

ISLE OF MAN / FAMILIARISATION PACK

# AN ISLAND MADE FOR ADVENTURE

The Island's vibrant green landscape and emerald seas is an idyllic adventure playground for all.



VISIT  
ISLE OF MAN





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# ISLE OF MAN

**Littered with a playground of possibilities the Isle of Man is the perfect destination for diving into memorable outdoor activities and adventures.**

Although compact, the Island's scenery is incredibly diverse. In the north, discover long sandy beaches that wrap around the coastline with dunes, lighthouses and deep fern filled valleys dotting the shore. The further south you travel the higher the Island rises, with hills, rocky cliffs and sheltered bays.

With mountainous climbs, 169km of footpaths and an rocky coastline home to spectacular wildlife the Isle of Man lends itself perfectly for those looking for their next outdoors challenge, exhilarating experiences and wild encounters.

Whether by bike, kayak or hike, adventuring around our UNESCO Biosphere reserve will be sure to leave your clients revived and seeking their next adventure on our unique Island.





# PRODUCT OVERVIEW



## Cycling

The perfect destination for a cycling trip, with enough testing terrain to challenge even the most serious cyclists and plenty of quiet roads and off-road tracks for sightseers and families who want to take it at their own pace.



## Walking and Hiking

Rugged cliffs, peaks, picturesque glens, hidden coves and stunning views. Whether you enjoy a gentle stroll or a challenging hike, there's a range of routes and walks for your clients to explore.



## Water Sports

With a coastline spanning over 100 miles, the Isle of Man lends itself perfectly to those with a passion for sports based on or in the water.



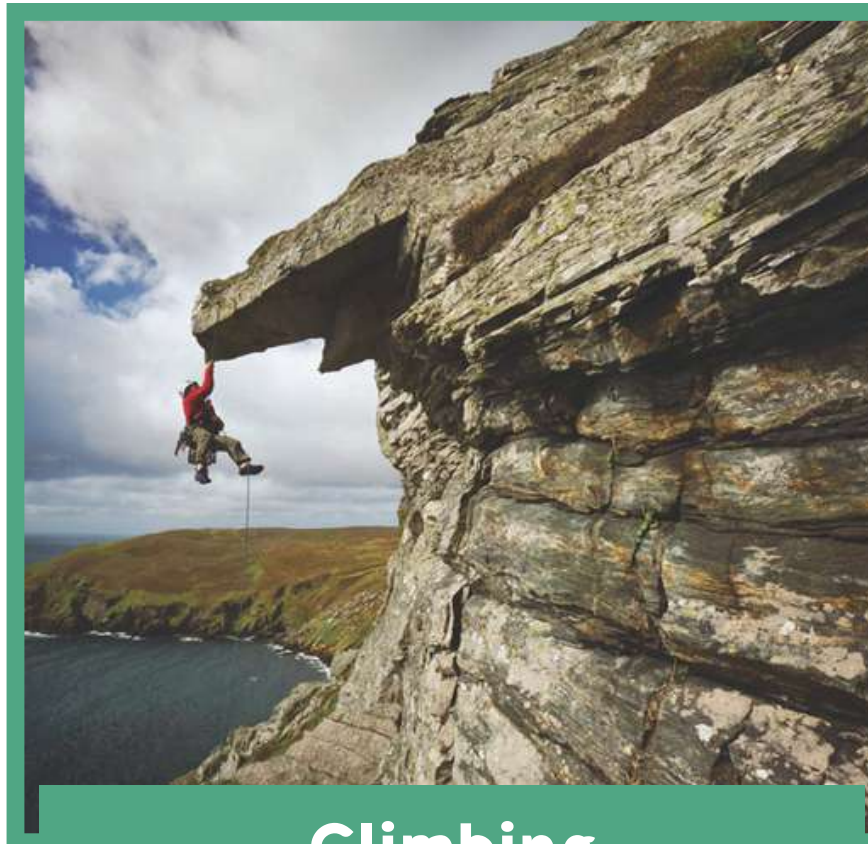
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# PRODUCT OVERVIEW



**Golf**

The Isle of Man may only be 32 miles long and 14 miles wide, but there are still plenty of open spaces for eight scenic and challenging golf courses to play.



**Climbing**

Catering for absolute beginners through to those with more experience, the Isle of Man provides a stunning backdrop to test strength in a variety of indoor and outdoor climbing adventures.



**More to experience**

A overview of other exciting and unique experiences indoors and out to complement an adventurous itinerary.



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# CYCLING

The Isle of Man is the perfect destination for a cycling trip, with enough testing terrain to challenge even the most serious cyclists and plenty of quiet roads and off-road tracks for sightseers and families who want to take it at their own pace.

- 4 Raad Daawheeyl routes
- Off-road Heritage Trail from the capital city Douglas to Peel
- Town Cycle Routes
- Forest Mountain Bike Trails and skills course
- Cross Country Trails
- Challenging Mountain Road course
- Specialist cycling guides who offer hire cycles to help capture the most outstanding landscapes
- A calendar of major cycling challenges and events



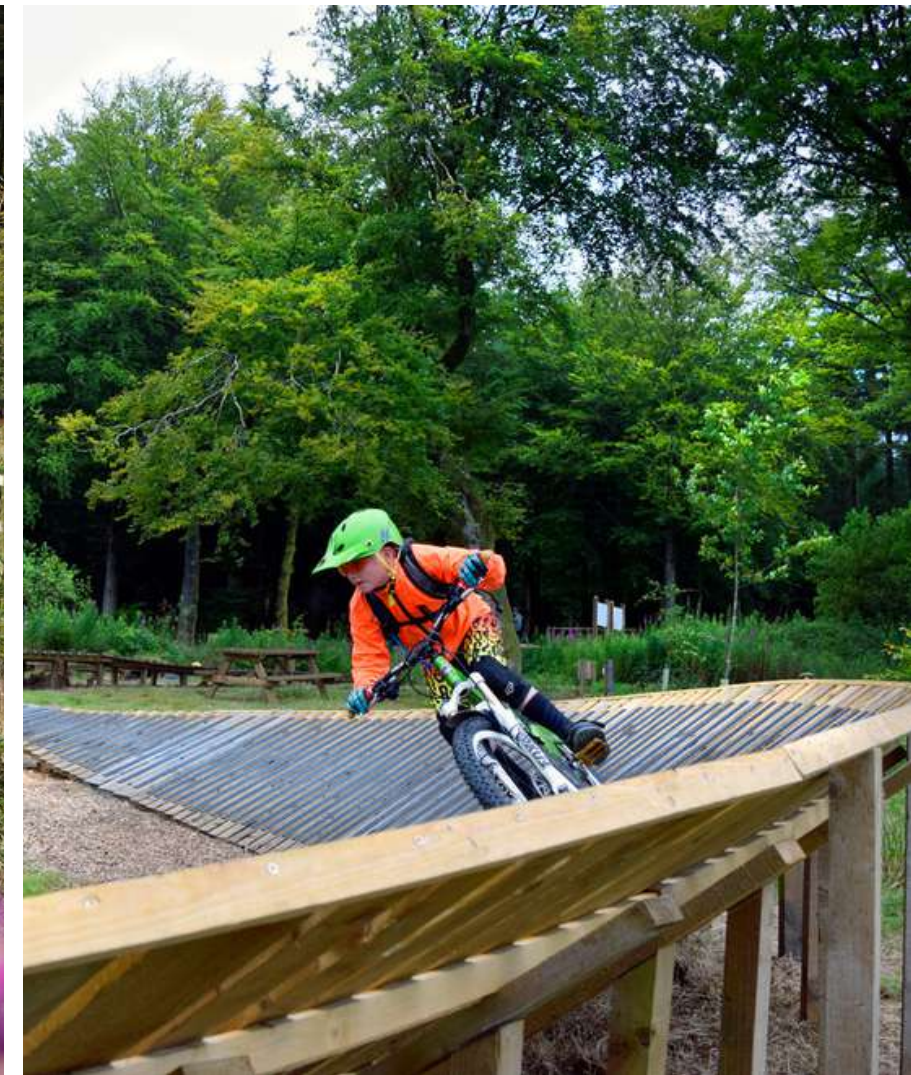


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# CYCLING

## Highlights

- Cycle a complete nation on the Island's roads as a challenging 2-3 day trip or choose the best of 4 manageable sections on the [Raad Daawheeyl](#) routes.
- The [Laxey town route](#) provides one of the best scenic views which also takes in the King Orry's Grave, Laxey Wheel and the Woollen Mills.
- [Archallagan Forest](#) also known by some as the Forest of a Thousand Trails boasts a number of way-marked mountain bike trails, with routes for beginner and experienced riders.
- [Southern Comfort](#) route loop provides an exhilarating taste of the Island's southern landscape. The route takes you past South Barrule using the infamous smugglers route of the Whisky Run with forests on both sides.





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# WALKING

Rugged cliffs, rolling hills, picturesque glens, hidden coves and stunning views. These are just a few of the reasons why the Isle of Man is a walker's delight. Many of these places can be found while exploring the Raad ny Foillan (Way of the Gull), coastal footpath. Whether you enjoy a gentle stroll or a challenging hike, there's a range of footpaths and tracks to explore.

- Walk round an entire nation on the Raad Ny Foillan 100 mile Coastal Footpath
- Millennium Way (the Royal Way) tracing the footsteps of the Kings of Mann
- Railway Rambles
- Manx Summits - 25 peaks challenge coming 2023
- Qualified walking and mountain leaders and guides
- Heritage Town Walks



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# WALKING

## Highlights

- On the coastal footpath leaving Castletown take in the landscapes around volcanic Scarlett, one of the most varied and interesting natural sites on the Isle of Man.
- Linger at Niarbyl, a secluded beauty spot on the Island's west coast and an area of great geological interest.
- Enjoy the plethora of marine life which may be seen from the shore, season depending - grey seals, basking sharks, pods of dolphins and minke whales.
- Fern-filled and rocky Ballaglass Glen, Glen Maye and Dhoon Glen with tumbling waterfalls leading to secluded coves.
- On the Millennium Way, pass the ancient site of Cronk y Keeill Abban, an original site of the annual outdoor meeting of Tynwald (the Island's parliament), last held there in the late 1400s.
- 8 new summit routes launching in 2022/23, taking in 25 of the Island's summits over 1000ft exploring the spectacular upland sites and remnants of the Appalachian Mountains.





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# WATERSPORTS

Let your clients take to the coastline, emerald seas and rivers and experience first-hand the stunning coastline, fantastic scenery, and local wildlife that the Isle of Man has to offer.

- A number of long-standing, experienced and accredited operators and centres offering multi-adventure experiences on the water from kayak, coasteering, gorge-walking, diving and windsurfing.
- Port Erin Bay - a hub for water activities including, paddleboarding, aquabiking, sea swimming with bookable beach huts in the summer season and equipment hire.
- 3 Blueways Trails offering suggested paddles and snorkel safaris
- A huge diversity of marine and bird life to be spotted - including seal population, dolphins, whales and basking sharks.



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# WATERSPORTS

## Highlights

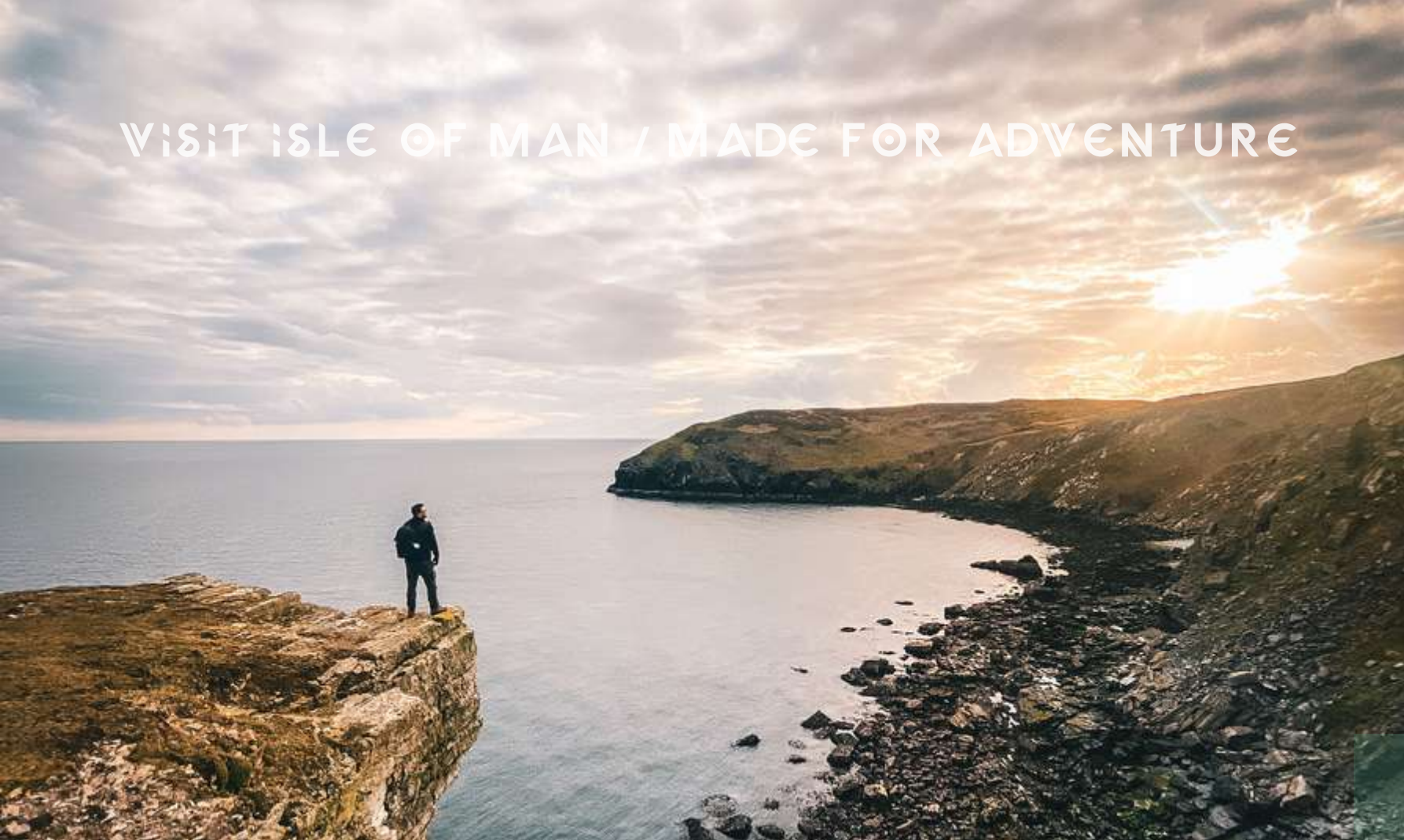
- Kayak tours will give your clients breath-taking view of the coastline and chance to explore secret caves and coves if you pass the Sugarloaf see an impressive display of nesting guillemots, razorbills and kittiwakes.
- Spots seals at you kayak around the Sound - popular for its tidal races and Drinking Dragon rock formation. Langness, Maughold head, and the Point of Ayre are also home to playful seals.
- Take a sunrise/sunset glow paddleboard session to discover the feeling of being one with nature.
- Gorge walk through the magical glen of Ballaglass with its swirling pools, boulders and sliding falls.
- Try your hand at windsurfing in often wild and picturesque bay of Derbyhaven.
- Diving trips underwater cliffs, rocky reefs and kelp forests which support a remarkable diversity of life and shipwrecks.

\*Look out for signs in nesting season and follow the Coastal Code





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# CLIMBING

Whatever your level, the Isle of Man provides a spectacular location to climb or abseil in style.

- Try rock climbing around the Manx Coastline where you can take in the stunning scenery at the breath-taking Chasms.
- Perfect for families with a head for heights, why not join Ape Mann Adventure Park in one of the Island's largest plantations where you can travel through the trees on a maze of rope and wires



\*Look out for signs in nesting season and follow the Countryside Code



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# GOLF

The Isle of Man is an ideal destination for your clients to indulge in their hobby, with a choice of eight scenic 18-hole courses or one 9-hole course which offer year-round suitability, diverse landscapes and coastal views. With short distances to travel between there is plenty of time to fit in a choice of unique and lively group experiences.

- 8 golf courses at diverse range of scenic locations
- Luxurious 4\* Comis Hotel and Golf Resort with a championship golf course, driving range, spa and gymnasium
- Golf course set on a peninsula and featured in the Rolex World rankings of top golf courses
- Specialist tours or group activities to complement your itinerary - including brewery tours and tastings, helicopter experiences and axe-throwing!
- Indoor iGolf experience with a Protee golf simulator showcasing some the world's finest golf courses.



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# GOLF

## Highlights

- Courses on the coast in the south of the Island include the classic Castletown Golf Links is set on Langness peninsula and the only nine-hole course and Port St Mary Golf Club, designed by 1920 Open Champion, George Duncan, offers stunning sea and harbour views.
- Comis Hotel and Golf Resort offer play on a superb 18-hole championship course set in magnificent moorland, there is a fleet of 32 electric buggies and a new 10 bay automated golf range. They are offering specialist tours for clients which can be booked with their hotel booking.
- Just outside the capital Douglas is, King Edward Bay Golf Club which affords some of the best views due to its elevated position.
- In the west, Peel Golf Club laid out on heathland is extremely varied, offering a range of natural challenges from streams, turf banks and gorse.
- In the north, you can find Ramsey Golf Club - an 18-hole course designed by five-time Open Championship winner James Braid with views of the northern hills.





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# MORE TO EXPERIENCE

There is plenty more exciting and unique experiences indoors and out. The Island's open spaces have made it popular for mindful breaks or those seeking a balance between adventure and relaxation.

- Axe-Throwing
- South Barrule Forest 'Laser Mayhem', Quad Biking and mountain bike hire and electric trail scooters
- Clay Pidgeon shooting
- Live escape room experiences and Quests
- Mindful breaks and retreats
- Trek the countryside by horse with Ballahimmin
- The Isle of Man is a truly special place for stargazers – with 26 official dark skies sites, designated as 'Milky Way discovery sites'





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# ADDED EXTRAS

## Cyclist and Walker Friendly accommodation

Have all the necessary storing, cleaning or drying facilities on hand for your trip at our welcoming choice of properties.

## Delicious Manx produce and pure ales and spirits

Fuel adventurous days with delicious and fresh Manx produce from street food, quirky cafes and lots of healthy and vegan options! Local bars and bookable experiences to taste locally made craft spirits and award-winning pure ales.

## Refill Isle of Man

133 refill stations are part of the Refill Scheme allowing people to use their own containers for food and drink. Download the app before you visit and do your bit to reduce single use plastics.

## UNESCO Biosphere Partners

Look for suppliers making a commitment to protect our Island and using sustainable practices.







**Glamping pods and campsites**



**Comfortable Hotels on the coastal path**



**Hostel and bunkhouse accomodation in picturesque places**



**Idyllic and traditonal Self Catering base**



# PRODUCT LIST

## Outdoor Activities

[Adventurology](#)  
[Saltworks SUP Paddleboarding](#)  
[Port Erin Paddleboarding](#)  
[Snorkel Safaris](#)  
[Discover Diving](#)  
[iDiveIsleOfMan](#)  
[Adventurous Experiences](#)  
[The Venture Centre](#)  
[7th Wave](#)  
[Sea Kayaking Isle of Man](#)  
[Daves Waves](#)  
[Ape Mann Adventure Park](#)  
[Ballahimmin Riding and Pony Trekking Centre](#)  
[Isle of Man Trike Tours](#)  
[Country Pursuits: IOM Clay Pigeon Shooting](#)  
[Laser Mayhem](#)  
[Quad Bike Mania](#)

## Food and Drink

[Douglas Guided Pub Walk](#)  
[The Fynoderee Distillery](#)  
[Cycle 360](#)

## Boat Trips

[Isle of Man Calf & Boat Trips](#)  
[Port St Mary Boat Excursions](#)  
[Shona Boat Trips](#)  
[The Gemini](#)

## Indoor Activities

[Energy FM Bowl](#)  
[Exit Strategy](#)  
[Hot Rocks Climbing Wall](#)  
[The Shred House Skatepark](#)  
[Mad Jacks Axe Throwing](#)  
[Manx Fun Farm](#)  
[iGolf Interactive Experience](#)

## Great Outdoors

[Beaches](#)  
[Glens and Forests](#)  
[Gardens and Estates](#)  
[Reservoirs](#)  
[Areas of Natural Beauty](#)

## [Wildlife Viewing Spots & Marine Scene Sites](#)

## [Walking in the Isle of Man](#)

## [Cycling in the Isle of Man](#)

## [Golfing in the Isle of Man](#)

## Specialist Walking Tour Guides

[Go-Mann Adventures](#)  
[Island Heritage Tours](#)  
[Manx Footpaths](#)  
[Conservation Group](#)  
[Manx Mountain Activities](#)  
[Manx Walks](#)  
[Visit Mann Tours](#)  
[Walking.im](#)  
[Walking Mann Guided Walks](#)  
[Wild Mann Tours](#)

## Cycling Tour Guides

[Pedal to Progression](#)  
[Manx Mountain Activities](#)  
[Isle of Man Cycling Holidays](#)

## Bike Hire

[Erin Bike Hut](#)  
[Outdoors Ramsey](#)

## Port Erin Beach Huts

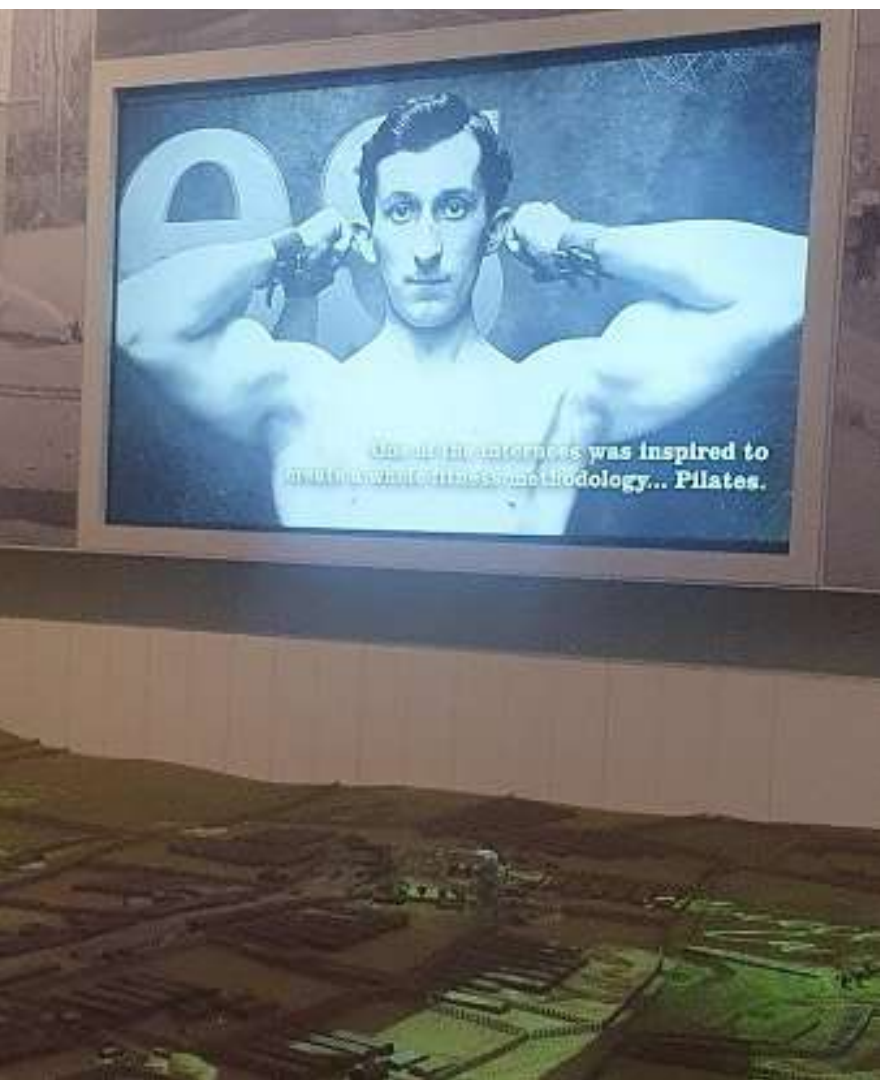
 [Click for more information](#)



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# FUN FACTS

- From its humble beginnings in 1852 where a Manxman touched all doors of the Parish Churches on horseback, the Island annually hosts the an 85 mile Parish Walk which takes in all 17 of the Isle of Man's parishes (similarly to UK countys) and has to be completed in 24 hours.
- The World Tin Bath Championships take place in Castletown harbour each July attracting entrants from around the world. In addition to the main race there is plenty else to do on the day including the "Snake Race" around the harbour and attempts at human-powered flight to watch, making it an ideal day out for the family.
- Joseph Pilates who dedicated his life to refining the system of physical exercises were conceived whilst he was detained at the Knockaloe WW1 Internment camp near Peel - the area was the site of the largest ever WW1 Internment Camp and central to the British Government's WW1 Enemy Alien Policy.





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# ASSETS

## Video

- [Isle of Man Video Library](#)
- [Freerunning the Isle of Man](#)
- [We are the adventurers](#)

## Imagery

- [Isle of Man Active and Adventure Image Library](#)

## Brochures and Guides

- [Walking Guide](#)
- [Your Extraordinary One Stop Guide](#)
- [Mountain Bike Guide](#)
- [Road Cycling Guide](#)
- [Outdoor Leisure Map](#)
- [Isle of Man Ordnance Survey Map](#)

