

Port Soderick Glen Review

The Department of Environment, Food and Agriculture (DEFA) is presently responsible for our lovely Manx National Glens and is keen to make them more accessible. Improvement works are in progress though some glens will never be fully accessible due to their terrain. As part of that initiative, access information has been included in this book. We hope this will help you decide which glen may be suitable for you. Note that everyone's needs are unique according to their limitations and also the equipment at their disposal and any information given is merely a rough guide. However we hope the access information contained will encourage residents and tourists alike to venture out and enjoy these beautiful spaces.

Team work has given us the information included. Shirley Huyton and Beth Martin, volunteers from Disability Networks, reviewed the more accessible glens with a wheelchair. Husband and wife team Ian and Kerry Sharp (MLC) have kindly done on-site research for access including information for the visually impaired in the remainder of the glens. Author Susan Jellis and husband Graham also walked the glens with access in mind for the book. Access icons are included in the book but more detailed information is available online at www.disabilitynetworks.info, giving further insight for suitability.

Remember that this feedback related to one visit one day and circumstances can change, such as path slippage or path improvements by DEFA, cafes opening and closing etc. Our reviewers have tried to take into consideration all of the concerns and questions you may have but a quick call ahead to check on current conditions for any facilities is always a good idea. Many cafes are seasonal. If there is no cafe onsite, we have suggested the nearest facility.

Some glens have only one path but others have options. Our reviewers have tried to give you some idea of walking distance but it is only an approximate figure. All the glens welcome dog walkers including assistance dogs. Seats are available in most of the glens. These can be basic but provide a perching point designed to rest your legs and lungs. Others are very comfortable. Many have a good view from them. We hope that you are inspired to get out and start exploring our glens.

Access Information for the Manx National Glens

- Car parking - Yes. Near the beach, take the car park on the right which places you close to the bottom entrance of the glen and is on the level
- Accessible car parking – No.
- Assisted wheelchair access – Yes
- Non-assisted wheelchair access – Yes
- Facilities for the mobility impaired (walking stick, frame) – Yes
- Rest seats for the mobility impaired – Yes
- Accessible toilets – No
- Toilets – No
- Playground – No but there are a few rope swings over the shallow river and across slopes
- Assistance dogs allowed – Yes
- Comments on inclines – we took the fork in the path on the right to avoid slopes and this took us up to the Glen sign at the top. The path is gravel but is well bedded in, so okay for wheelchair access
- Cafe/refreshments on site – No
- Restaurant on site – No
- Nearest cafe if none on site – take a picnic or go to Douglas
- Distance – approx 1200 metres return up to the bench by the bridge and river and back