taste Isle of Man Directory' from the Sea Terminal.

Visitor Information

Cruise Welcome Desk

Centrally located within the Sea Terminal and manned for each Cruise Ship call from April to the end of September, Welcome Volunteers are on-hand to offer friendly local advice and guidance, point you in the right direction of where you can purchase Go-Explore passes and Manx National Heritage Site passes, as well as offering the independent traveller valuable and expert advice on what to see and do, and how to get there – all free of charge. Tourism literature, maps, Taste Guides and more, are also available from the desk.

Welcome Centre

The Welcome Centre is a one-stop shop for all visitor information - offering a range of tourism literature, maps, sale of tickets, general Island-wide advice and local crafts and produce.

Local Artisan Gifts and Manx National Heritage

Local artisan crafts and produce are sold at both the Mostly Manx stall located beside the Cruise Welcome Desk and at the Manx National Heritage Kiosk, which also offers comprehensive local advice on the Island's Heritage sites, along with the sale of Manx National Heritage Passes and expert advice on the Island.

Transport

Bus and Rail

Bus Vannin have a regular bus service operating around Douglas town centre and the Island. One-day **Go Explore Cards** are available, which entitle the holder to unlimited travel on the scheduled services of the Steam Railway, Manx Electric Railway, Snaefell Mountain Railway, Douglas Horse Trams, and buses (half fare is payable on Hullad Oie Night Owl buses). In addition, **Go Explore Heritage Cards** are available, which entitle the holder to unlimited 5 day travel plus admission to all Manx National Heritage attractions.

Further Information

For further information and to start planning a future visit to the Isle of Man, go to **www.visitisleofman.com** or contact the Isle of Man Welcome Centre, telephone: **(01624) 686766** or email: **tourism@gov.im**

Make sure to pick up your free Isle of Man Visitor Guide at the Cruise Welcome Desk prior to leaving the Island.



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Douglas

Things to see & do

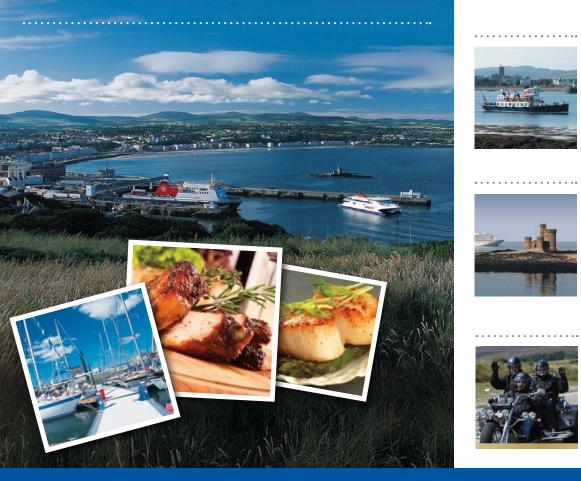




Welcome to Douglas

The impressive two mile sweep of Douglas Bay is home to a vibrant town that is the Island's capital. Douglas Sea Terminal is just a five minute walk from the town centre and is a great starting point to explore the town.

Take some time to explore Douglas and the nearby area, which are well worth a visit whilst you are here. We wish you an enjoyable visit and we hope you come again soon. Pick up your free copy of our Visitor Guide from the Welcome Centre and start planning your next visit!



Things to see & do

If you only have limited time to spend during your visit you'll find plenty of attractions within walking distance from Douglas Sea Terminal:



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.. Green Wheelers Electric Bikes At the Sea Terminal. Rental from 1 hour.

Discover the wonder of the Isle of Man whilst enjoying the ease of an electric bike.

Set off on a guided tour or rent the bike and explore on your own. To book call +44 (0) 7624 398950.

. 2. MV Karina

Outside Douglas Sea Terminal. Allow up to 3 hours.

The MV Karina is the Island's largest pleasure boat, built in 1946. The classic Karina operates daily coastal sailings from Douglas, between April and October. The cruises provide the perfect opportunity for wildlife spotting and include a guided commentary. For further information call +44 (0) 7624 493592 or +44 (0) 1624 617436

3. Tower of Refuge

Outside of Douglas Sea Terminal.

This instantly recognisable feature of Douglas Harbour was designed and built thanks to Sir William Hillary, the founder of the Royal National Lifeboat Institution (RNLI), to offer protection to shipwrecked Sailors. The Tower provides a wonderful backdrop for a photograph, particularly when cruise ships and pleasure crafts are in the bay.

4. Isle of Man Trike Tours

Outside Douglas Sea Terminal. Tours start at 1.5 hours

Isle of Man Trike Tours offer a variety of tours, including the TT experience and a Trike and Rail combination. Hold on tight, wrap up warm and enjoy the ride, whilst taking in the picturesque scenery. To book call + 44 (0) 7624) 492444.

5. Douglas Quayside Approx 5 mins walk. Allow up to 2 hours if eating.

The guayside is set in a guiet area near to the main high street and the marina, and has a number of public art displays, as well as cafes in which to relax and unwind.

Pick up one of our Taste eatery guides to discover the accredited establishments that can be found here.

6. Douglas Horse Tramway Approx 5 mins walk. Allow up to 1 hour.

The trams were first introduced in 1876 to take advantage of the booming tourist trade in Victorian times and to this day still carry tourists and locals along the promenade in the summer. Catch the Horse tram on the promenade, outside the Sea Terminal and then hop on and off at one of the many stops along the route. You can also visit the horses in their stables tours run daily - please enquire at Derby Castle Station.

7. Tynwald Library and Tours Approx 10 mins walk. Allow 2 hours to visit.



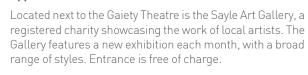
a behind the scenes tour of the world's oldest continuous parliament. Scheduled tours are held every Monday at 2pm and Friday at 10am, free of charge.

8. Gaiety Theatre Guided Tours Approx 10 mins walk. Allow 2.5 hours to visit.



Steeped in history and tradition, the Gaiety Theatre is one of the finest remaining examples of work from the legendary architect Frank Matcham. Tours are available every Saturday throughout the summer (April - September) at 10am, or at other times by arrangement.

9. Sayle Gallery Approx 10 mins walk. Allow 1 hour to visit.





Visit the Island's legislative building, Tynwald, and take

10. Broadway Cinema at the Villa Marina

Approx 10 mins walk. Check with box office for timings.

The cinema presents an entertaining mix of family viewing and the latest blockbusters. Call the box office on +44 (0) 1624 600555 to book.

11. Manx Museum and National Art Gallerv Approx 10 mins walk. Allow 2 hours to visit.

Bursting with artefacts and treasures unique to the Isle of Man, the museum's galleries are the perfect place to discover the Island's fascinating history and culture. The museum is open Monday to Saturday, 10am to 5pm. Entrance is free of



12. Steam Railway Approx 10 mins walk. Allow up to 3 hours.

The Island's oldest Victorian rail system, dating back to 1874, takes you on a wonderful journey through time - and some of the Island's loveliest countryside. Running between Douglas and Port Erin, the train stops along the way at Port Soderick, Santon, Ballasalla, Castletown, Ballabeg, Colby and Port St Mary. The train operates between March and November.



13. Great Union Camera Obscura Approx 15 mins walk. Allow 30 mins to visit.

One of the few remaining camera obscuras in the British Isles, this Victorian gem on Douglas Head dates back to the 1890's. This charming curiosity provides visitors with a 360-degree panoramic view of Douglas Bay and the surrounding area. Open from May to mid-September. Adverse weather conditions may interfere with viewing or prevent the attraction from opening - when the flag is flying the attraction is open!

14. Summerhill Glen

Approx 25 mins walk. Allow 1 hour to visit.

Situated at the northern end of Douglas promenade, with entrances on Summerhill Road and Victoria Road, this Glen is a popular beauty spot filled with streams, footpaths and a vast array of flora and fauna. It also features a dramatic ight display.