



Laxey - Douglas

12

Start

Laxey Promenade
Grid Reference NGR SC 442837

Finish

Douglas Millennium Bridge
Grid Reference NGR SC 383 752

Distance

15 km / 9.5 miles

Terrain

Some road walking leading to undulating coastal paths with some stretches inland on country roads.

Family Friendly Section

Groudle Glen, Douglas Promenade


Highest point

112 metres / 367 feet

Public Transport links to/from Douglas

- Bus Service 3, 3A to Douglas and Ramsey
- Manx Electric Railway to Douglas and Ramsey (via Laxey)



Start your journey on Laxey Promenade following the Raad ny Foillan signs  which lead you steeply up the footpath to the narrow road joining the main road south.

As you come towards Baldrine the path leads you right down to the sea at the isolated cove at Garwick Bay. The route then takes you through part of Baldrine and through the Ballanette Reserve which you are welcome to explore for its wildlife and views over the sea and up to Snaefell.

Heading south, the road leads you near Lonan Church, St Adamnan's, a lovely little chapel with the only 10th century decorated cross in its original position on the Island, a stone with intricate interlaced decoration. The route drops down into **Groudle Glen** and then follows the route of the electric railway before passing beside the modern homes on Onchan Head with their extensive views over Douglas Head and Douglas Bay.

After Port Jack the path leads down onto Douglas Promenade itself and a return to the traditional starting point of the Raad ny Foillan at Douglas harbour. Look out for the Manx Electric Railway Line and station and the horse tram lines. Many of the buildings you pass were built as 19th and 20th century hotels, guest houses, places of entertainment or the more modern redevelopments all sitting alongside this glorious sweep of a bay. Look out into Douglas Bay for the Tower of Refuge: built in 1832 as a place of safety for sailors shipwrecked in the entrance to Douglas Harbour.



Laxey Harbour

The Raad ny Foillan in 12 stages:

- 1 Douglas - Derbyhaven
- 2 Derbyhaven - Port St Mary
- 3 Port St Mary - Port Erin
- 4 Port Erin - Niarbyl
- 5 Niarbyl - Peel
- 6 Peel - Kirk Michael
- 7 Kirk Michael - Jurby
- 8 Jurby - Point of Ayre
- 9 Point of Ayre - Ramsey
- 10 Ramsey - Maughold
- 11 Maughold - Laxey
- 12 Laxey - Douglas

