

VISIT ISLE OF MAN

# AN ISLAND MADE FOR ADVENTURE

The Island's vibrant green landscape is an idyllic adventure playground for all.



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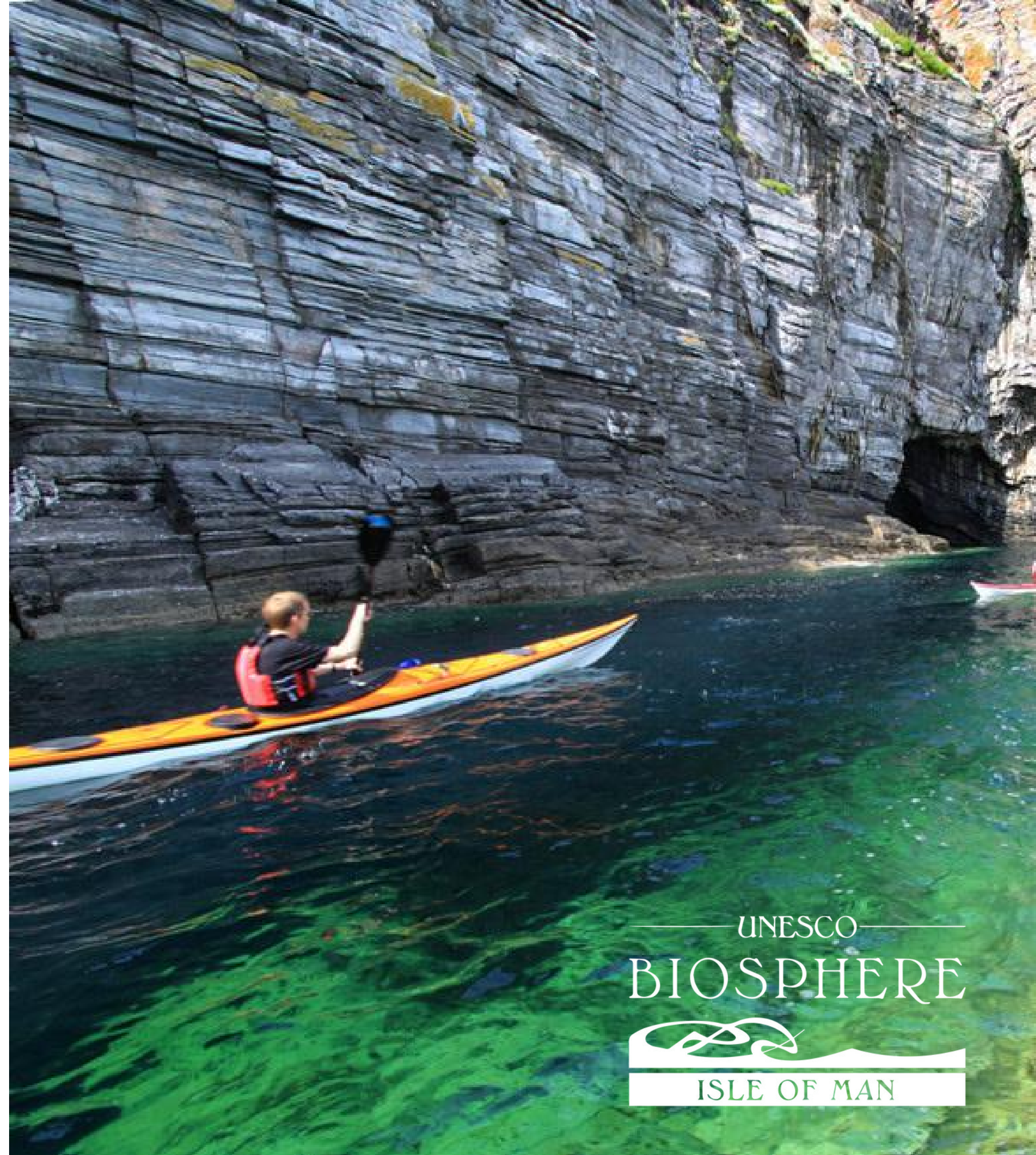
# ISLE OF MAN

**Littered with a playground of possibilities to enjoy, your clients are sure to experience days packed with excitement and adventure...**

The Isle of Man is the perfect destination for getting stuck into memorable outdoor activities and adventures.

With mountainous trails, long distance footpaths and an extensive coastline, the Isle of Man lends itself perfectly for those looking for their next outdoors challenge.

The Island is a designated UNESCO Biosphere, which is centred on how our Islanders have learned to live in harmony with our environment.



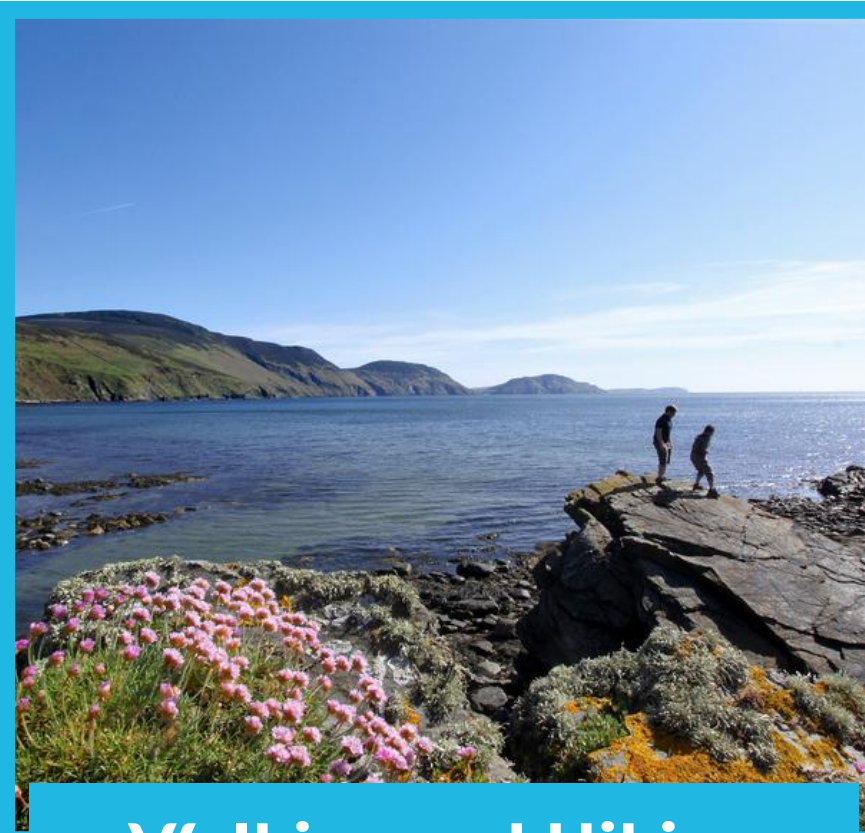
UNESCO  
BIOSPHERE  
ISLE OF MAN

# PRODUCT OVERVIEW



## Cycling

The perfect destination for a cycling trip, with enough testing terrain to challenge even the most serious cyclists and plenty of quiet roads and off-road tracks for sightseers and families who want to take it at their own pace.



## Walking and Hiking

Rugged cliffs, rolling hills, picturesque glens, hidden coves and stunning views. Whether you enjoy a gentle stroll or a challenging hike, there's a range of footpaths and tracks for you to explore.



## Water Sports

With a coastline spanning over 100 miles, the Isle of Man lends itself perfectly to those with a passion for sports based on or in the water.

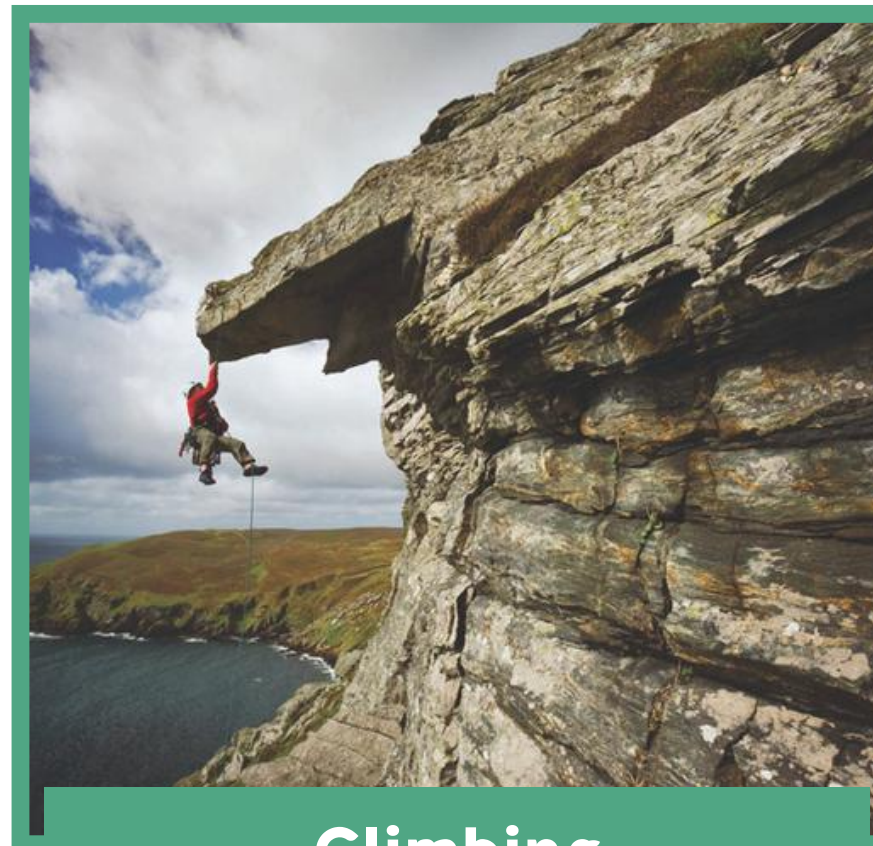
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# PRODUCT OVERVIEW



**Golf**

The Isle of Man may only be 32 miles long and 14 miles wide, but there are still plenty of open spaces for eight challenging golf courses to play during your stay.



**Climbing**

Catering for absolute beginners through to those with more experience, the Isle of Man provides a stunning backdrop to test strength in a variety of indoor and outdoor climbing adventures.



**Coasteering**

Explore the stunning Manx coastline by scrambling and swimming your way around the rocks.

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# CYCLING

The Isle of Man is the perfect destination for a cycling trip, with enough testing terrain to challenge even the most serious cyclists and plenty of quiet roads and off-road tracks for sightseers and families who want to take it at their own pace.

- Raad Daawheeyl routes
- Heritage Trail
- Town Routes
- Forest Mountain Bike Trails
- Cross Country Trails

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# CYCLING

## Highlights

- Cycle a complete nation on the Island's roads as a challenging 2-3 day trip or choose the best of 4 manageable sections on the Raad Daawheeyl routes.
- The Laxey town route provides one of the best scenic views which also takes in the King Orry's Grave, Laxey Wheel and the Woollen Mills.
- Archallagan also known by some as the Forest of a Thousand Trails boasts a number of way-marked mountain bike trails, with routes for beginner and experienced riders.
- Southern Comfort route loop provides an exhilarating taste of the Island's southern landscape. The route takes you past South Barrule using the infamous smugglers route of the Whisky Run with forests on both sides.



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# WALKING

Rugged cliffs, rolling hills, picturesque glens, hidden coves and stunning views. These are just a few of the reasons why the Isle of Man is a walker's delight. Many of these places can be found while exploring the Raad ny Foillan (Way of the Gull), coastal footpath. Whether you enjoy a gentle stroll or a challenging hike, there's a range of footpaths and tracks to explore.

- Raad Ny Foillan Coastal Footpath
- Millennium Way
- Railway Rambles
- Summits
- Treasured Island Trail
- Heritage Walks





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# WALKING

## Highlights

- Take in the spectacular landscapes on the coastal footpath around volcanic Scarlett, one of the most varied and interesting sites on the Isle of Man.
- Linger at Niarbyl, a secluded beauty spot on the Island's west coast and an area of great geological interest.
- Millennium Way's mountainous peaks and spectacular viewpoints.
- Enjoy the plethora of marine life which may be seen from the shore, season depending - grey seals, basking sharks, pods of dolphins and minke whales
- On the Millennium Way, pass the ancient site of Cronk y Keeill Abban, an original site of the annual outdoor meeting of Tynwald (the Island's parliament), last held there in the late 1400s



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# WATERSPORTS

- Take to the sea and experience first-hand the stunning coastline, fantastic scenery, and local wildlife that the Isle of Man has to offer.
- Visit the Sugarloaf by boat to see an impressive display of nesting guillemots, razorbills and kittiwakes
- Kayaking allows you to get a closer view of the coastline and explore caves and coves.
- Take a sunrise/sunset paddleboard session to discover the feeling of being one with nature.
- Great places to spots seals include the Sound, Langness, Maughold head, and the Point of Ayre.
- Try your hand at windsurfing in picturesque Derbyhaven



\*Look out for signs in nesting season and follow the Coastal Code

# GOLF

- There are eight challenging golf courses to play during your stay.
- South of the Island, Castletown Golf Links is a classic course on a stunning peninsula. Castletown features in the Rolex World rankings of top golf courses and completely justifies that accolade.
- The only nine-hole course, Port St Mary Golf Club, designed by 1920 Open Champion, George Duncan, offers stunning sea views.
- Rowany Golf club will allow you to enjoy spectacular views.
- King Edward Bay Golf Club affords some of the best views on the Isle of Man due to its elevated position.
- Douglas Golf Course is one of a select number of golf courses designed by Dr Alexander (Alister) MacKenzie.
- Mount Murray Golf and Country Club presents golfers with an opportunity to play on a superb 18-hole championship course set in magnificent Isle of Man scenery.
- In the west, Peel Golf Club laid out on heathland is extremely varied, offering a range of natural challenges from streams, turf banks and gorse
- In the north, you can find Ramsey Golf Club - an 18-hole course designed by five-time Open Championship winner, James Braid



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# CLIMBING

- Whatever your level, the Isle of Man provides a spectacular location to climb or abseil in style.
- Try rock climbing around the Manx Coastline where you can take in the stunning scenery at the breath-taking Chasms.
- If you've got a head for heights, why not join Ape Mann Adventure Park in one of the Island's largest plantations where you can travel through the trees on a maze of rope and wires

\*Look out for signs in nesting season and follow the Countryside Code



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# COASTEERING

Try coasteering where you will scale the Island's craggy coastline before plunging into the vast Irish Sea from the dramatic cliffs. The exhilarating, adrenaline-charged activity is suitable for experienced coasteers and for those who want to try something new under the supervision of instructors.



# GORGE WALKING

Gorge walking involves climbing waterfalls and swimming across ponds while negotiating your way up a river bed. Natural features provide optional challenges en-route, water slides, short climbs, having fun and getting wet.



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# EXPERIENCE DAYS

With a wide choice of specialist guides and tours your clients can explore the beauty of the Island or the depths of the waters at their pace.

- Qualified walking and mountain leaders or cycling guides to help capture the most outstanding landscapes
- Boat trips and kayak adventures around the Island's southern coast
- Coasteering around the rocky coast and gorge-walking through glens
- Windsurfing is available to explore the coast
- Explore the stunning scenery at a slower pace and take a paddleboard tour
- Dive underwater cliffs, rocky reefs and kelp forests which support a remarkable diversity of life



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# ADDED EXTRAS

## Beaches and Coves

Isle of Man's shores are home to many fantastic and clean beaches. From sandy stretches to pebbly coves, you'll find the perfect spot for a picnic, stroll, or a surf. Clients could even join a beach clean with Beach Buddies, or a refreshing sea dips or swims.

## Refill Isle of Man

133 refill stations are part of the Refill Scheme allowing people to use their own containers for food and drink. Download the app before you visit and do your bit to reduce single use plastics.

## UNESCO Biosphere Partners

Look for suppliers making a commitment to protect our Island using sustainable practices



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Glamping



High-end Hotels



Boutique B&B



Self Catering



# PRODUCT LIST

## Outdoor Activities

[Saltworks SUP Paddleboarding](#)

[Port Erin Paddleboarding](#)

[Snorkel Safaris](#)

[Discover Diving](#)

[iDiveIsleOfMan](#)

[Adventurous Experiences](#)

[The Venture Centre](#)

[7th Wave](#)

[Sea Kayaking Isle of Man](#)

[Daves Waves](#)

[Ape Mann Adventure Park](#)

[Ballahimmin Riding and Pony Trekking Centre](#)

[Isle of Man Trike Tours](#)

[Isle of Man Clay Pigeon Shooting](#)

[Laser Mayhem](#)

[Quad Bike Mania](#)

[Segway Isle of Man](#)

## Boat Trips

[Isle of Man Calf & Boat Trips](#)

[Manx Sea Life Safari](#)

[Port St Mary Boat Excursions](#)

[Shona Boat Trips](#)

[The Gemini](#)

## Indoor Activities

[Pepsi Max Bowl](#)

[Exit Strategy](#)

[Hot Rocks Climbing Wall](#)

[The Shred House Skatepark](#)

[Mad Jacks Axe Throwing](#)

[Manx Fun Farm](#)

[iGolf Interactive Experience](#)

## Great Outdoors

[Beaches](#)

[Glens and Forests](#)

[Gardens and Estates](#)

[Reservoirs](#)

[Areas of Natural Beauty](#)

[Wildlife Viewing Spots &](#)

[Marine Scene Sites](#)

[Walking in the Isle of Man](#)

[Cycling in the Isle of Man](#)

[Golfing in the Isle of Man](#)

## Specialist Walking Tour Guides

[Go-Mann Adventures](#)

[Island Heritage Tours](#)

[Manx Footpaths](#)

[Conservation Group](#)

[Manx Mountain Activities](#)

[Manx Walks](#)

[Visit Mann Tours](#)

[Walking.im](#)

[Walking Mann Guided Walks](#)

[Wild Mann Tours](#)

## Cycling Tour Guides

[Pedal to Progression](#)

[Manx Mountain Activities](#)

[Isle of Man Cycling Holidays](#)

## Bike Hire

[Erin Bike Hut](#)

[Green Wheelers Electric Bikes](#)

[Outdoors Ramsey](#)

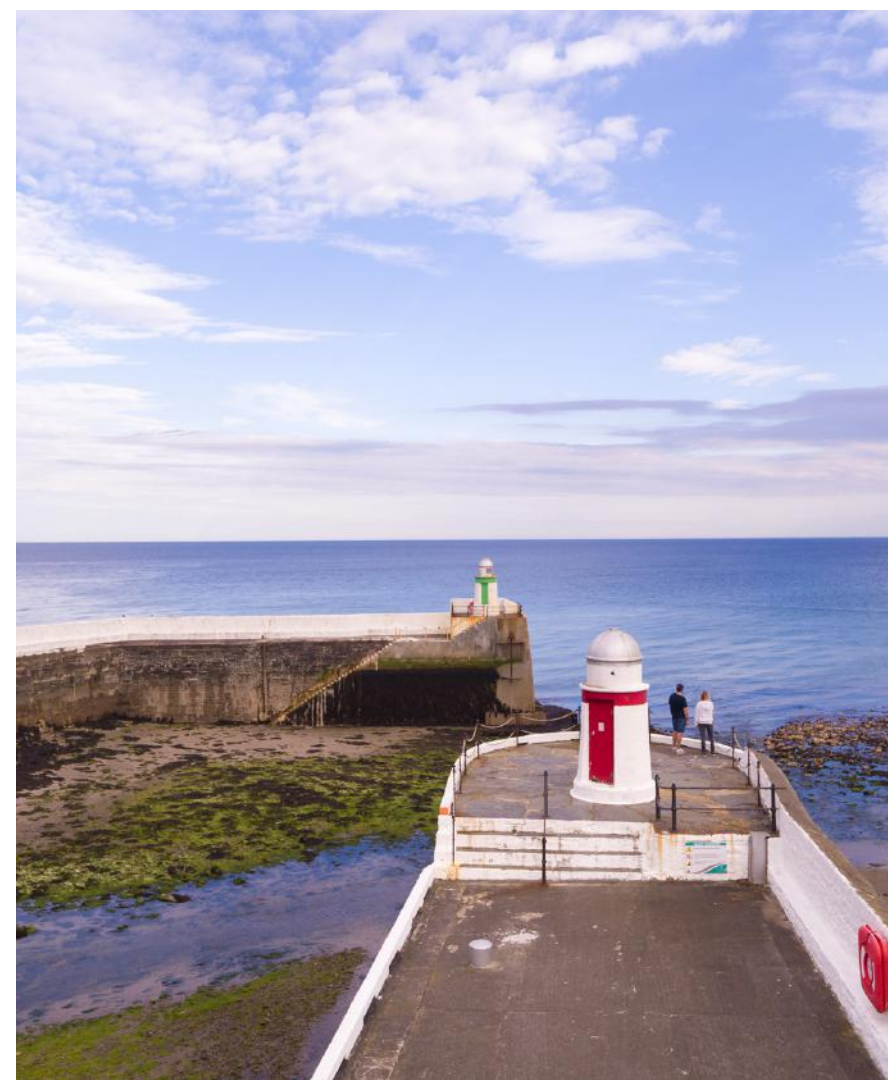
 **Click for more information**

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# FUN FACTS

- From its humble beginnings in 1852 where a Manxman touched all doors of the Parish Churches on horseback, the Island annually hosts the an 85 mile Parish Walk which takes in all 17 of the Isle of Man's parishes (similarly to UK countys) and has to be completed in 24 hours.
- The first Manx International mass start Road Race was held on 18 June 1936 and it ran until 2003. The race was revived in 2016 and now forms part of the British Cycling's Spring Cup Series.



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# ASSETS

## Video

- [Isle of Man Video Library](#)
- [Freerunning the Isle of Man](#)
- [We are the adventurers](#)

## Imagery

- [Isle of Man Image Library](#)

## Brochures and Guides

- [Raad ny Foillan Coastal Footpath Guide](#)
- [Your Extraordinary One Stop Guide](#)
- [Mountain Bike Guide](#)
- [Road Cycling Guide](#)
- [Outdoor Leisure Map](#)
- [Isle of Man Ordnance Survey Map](#)

